



Restoring Wild Rice Habitats to
Protect Food Sovereignty

Viewing Guide

While Viewing Questions:

1. What is food sovereignty and how is it related to the practices that First Nations community members are engaging in with Manoomin?
2. How are researchers learning about changes in climate and the impacts on wild rice? What could happen if those impacts are not addressed?
3. Why is Manoomin, or wild rice, considered an "indicator species"? What is being done to support the health of Manoomin?