

Arianna Stone, MS

Adjunct Faculty

Email: astone@georgefox.edu

I am a psychology researcher and educator, passionate about helping students connect research and theory to their everyday lives. My academic focus is on applied social cognition, with research exploring motivation, burnout, and resilience, especially in the context of higher education. I believe the study of psychology offers powerful tools for understanding ourselves and our relationships with others and with God. In the classroom, I work to create an environment where students feel seen, encouraged, and challenged to become thoughtful contributors to the world around them.



Academic Background

- MS, Psychology (Applied Cognition), Oregon State University
- BS, Psychology (Social Science Minor), Western Oregon University

Expertise and Interests

I specialize in applied social psychology, with interests in motivation, stress and health, and the psychology of learning. I enjoy teaching courses in social psychology, lifespan development, cognitive psychology, organizational behavior, and general psychology. I am especially interested in how belief systems shape our thoughts, behaviors, and sense of purpose. My academic work includes research on self-efficacy, academic burnout, and student learning in digital environments.

Outside the Classroom

I live in Salem, Oregon, with my husband and our children. We have four here with us (a daughter and three sons), and one is with the Lord. Life at home is full and joyful! I enjoy cooking from scratch, sewing, reading fantasy novels, and playing mystery games with my daughter. My faith is central to everything I do, and I strive to approach both teaching and parenting with grace, truth, and integrity. Whether I am grading papers or wrangling toddlers, I try to meet people where they are and encourage them forward.