

Beauty+Sleep Collagen

Description

Naturally prepare for sleep while supporting hair, nail, and skin health.

Available in Two Classic Flavors

- Mexican Hot Chocolate
- Turmeric Coconut Latte
- Berry Lavender

Key Talking Points

- Made to: Restore sleep, relax mind, support recovery, improve hair, nail and skin health.
- Supplement to restore sleep with ingredients like ashwagandha, magnesium, and L-Theanine.
- Support hair, nail, and skin health with grass-fed hydrolyzed collagen peptides.
- Added biotin and hyaluronic acid help combat unwanted signs of aging.

Nutrition & Ingredients

BEAUTY+SLEEP†
collagen

MEXICAN
HOT CHOCOLATE

Supplement Facts

Serving Size approximate 1 scoop (15 g)
Servings Per Container 20

Amount Per Serving		% Daily Value*
Calories	45	
Total Fat	1g	1%
Saturated Fat	1g	5%
Total Carbohydrate	3 g	1%
Total Sugars	<1 g	
Added Sugars	0 g	
Protein	6 g	**
Vitamin C (as Ascorbic Acid)	45 mg	50%
Biotin (as Biotin Dicalcium Phosphate)	50 mcg	167%
Magnesium (as Magnesium Citrate)	200 mg	48%
Chloride (as Sea Salt)	240 mg	10%
Sodium	185 mg	8%
Potassium	75 mg	2%

Amount Per Serving		% Daily Value*
Hydrolyzed Bovine Collagen	7 g	**
L-Lysine Hydrochloride	500 mg	**
Glycine	500 mg	**
Ashwagandha (Withania somnifera) Root Extract	300 mg	**
L-Theanine	150 mg	**
Hyaluronic Acid (as Sodium Hyaluronate)	40 mg	**

*Percent Daily Value based on a 2,000 calorie diet.
** % Daily Value (DV) not established.

Other Ingredients: Coconut Cream Powder, Cocoa Powder processed with Alkali, Natural Flavors, Sea Salt, Stevia Leaf Extract (Reb A)
Contains: Tree Nuts (Coconut)

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TURMERIC
COCONUT LATTE

Supplement Facts

Serving Size approximate 1 scoop (13.8g)
Servings Per Container 20

Amount Per Serving		% Daily Value*
Calories	40	
Total Carbohydrate	2 g	1%
Total Sugars	<1 g	
Added Sugars	0 g	
Protein	6 g	**
Vitamin C (as Ascorbic Acid)	45 mg	50%
Biotin (as Biotin Dicalcium Phosphate)	50 mcg	167%
Magnesium (as Magnesium Citrate)	200 mg	48%
Sodium	25 mg	1%

Amount Per Serving		% Daily Value*
Hydrolyzed Bovine Collagen	7 g	**
L-Lysine Hydrochloride	500 mg	**
Glycine	500 mg	**
Ashwagandha (Withania somnifera) Root Extract	300 mg	**
L-Theanine	150 mg	**
Hyaluronic Acid (as Sodium Hyaluronate)	40 mg	**

*Percent Daily Value based on a 2,000 calorie diet.
** % Daily Value (DV) not established.

Other Ingredients: Coconut Cream Powder, Turmeric Root Extract, Natural Flavors, Black Pepper Seed Powder, Nutmeg Seed Powder, Cardamom Seed Powder, Stevia Leaf Extract (Reb A)
Contains: Tree Nuts (Coconut)

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BERRY LAVENDER

Supplement Facts

Serving Size approximate 1 scoop (13 g)
Servings Per Container 20

Amount Per Serving		% Daily Value*
Calories	40	
Total Carbohydrate	2 g	1%
Total Sugars	<1 g	
Added Sugars	0 g	
Protein	6 g	**
Vitamin C (as Ascorbic Acid)	45 mg	50%
Biotin (as Biotin Dicalcium Phosphate)	50 mcg	167%
Magnesium (as Magnesium Citrate)	200 mg	48%
Sodium	25 mg	1%

Amount Per Serving		% Daily Value*
Hydrolyzed Bovine Collagen	7 g	**
L-Lysine Hydrochloride	500 mg	**
Glycine	500 mg	**
Ashwagandha (Withania somnifera) Root Extract	300 mg	**
L-Theanine	150 mg	**
Hyaluronic Acid (as Sodium Hyaluronate)	40 mg	**

*Percent Daily Value based on a 2,000 calorie diet.
** % Daily Value (DV) not established.

Other Ingredients: Coconut Cream Powder, Natural Flavors, Malic Acid, Citric Acid, Stevia Leaf Extract (Reb A)
Contains: Tree Nuts (Coconut)