

Books on autism

[Autism Books by Autistic Authors](#)

The Autism Books by Autistic Authors Project is an (ongoing) attempt to catalogue all books—non-fiction and fiction—written about and related to autism by Autistic authors.

<https://autismbooksbyautisticauthors.com/>

Autism Books for Parents

- [The ABCs of Autism Acceptance](#) by Sparrow Jones
- [Connecting with the Autism Spectrum: How to Talk, How to Listen, and Why You Shouldn't Call It High-Functioning](#) By Casey Vormer (2020)
- [The Explosive Child](#) by Ross Greene, PhD (2021)
- [Loud Hands](#) edited by Julia Bascom (2012)
- [I Will Die on This Hill](#) by Meghan Ashburn and Jules Edwards
- [The Real Experts: Readings for Parents of Autistic Children](#) edited by Michelle Sutton (2011)
- [Sincerely, Your Autistic Child](#) by Emily Paige Ballou (Editor) Sharon Davanport (Editor) Morénike Giwa Onaiwu (Editor) (2021)
- [The Thinking Person's Guide to Autism](#) by Shannon Des Roches Rosa, Jennifer Hyde Myers, Liz Ditz, Emily Willingham, Carol Greenburg (2011)
- [Uniquely Human](#) by Barry M. Prizant (Author) Thomas Fields-Meyer (2022)
- [Unmasking Autism](#) by Damian Milton (2022)
- [Women and Girls with Autism Spectrum Disorder: Understanding Life Experiences from Early Childhood to Old Age](#) by Sarah Hendrickx (2021)

Children's books (ages 0-12)

Fictional Picture Books

- [A Day Without Words](#) by Tiffany Hammond (2023)
- A Friend for Henry by Jenn Bailey, Illustrated by Mika Song
- Ada Twist, Scientist by Andrea Beaty, Illustrated by David Roberts (2016)
- Alexander the Avoider: A Sensory Processing Disorder Story by Nicole Filippone (2021)

- [All My Stripes: A Story for Children with Autism](#) by Shaina Rudolph (Author), Danielle Royer (Author), Jennifer Zivoin (Illustrator) (2015)
- [Andy and His Yellow Frisbee](#) by Mary Thompson (1996)
- Be Who You Are by Todd Parr, Illustrated by Todd Parr
- Benji, the Bad Day, and Me by Sally J Pla et al. Illustrated by Ken Min (2018)
- Benny Doesn't Like to Be Hugged by Zetta Elliott, Illustrated by Purple Wong
- The Big Umbrella by Amy June Bates and Juniper Bates illustrated by Amy June Bates (2018)
- [Bitsy Bat, School Star](#) by Kaz Windness (2023)
- Come Meet Drayden by Dana Young-Askew, illustrated by Cameron Wilson (2021)
- [Different Like Me: My Book of Autism Heroes](#) by Jennifer Elder, Marc Thomas (Illustrator) (2005)
- [Do You Want to Play? Making Friends with an Autistic Kid](#) by Daniel Share-Strom, Maxine Share, Illustrated by Naghmeh Afshinjah
- [I Am Utterly Unique \(Celebrating the Strengths of Children with Aspergers Syndrome and High-Functioning Autism\)](#) by Elaine Marie Larson, illustrated by Vivian Strand (2006)
- It's Okay to be Different by Todd Parr, Illustrated by Todd Parr
- [Just Right for You: A Story About Autism](#) by Melanie Heyworth, Illustrated by CeART
- [Leah's Voice](#) by Lori DeMonia, Illustrated by Monique Turchan (2012)
- The Little Senses Series by Samantha Cotterill, Illustrated by Samantha Cotterill
- The Masterpiece: One Big Canvas by Jay Miletsky, Illustrated by Luis Peres
- [My Autistic Mama](#) by Kati Hirschy with Chloe Greenberg (Illustrator) (2023)
- [My Brother Charlie](#) by Holly Robinson Peete and Ryan Elizabeth Peete, Illustrated by Shane Evans (2010)
- [My Friend Has Autism](#) by Amanda Doering Tourville, Illustrated by Kristin Sorra (2010)
- My Wandering Dreaming Mind by Merriam Saunders, Illustrated by Tammie Lyon (2020)
- My Whirling, Twirling Motor by Merriam Saunders, Illustrated by Tammie Lyon
- Not Your Typical Dragon by Dan Bar-el, Illustrated by Tim Bowers
- Not Quite Narwhal by Jessie Sima, Illustrated by Jessie Sima
- [Pedro's Whale](#) by Paula Kluth, Ph.D., Patrick Schwarz, Ph.D. (2010)
- The Perfect Fit by Naomi Jones, Illustrated by James Jones
- Red: A Crayon's Story by Michael Hall, Illustrated by Michael Hall
- [Since We're Friends– An Autism Picture Book](#) by Celeste Shally, illustrated by Alison Singer (2012)
- Rosalee the Seeker by Nicole Filippone
- Sensory Seeking Sebastian by Christia DeShields, Illustrated by Marissa Nelson (2021)
- Suzi Spins by Emma Dalmayne and Illustrated by her son Raphelle

