



University of Michigan Health – Sparrow/Michigan State University Family Medicine Residency Osteopathic Recognition Requirements for Osteopathic Recognition Training for designated osteopathic residents

Osteopathic residents must:

1. Be a graduate of a college of osteopathic medicine (COM) in the United States, accredited by the American Osteopathic Association Commission on Osteopathic College Accreditation (AOACOCA)
2. Meet general acceptance criteria to for the University of Michigan Health Sparrow/Michigan State University Family Medicine Residency
3. Join as designated osteopathic recognition residents upon matriculation to the program
4. Participate in both a written and practical OMM/OPP assessment at the beginning of their first year as a designated osteopathic resident
 - a. Participate in a practical OMM/OPP assessment at the beginning of each subsequent PGY year
5. Complete osteopathic In-Training Exams (ITE) in addition to allopathic ITEs for each year as a designated osteopathic resident
6. Complete direct observation inpatient OMT experiences 4x/year in first year as a designated osteopathic resident
7. Read, reference, and apply the practices and principles in the Somatic Dysfunction in Osteopathic Family Medicine book
8. Present a scholarly project, which includes integration of OPP, at the completion of residency training
9. Present a journal club presentation, with an OMM/OPP focus, during didactics during PGY3 year
10. Attend advanced OMM/OPP didactics as scheduled during PGY2/PGY3 years

Allopathic residents interested in becoming designated osteopathic residents must:

1. Be a graduate of a medical school in the United States, accredited by the Liaison Committee on Medical Education (LCME); or,
2. Be a graduate from a medical school outside the United States and must meet one of the following additional qualifications:
 - a. Hold a currently valid certificate from the Educational Commission for Foreign Medical Graduates (ECFMG) prior to appointment; or,

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- b. Hold a full and unrestricted license to practice medicine in the United States licensing jurisdiction in which the ACGME-accredited program is located.
3. Meet general acceptance criteria to for the University of Michigan Health Sparrow/Michigan State University Family Medicine Residency
4. Must declare their intention to become designated osteopathic residents no later than the end of their PGY1 year
5. Write a Personal Statement on why they are interested in Osteopathic Recognition to submit to the Osteopathic Director of Education (DOE) and Program Director
6. Participate in both a written and practical OMM/OPP assessment at the beginning of their first year as a designated osteopathic resident (PGY1 or PGY2 year)
 - a. Participate in a practical OMM/OPP assessment at the beginning of each subsequent PGY year
7. Complete an on-line learning for OPP within the first 6 months of their first year as a designated osteopathic resident (PGY1 or PGY2 year) – approximate cost \$500.00
 - a. Cost to be paid by designated osteopathic resident, can use CME funding, choose from one of the following:
 - i. <https://www.fammed.wisc.edu/residency/osteopathic/online-courses/>
 - ii. <https://www.atsu.edu/ncoppe/introduction-to-omm-for-mds-and-dos/>
8. Attend the Michigan State University Graduate Medical Education Alliance (MSU GMEA) OMM for MD conference during all years as a designated osteopathic resident
 - a. Currently free through MSU GMEA – next scheduled 10/17 – 10/18/25
9. Complete osteopathic In-Training Exams (ITE) in addition to allopathic ITEs for each year as a designated osteopathic resident
10. Complete direct observation inpatient OMT experiences 4x/year in first year as a designated osteopathic resident
11. Participate in direct observation/precepting OMT during their ambulatory clinic with DO faculty for weekly OMT experiences during their first year as a designated osteopathic resident
12. Read, reference, and apply the practices and principles in the Somatic Dysfunction in Osteopathic Family Medicine book



13. Read, reference, and apply the information shared in the osteopathic terminology glossary
 - a. https://www.aacom.org/docs/default-source/publications/glossary2017.pdf?sfvsn+bf1c3b97_6
14. Use one elective block during PGY2 to rotate with Dr. Lemmen in Sports Med for OMT exposure and direct observation
15. Use one elective block during PGY3 to rotate with MSU OMM clinic
16. Document and log a minimum of 10 directly precepted somatic dysfunction treatments in each area of somatic dysfunction (10) by graduation
17. Present a scholarly project, which includes integration of OPP, at the completion of residency training
18. Present a journal club presentation, with an OMM/OPP focus, during didactics during PGY3 year
19. Attend advanced OMM/OPP didactics as scheduled during PGY2/PGY3 years

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