

HDFS 313 Class Participation 9a: Does social media harm teens?

This activity will be done during class on Thursday.

Activity

Does social media harm teens?

Purpose

Social media has become an integral part of society, where people who do not have social media accounts are an exception. With news media reporting the supposed negative effects of social media usage on adolescent development, it is important to be aware of the potential benefits and disadvantages of social media usage among adolescents. For this assignment, you will think about what components a digital literacy class for parents and caregivers of teens would cover.

This assignment addresses the following Module Learning Outcomes:

- Summarize the positive and negative effects of working on adolescent development.
- Summarize patterns of media use among adolescents .
- Describe the role of media in adolescent socialization, including whether media tend toward broad or narrow socialization.
- Identify the main uses of social media among adolescents and emerging adults.

Instructions

Watch the video "[Has social media harmed teens.](#)" and provide your responses to all parts of the assignment.

Part A:

The participants in the video are given seven discussion prompts. They are asked if they agree or disagree with a statement, and then discuss the statements. Indicate whether you agree or disagree with each of the statements below. If you disagree with a statement, write a one-sentence explanation:

1. I spend more than three hours on social media daily.
2. Social media makes you anti-social
3. I have been bullied on social media.

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4. Social media can cause young people to hurt themselves.
5. Children under the age of 13 should not be allowed on social media.
6. Social media has educated me more than my school has.
7. Society would thrive more without social media.

Part B:

There are 6 discussion participants, who share their overall feelings about social media at the beginning of the video. Whose position most closely aligns with your personal stance on social media, and why? If no one's position on social media aligns with your own, explain in 1-2 sentences your overall stance on social media.

- Alexa: "I love social media because of the culture it brings."
- Phillips: "I'm on the pro side because I like to spread awareness."
- Alex: "It helped me meet a lot of other trans kids when I was struggling."
- Ella: "I find it really toxic and competitive for myself."
- Emma: "I'm anti social media and am CEO of a company to promote a healthier existence on social media."
- Emi: "I'm anti social media because of personal experience and general anxiety."

Part C:

The participants make several moving statements throughout the video. Choose one statement that resonated with you, paraphrase the statement, and explain why it resonates with you. For example, one participant said, "In order to change the algorithm you have to change the things you look for."

Submission Details

Submit a file or text box on Canvas.

Grading Criteria

See the rubric for details. [How do I view the rubric for my assignment?](#)

Points:10

Submitting a text entry box or a file upload

File Types: doc, docx, pdf, and rtf

Grading Rubric

10 pts Exemplary	8 pts Competent	5 pts Needs Improvement	2 pts Missing Significant Information	0 pts No Marks	Total
All questions are fully answered; few or no errors in spelling, syntax, word choice, etc.; quality of writing does not detract from reader being able to understand the content.	Most questions are fully answered; may have some errors in spelling, syntax, word choice, etc.; quality of writing generally does not detract from reader being able to understand the content.	Some questions are not fully answered or some answers missing entirely; may have various errors in spelling, syntax, word choice, etc.; quality of writing does detract from reader being able to understand the content.	Missing Significant Information	No submission	