- Swing by Michael Hall, Illustrated by Michael Hall
- A Tiger Called Thomas by Charlotte Zolotow and Diana Cain Bluthenthal
- Too Sticky! :Sensory Issues with Autism by Jen Malia et al. Illustrated by Joanne Lew-Vriethoff
- [Uniquely Wired: A Story About Autism and Its Gifts](#) by Julia Cook (Author), Anita DuFalla (Illustrator) (2018)
- [When things get too loud: A story about sensory overload](#) by Anne Alcott (2021)
- [Why Johnny Doesn't Flap: NT Is Ok!](#) by Clay Morton (Author) Gail Morton (Author) Alex Merry (Illustrator) (2015)
- Wiggles, Stomps, and Squeezes Calm My Jitters Down by Lindsey Parker, Illustrated by Rebecca Burgess (2021)

Chapter Books (fiction)

- A Boy Called Bat by Elana K. Arnold
- Get a Grip, Vicky Cohen! by Sarah Kapit
- Underdogs Series by Chris Bonnell
- In Two Worlds by Ido Kedar
- [There Are Things I Know](#) by Karen B. Golightly (2018)
- [Trouble at Table 5 #1: The Candy Caper](#) by Tom Watson (2020)
- Trouble with a Tiny T by Merriam Saunders (ND Author)

Nonfiction

- [All Cats Have Asperger Syndrome](#), by Kathy Hoopmann (2006)
- Anatomy of Autism: A Pocket Guide for Educators, Parents, and Students by Diego Pena
- [The Asperger Children's Toolkit](#) by Francis Musgrave (2012)
- [The Asperger Teen's Toolkit](#) by Francis Musgrave (2017)
- [The Asperkid's \(Secret\) Book of Social Rules: The Handbook of Not-so-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome](#) by Jennifer Cook O'Toole (2012)
- The Autism-Friendly Guide to Periods by Robyn Steward (2019)
- The Awesome Autistic Go-To Guide: A Practical Handbook for Autistic Teens and Tweens by Yenn Purkis and Tanya Masterman
- [The Children's Guide To Autism](#) by Fiona H Reeves (Author), Billy Allison (Illustrator) (2015)
- [How to Be Human: Diary of an Autistic Girl](#) by Florida Frenz (2013)

- [The Girl Who Thought in Pictures: The Story of Dr. Temple Grandin](#) by Julia Finley Mosca (Author), Daniel Rieley (Illustrator), (2017)
- The Spectrum Girl's Survival Guide: How to Grow Up Awesome and Autistic by Siena Castellon
- [What Every Autistic Girl Wishes Her Parents Knew](#)

Middle Grade (ages 8-12)

