Old Ponish:

"Vem Ight Oum Naer Vem ight am"

Might

Oum vaelk ight genfire.
Ab vaelk groma inne ight
Oum gluma ight genmaje.
Kwen ight genperze vall
Unt ight naer luzen vieg foreward
Trin ous kwen thou genprij ight
unt thou kwanest ight rijanaftward!

Gilek vyrfugyl flije hwiet inne sua Ight skawe thou laet trin naer kunen anithra! Ight mag naer nave kwa dekumo Ab, gilek forekta naer hetam Thou naven kwen ight naeg: Vem ight oum naer Vem ight am!

Ambito

oum, ight gennaeg: oum onlek vieg toward hlight. ab kwen ight genvall, Unt naer genkunen flotes Trin kwen thou genfindar ight Unt ight genlietes!

Gilek flije hwiet en sua
Ight skawe thou laet trin naer kunen anithra!
Ight mag naer nave kwa dekumo
Ab, gilek forekta naer hetam
Thou naven kwen ight naeg:
Vem ight oum naer Vem ight am!

Lazy Tentative Modern Ponish written in Modern English Orthography (Meaning 'Try to Read it like English'):

"Wem I Om Ner Is Wem I Am"

Might
Om all I infire.
Ab all groom in I
Om gloom I inmake.
when I inbers fall
Ahnd I ner loos way forward
tren oos when you infree I
ahnd you wans I rijanaftward!

Lek firefogel flee whit in the swa I skow you light tren ner kan nether! I may ner knav wha decome Ab, lek foract is ner hetam you knav when I nay: Wem I Om Ner Is Wem I am!

Ambito
Om, I innay:
The onlay way toward the hight.
Ab when I infall,
ahnd ner inkan float
tren oos when you infind I
ahnd I inlight!

Lek fleeing whit in the swa
I skow you light tren ner kan nether!
I may ner knav wha decome
Ab, lek foract is ner hetam
you knav when I nay:
Wem I Om Ner Is Wem I am!

Translated Literally:

"Who I Was Is Not Who I Am"

Power
Was all I desired.
But all growing in me
Was the darkness (gloom) I made.
When I began to fall
And I did not see a road forward
That was when you freed me
and you guided me friendship-ward!

How a phoenix (firebird) files radiant (white) in the sky I'm showing you light that can not lower!
I may not know what will come
But like the past is not the future,
You know when I say:
Who I was is not who I am!

Ambition
was, I said,
The only road toward reward.
But when I fell,
and could not float
That when you found me
and I ignited!

How a phoenix (firebird) flies radiant (white) in the sky I'm showing you light that can not lower.
I may not know what will come
But like the past not the present,
You know when I say:
who I was is not who I am!