

UK Information for [#ScienceForUkraine](#)

PROFESSIONAL CONDUCT- EMAILING UK ACADEMICS

A useful guide (not just for students) how to write official emails in the UK (email etiquette)
<https://www.dalmaiher.org/2022/03/how-to-email-your-lecturer-professor/>

#TwinForHope – The UK universities standing with their counterparts to support Ukraine

- Signed partnerships, success stories and news are available on the following website <https://www.twinningukraine.com/>
- Also the list of twinned Ukrainian and UK universities can be found [here](#) (see Full list of twinned universities, correct as of 18 August 2022).

SEARCHING FOR A JOB

- Academic jobs for Ukrainian refugees – <https://scienceforukraine.eu/table.html>
- Remote jobs for Ukrainian refugees (worldwide incl. UK) <https://remoteukraine.org/>
- Job search websites for Ukrainian refugees (various, not only academic):
 - <https://www.jobaidukraine.com/>
 - <https://hireforukraine.org/>
 - <https://jobsforukraine.net/industry>
 - <https://www.ualents.com/>
- **General academic jobs - open to everyone** <https://www.jobs.ac.uk/>

ACADEMIC MENTORING

UK academic mentoring scheme (UKmentoring.ScienceforUkraine@gmail.com) to support applications from Ukrainian researchers to academic jobs – help with contacting academics, writing CV/support letters/fellowship application etc.

What is mentoring? Mentoring is a time-limited, goal-oriented relationship that supports skill and career development through confidential one-on-one conversations. It involves an experienced person (mentor) providing guidance and support to another person (mentee). The mentor will always have expertise or experience in a specific area that the mentee is interested in. Fill out the online form to register as a mentee or a mentor:

- **link for mentees (Ukrainian academics)**
<https://www.pushfar.com/mentee-registration/6Aj4rMK5y8/>
- **link for mentors (UK academics - mentors)**
<https://www.pushfar.com/mentor-registration/6Aj4rMK5y8/>

FUNDING PROGRAMS

- Council for At-Risk Academics (**CARA**) fellowships 2 years, all disciplines – researchers **must** register with CARA directly who later match them to an institution <https://www.cara.ngo/>
- **CARA resource** on all funding available to academic - refugees, asylum and displaced, **very comprehensive resource** <https://www.cara.ngo/wp-content/uploads/2022/02/Cara-Funding-Directory-2022-Updated-pdf.pdf>
- Ukrainian Scholars at Risk: **AHRC** Fellowships in History and Slavonic and East University College London (**UCL**) Academic Sanctuary Fellowship Scheme <https://www.ucl.ac.uk/news/2022/mar/ucl-launches-new-fellowships-supporting-academics-displaced-conflict-ukraine>
- EUROPEAN FUND FOR DISPLACED SCIENTISTS (including UK) <https://allea.org/european-fund-for-displaced-scientists/>

UNIVERSITY-SPECIFIC FUNDING

Comprehensive list with live updates for all UK universities can be found on <https://scienceforukraine.netlify.app/#/positions> (choose UK as a country)

Additional information on university programmes, deadline and conditions can be found here

<https://docs.google.com/spreadsheets/d/1duzzlWSFZGUWcx75SuO34cTxage5XD5qyfZhTRLNgHA/edit#gid=0>

TRANSLATIONS

Links to Initiatives & Resources to support those affected by the war in Ukraine - a lot of links on language support <https://www.charitytranslators.org/LinksforUkraine>

FREE ENGLISH COURSES

- **Free online English courses** <https://www.facebook.com/studyholidays/>
- **Free online English courses for Ukrainians** <https://oxfordbusinesscollege.ac.uk/lp-courses/free-english-classes/>
- Free english courses <https://kiron.ngo/en/study-with-us/#chapter-3>
- The aim of the course is to introduce refugees and asylum seekers to Higher Education <https://www.uel.ac.uk/our-research/research-school-education-communities/olive>

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CAREER DEVELOPMENT

- For researchers planning to move to the UK, interested in finding career development opportunities - online tools to create CV/job applications
<https://www.euraxess.org.uk/united-kingdom/essential-information/career-development>
- Peer-to-peer CV reviewing <https://www.p2pcv.org/>
- Cara fellows mentoring programme - to support the career development and academic acculturation of our Fellows during their research placements (currently a cohort of over 100 academics)
- Developing professional skills - free online course
<https://kiron.ngo/en/study-with-us/#chapter-1>
- The aim of the course is to introduce refugees and asylum seekers to Higher Education
<https://www.uel.ac.uk/our-research/research-school-education-communities/olive>