Fiction

- [A Kind of Spark](#) by Elle McNicoll (2020)
- [The Alien Logs of Super Jewels](#) by B.K. Bradshaw (2015)
- [Can You See Me?](#) by Libby Scott & Rebecca Westcott (2020)
- [Dear Mothman](#) by Robin Gow
- [Do You Know Me?](#) by Libby Scott & Rebecca Westcott
- [Ellen Outside the Lines](#) by A.J. Sass (2022)
- [Get a Grip, Vivvy Cohen!](#) By Sarah Kapit (2020)
- [Good Different](#) by Meg Eden Kuyatt (2023)
- [Izzy at the End of the World](#) by K.A. Reynolds (2023)
- [The Many Mysteries of the Finkel Family](#) by Sarah Kapit (2021)
- [Moojag and the Auticode Secret](#) by N.E. McMorran
- [Rain Reign](#) by Ann M. Martin (2014)
- [Planet Earth is Blue](#) by Nicole Panteleakos
- Rules by Cynthia Lord
- The Someday Birds by Sally J. Pla
- [Speak Up!](#) By Rebecca Burgess, Illustrated by Rebecca Burgess (2022)
- [Stanley Will Probably be Fine](#) by Sally J. Pla
- [Vivi Conway and the Sword of Legend](#) By Lizzie Huxley-Jones (2023)

Nonfiction

- [The Spectrum Girl's Survival Guide](#): How to Grow Up Awesome and Autistic By Siena Castellon (2020)

Young Adult

Fiction

- Afrotistic by Kala Allen Omeiza (2021)
- [Anything But Typical](#) by Nora Raleigh Baskin (2009)
- [The Colour of Bee Larkham's Murder](#) by Sarah J Harris (2018)
- The Curious Incident of the Dog in the Night-Time Mark Haddon (2003)
- [The Dog Thief \(Coyote Run Book 1\)](#) by Marta Acosta (2018)
- [The Gilded Wolves](#) (The Gilded Wolves #1) Roshani Chokshi (2019)
- [Kids Like Us by Hilary Rey](#) (2017)
- [M is for Autism](#) by The Students of Limpsfield Grange of Limpsfield Grange School (Author), Vicky Martin (Author) (2015)
- [The Many Half-Lived Lives of Sam Sylvester](#) Maya MacGregor (2022)
- [Marcelo in the Real World](#) by Francisco X. Stork (2009)
- [Mockingbird \(Usborne Modern Classics\)](#) by Kathryn Erskine (2010)
- [On the Edge of Gone](#) by Corinne Duyvis (2016)
- [Queens of Geek](#) by Jen Wilde (2018)
- [Rogue by Lyn Miller-Lachmann](#) (2013)
- [The Speed of Dark](#) by Elizabeth Moon (2004)
- The State of Grace by Rachael Lucas (2017)
- [The Universe Versus Alex Woods](#) by Gavin Extence (2013)

NonFiction

- [So, I'm Autistic: An Introduction to Autism for Young Adults and Late Teens](#) By Sarah O'Brien (2023)

Adult

fiction

- [Act Your Age, Eve Brown](#) (The Brown Sisters #3) by Talia Hibbert (2021)
- [Always Only You](#) (Bergman Brothers #2) Chloe Liese (2020)

- [The Bride Test](#) by Helen Hoang (2019)
- [Eleanor Oliphant Is Completely Fine](#) by Gail Honeyman
- [Ginny Moon: A Novel](#) by Benjamin Ludwig (2017)
- [The Girl in the Spider Web](#) by David Lagercrantz (2015)
- [The Kiss Quotient](#) by Helen Hoang (2018)
- [The Maid](#) by Nita Prose (2022)
- [The Mistletoe Motive](#) Chloe Liese (2021)

Non-fiction

General Info on Autism

- [Everyday Aspergers](#) by Samantha Craft (2016)
- [Divergent Mind: Thriving in a World That Wasn't Designed for You](#) by Jenara Nerenberg (2020)
- [NeuroTribes: The Legacy of Autism and the Future of Neurodiversity](#) by Steve Silberman (2015)
- [I Think I Might Be Autistic: A Guide to Autism Spectrum Disorder Diagnosis and Self-Discovery for Adults](#) by Cynthia Kim (2013)
- It's An Autism Thing, I'll Help You Understand It by Emma Dalmayne
- The Complete Guide to Asperger's Syndrome by Tony Attwood (2008)
- Nerdy, Shy, and Socially Inappropriate: A User Guide to an Asperger Life by Cynthia Kim (2014)
- Aspertools: The Practical Guide for Understanding and Embracing Asperger's, Autism Spectrum Disorders, and Neurodiversity by Harold Reitman (2015)
- Autism & Asperger's Syndrome in Layman's Terms. Your Guide to Understanding Autism, Asperger's Syndrome, PDD-NOS and Other Autism Spectrum Disorders (ASDs) by Raymond Le Blanc (2012)
- [Aspergirls: Empowering Females with Asperger Syndrome](#) by Rudy Simone (2010)
- [In a Different Key: The Story of Autism](#) by John Donvan, Caren Zucker (2016)
- Typed Words Loud Voices edited by Amy Sequenzia & Elizabeth J. Grace (2017)
- Welcome To the Autistic Community by Lar Berry and The Autistic Self Advocacy Network (You can also read this book online here.)
- [Women and Girls with Autism Spectrum Disorder: Understanding Life Experiences from Early Childhood to Old Age](#) by Sarah Hendrickx

