

## Weekly **Activity** Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8am	PickleBall Courts Lodge	PickleBall Courts Lodge	PickleBall Courts Lodge	PickleBall Courts Lodge	PickleBall Courts Lodge
11am				Creative Endeavors 10am Clubhouse	
12pm	Music Group 12:30p Club	Music Group 12:30p Club	Mahjong 11:30a Club		
1pm	FV Women's Golf T-time - 18-hole 1:30pm-1:50pm GVR Golf course		Canasta Lodge		
2pm	Pinochle Club	RummiKub Club		Pinochle Club	Canasta Club
3pm		Ping Pong Club  FV Men's Twilight Golf T-time 9-hole (Front 9) 4p,4:10p, 4:20p 5/9- thru 5/30 GVR Golf Course		Ping Pong Club	
4pm	FV Women's Golf T-time --9-hole 4pm-4:20pm GVR Golf course				
5pm					
6pm	Bunco* 6:30pm 1st Monday of the month	Book Club* 1st Tuesday of the Month	Dance Class 6:30pm Club (bi-weekly)	Bridge 6:30p Clubhouse	Texas Hold 'Em* (weekly) Clubhouse
7pm	Pinochle Lodge	Canasta 6:30p Clubhouse		Pinochle 6:30p Clubhouse	

**Updated:** May 26, 2023

## Weekly **Fitness Class** Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
8am	Pickleball lodge	Pickleball Lodge	Pickleball Lodge	Pickleball Lodge	Pickleball Lodge	
9am	AquaFit Club Marlise  Yoga -Club Madhu	Tai Chi (intro.) Club Maureen  Yoga -Madhu 9:00am Lodge	AquaFit Club Marlise	Tai Chi-Maureen Lodge 9am  Restorative Yoga Club 9am	AquaFit Club Marlise  Bocce Ball Lodge	Chair Yoga Lodge Silvia

<b>10am</b>	<b>Power Workout</b> Club Silvia	<b>Tai Chi</b> (intermed.) Club 10am	<b>Power Workout</b> Club Silvia	<b>Yoga-Madhu</b> Lodge 10:30am	<b>Power Workout</b> Club Silvia	
<b>10:30am</b>		<b>Mindful Healing Yoga</b> Lodge (Madhu) 10:30am				
<b>11am</b>	<b>Chair Yoga</b> Lodge 11:30am		<b>Chair Yoga</b> Lodge 11:30am			
<b>5pm</b>			<b>Tai Chi-Maureen</b> <b>Club</b> 5pm			
<b>6pm</b>	<b>Bocce Ball</b> Lodge					
<b>6:30p</b>	<b>AquaFit</b> Club-Daphne			<b>AquaFit</b> Club Daphne		

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- Pickleball & Bocce Ball are “Open Play”, Golf is seasonal, time is subject to change.
- **TeamReach app** group codes - **Pickleball:** 57576 – **Par 3:** FWVP3
- Please allow for a **15 Minute Buffer** between Back-to-Back Fitness Classes
- **No RSVP or Pre-registration** is required for Clubs & Fitness Classes unless otherwise stated
- \* See **Monthly Community Events Calendar** for **specific meeting date of Monthly & Bi-Weekly** activities