APPLYING FOR A VISA/ IMMIGRATION ADVICE/ FINDING A SPONSOR AND ACCOMMODATION

Immigration

- Applying for UK visa if you are Ukrainian national, guidance from the UK government and link to an application form:
<https://www.gov.uk/guidance/support-for-family-members-of-british-nationals-in-ukraine-and-ukrainian-nationals-in-ukraine-and-the-uk>
- Guide for Ukrainians arriving in the UK
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1064315/Ukraine_Welcome_Guidance.pdf
- Ukrainian refugee support - visa application, finding a sponsor and accommodation
<https://refugee-support.ukrainianinstitute.org.uk/?fbclid=IwAR2a9G9sgljKOWv-FGE5kjjb0vGMW3iX9o8IWPVeXzCucjV9JFOk9eLF8WY>
- Free UK immigration advice for people fleeing Ukraine <https://advice-ukraine.co.uk/>
- Work Right Centre (immigration advice)
<https://www.workrightcentre.org/solidarity-with-ukraine>
- NACCOM resources - Ukraine specific <https://naccom.org.uk/resources/>

Finding accommodation/sponsor

- Ukrainian refugee support - visa application, finding a sponsor and accommodation,
<https://refugee-support.ukrainianinstitute.org.uk/?fbclid=IwAR2a9G9sgljKOWv-FGE5kjjb0vGMW3iX9o8IWPVeXzCucjV9JFOk9eLF8WY>

- UK-specific FB group for finding accommodation/sponsor for a visa <https://www.facebook.com/groups/444822307433609/>
- Worldwide initiatives including in the UK – finding an accommodation
 - <https://www.ukrainetakeshelter.com/>
 - <https://www.shelter4ua.com/ua>
 - <https://prykhystok.in.ua/>
 - <https://www.host4ukraine.com/>
 - <https://icanhelp.host/>
 - <https://mapahelp.me/>
 - <https://uksponsors.com/>

LIFE IN THE UK

- **Help for Ukrainian refugees** related to all aspects of life in the UK - accommodation, visa, transport, food/clothes etc:
 - <https://www.facebook.com/groups/927852904567703/>
 - <https://helppeopleleaveukraine.org/>
- A guide to help Ukrainian refugees to settle into life in the UK (in English, Ukrainian and Russian languages) <https://www.sthelens.gov.uk/article/5812/Welcome-guide-for-Ukrainian-refugees>
- Information for Ukrainian nationals **arriving in the UK** – a short guide to life in the UK from the British Red Cross <https://www.redcross.org.uk/-/media/documents/get-help-as-a-refugee/ukraine/information-leaflet-for-ukrainians-arriving-in-the-uk.pdf?la=en&hash=F7B944113231A3D1E81779862CBB0CE8C6E94EC8>
- **Opening a bank account** – simplified process for Ukrainian refugees
 - Santander <https://www.santander.co.uk/personal/ukraine-support>
 - HSBC <https://www.hsbc.co.uk/ukraine-appeal/>
 - Wise <https://wise.com/gb/blog/wise-for-displaced-ukrainians>
 - Monzo <https://monzo.com/i/current-account/>
- **A banking guide** <https://www.refugeecouncil.org.uk/latest/news/refugee-council-launches-new-guide-t>

[o-help-refugees-open-a-bank-account/?doing_wp_cron=1647853350.5392479896545410156250](https://www.networkrail.co.uk/stories/britains-train-operators-offer-free-travel-for-ukrainian-arrivals/)

- **Railway travel** is free within 48 hours upon arrival in the UK (including London underground)
<https://www.networkrail.co.uk/stories/britains-train-operators-offer-free-travel-for-ukrainian-arrivals/>
- **Free flight from Wizz air for Ukrainians**
https://wizzair.com/en-gb/information-and-services/faq/ukrainian-refugee-free-tickets?fbclid=IwAR1UaBbRuEBhi992eLhp_5PVQCUfxu-B8y14CUCbC3WhXy5QOp-3YRwiEU
- Phone company three offers **pre-loaded sim cards for Ukrainian refugees** arriving into UK for 30-days - can be obtained in any Three Store in the UK
<https://3g.co.uk/news/three-has-rolled-out-a-support-package-for-ukrainian-refugees>
- **How do families arriving from Ukraine apply for a school place and childcare?**

PSYCHOLOGICAL SUPPORT

- Платформа восстановления ментального здоровья пострадавшим от войны в Украине для участников любого гражданства - на русском
<https://hmuworld.com/>
- Self-help guide
<https://drive.google.com/file/d/1OP5-kvuRXQnzg4k7OESV6fLizhH3HVNJ/view>
- Self-help FB page: <https://www.facebook.com/Samopomich-100316465941232/>
- Resources from Mental Health and Psychological Support Network
<https://app.mhpss.net/resources/>
- Project ARES - Ukraine Resources to support academics in the midst of the conflict in Ukraine (Decision-making and Leadership).
<https://www.liverpool.ac.uk/project-ares-ukraine/>