Dating/Gender//Sexuality

- [The Autism Spectrum Guide to Sexuality and Relationships: Understand Yourself and Make Choices that are Right for You](#) by Dr. Emma Goodall (2016)
- [The Autistic Trans Guide to Life](#) by Yenn Purkis (Author) Wenn B. Lawson (Author) Emma Goodall (Foreword by) (2021)
- [Understanding Autistic Relationships Across the Lifespan: Family, Friends, Lovers and Others](#) by Felicity Sedgewick and Sarah Douglas

Memoirs

- [All the Weight of Our Dreams: On Living Racialized Autism](#) by Autism Women's Network, Lydia X.Z. Brown (Editor), E. Ashkenazy (Editor), Morénike Giwa Onaiwu (Editor) (2017)
- [And Straight on Till Morning: Essays on Autism Acceptance](#) by Advocacy Network and Julia Bascom (editor) (2013)
- [Autism in Heels](#) by Jennifer O'Toole
- [But you don't look autistic at all](#) by Bianca Toeps with Fay Maccorquodale-Smith (Translator)
- [Camouflage: The Hidden Lives of Autistic Women](#) by Sarah Bargiela (Author), Sophie Standing (Illustrator) (2019)
- [Funny, You don't Look Autistic](#) by Michael McCreary (2018)
- [Gender Identity, Sexuality and Autism: Voices from Across the Spectrum](#) by Meredith R. Maroney, Eva A. Mendes with Wenn B. Lawson (Contributor) (2019)
- [How Can I Talk If My Lips Don't Move: Inside My Autistic Mind](#) by Tito Rajarshi Mukhopadhyay (2008)
- [Knowing Why: Adult-Diagnosed Autistic People on Life and Autism](#) Autistic Self by Advocacy Network and Elizabeth Bartmess
- Ido in Autismland by Ido Kedar
- [Songs of the Gorilla Nation: My Journey Through Autism](#) by Dawn Prince-Hughes (2004)
- [Spectrum Women: Walking to the Beat of Autism](#) by Barb Cook (2018)
- [Odd Girl Out: My Extraordinary Autistic Life](#) by Laura James (2018)
- Our Autistic Lives by Alex Ratcliffe (editor) (2020)
- [The Reason I Jump: The Inner Voice of a Thirteen-Year-Old Boy with Autism](#) by Naoki Higashida, K.A. Yoshida (Translator), David Mitchell (Translator) (2013)
- Born on a Blue Day by Daniel Tammet

- Uncomfortable Labels: my life as a gay autistic trans woman by Laura Kate Dale
- [Untypical: How the World Isn't Built for Autistic People and What We Should All Do About it](#) by Pete Wharmby (2023)

Employment/self-help

- [The Autism Job Club: The Neurodiverse Workforce in the New Normal of Employment](#) by Michael Bernick (Author), Richard Holden (Author), Steve Silberman (2018)
- [Asperger's on the Job: Must-Have Advice for People with Asperger's or High Functioning Autism and their Employers, Educators, and Advocates](#) by Rudy Simone (Author), Temple Grandin (2010)
- The Complete Guide to Getting a Job for People with Asperger's Syndrome: Find the Right Career and Get Hired by Barbara Bissonnette (Author)
- [Workplace NeuroDiversity Rising](#) by Lyric Rivera (2023)

Teachers

- [The Essential Manual for Asperger Syndrome \(ASD\) in the Classroom: What Every Teacher Needs to Know](#) by Kathy Hoopmann (Author), Rebecca Houkamau (Illustrator) (2015)