



Beauty+Sleep Collagen

Description

Naturally prepare for sleep while supporting hair, nail, and skin health.

Available in Two Classic Flavors

- Mexican Hot Chocolate
- Turmeric Coconut Latte
- Berry Lavender

Key Talking Points

- Made to: Restore sleep, relax mind, support recovery, improve hair, nail and skin health.
- Supplement to restore sleep with ingredients like ashwagandha, magnesium, and L-Theanine.
- Support hair, nail, and skin health with grass-fed hydrolyzed collagen peptides.
- Added biotin and hyaluronic acid help combat unwanted signs of aging.

Nutrition & Ingredients

BEAUTY+SLEEP[®] collagen

MEXICAN
HOT CHOCOLATE

Supplement Facts

Serving Size approximate 1 scoop (15 g)
Servings Per Container 20

Amount Per Serving	% Daily Value*		Amount Per Serving	% Daily Value*	
Calories	45		Hydrolyzed Bovine Collagen	7 g	**
Total Fat	1g	1%	L-Lysine Hydrochloride	500 mg	**
Saturated Fat	1g	5%	Glycine	500 mg	**
Total Carbohydrate	3 g	1%	Ashwagandha (Withania somnifera) Root Extract	300 mg	**
Total Sugars	<1 g		L-Theanine	150 mg	**
Added Sugars	0 g		Hyaluronic Acid (as Sodium Hyaluronate)	40 mg	**
Protein	6 g	**	*Percent Daily Value based on a 2,000 calorie diet. ** % Daily Value (DV) not established.		
Vitamin C (as Ascorbic Acid)	45 mg	50%			
Biotin (as Biotin Dicalcium Phosphate)	50 mcg	167%			
Magnesium (as Magnesium Citrate)	200 mg	48%			
Chloride (as Sea Salt)	240 mg	10%			
Sodium	185 mg	8%			
Potassium	75 mg	2%	Other Ingredients: Coconut Cream Powder, Cocoa Powder processed with Alkali, Natural Flavors, Sea Salt, Stevia Leaf Extract (Reb A) Contains: Tree Nuts (Coconut)		

BEAUTY+SLEEP[®] collagen

TURMERIC
COCONUT LATTE

Supplement Facts

Serving Size approximate 1 scoop (13.8g)
Servings Per Container 20

Amount Per Serving	% Daily Value*		Amount Per Serving	% Daily Value*	
Calories	40		Hydrolyzed Bovine Collagen	7 g	**
Total Carbohydrate	2 g	1%	L-Lysine Hydrochloride	500 mg	**
Total Sugars	<1 g		Glycine	500 mg	**
Added Sugars	0 g		Ashwagandha (Withania somnifera) Root Extract	300 mg	**
Protein	6 g	**	L-Theanine	150 mg	**
Vitamin C (as Ascorbic Acid)	45 mg	50%	Hyaluronic Acid (as Sodium Hyaluronate)	40 mg	**
Biotin (as Biotin Dicalcium Phosphate)	50 mcg	167%	*Percent Daily Value based on a 2,000 calorie diet. ** % Daily Value (DV) not established.		
Magnesium (as Magnesium Citrate)	200 mg	48%			
Sodium	25 mg	1%			

Other Ingredients: Coconut Cream Powder, Turmeric Root Extract,
Natural Flavors, Black Pepper Seed Powder, Nutmeg Seed Powder,
Cardamom Seed Powder, Stevia Leaf Extract (Reb A)
Contains: Tree Nuts (Coconut)

BEAUTY+SLEEP[†] collagen

BERRY LAVENDER

Supplement Facts

Serving Size approximate 1 scoop (13 g)

Servings Per Container 20

Amount Per Serving	% Daily Value*		Amount Per Serving	% Daily Value*	
Calories	40		Hydrolyzed Bovine Collagen	7 g	**
Total Carbohydrate	2 g	1%	L-Lysine Hydrochloride	500 mg	**
Total Sugars	<1 g		Glycine	500 mg	**
Added Sugars	0 g		Ashwagandha (Withania somnifera) Root Extract	300 mg	**
Protein	6 g	**	L-Theanine	150 mg	**
Vitamin C (as Ascorbic Acid)	45 mg	50%	Hyaluronic Acid (as Sodium Hyaluronate)	40 mg	**
Biotin (as Biotin Dicalcium Phosphate)	50 mcg	167%			
Magnesium (as Magnesium Citrate)	200 mg	48%			
Sodium	25 mg	1%			

*Percent Daily Value based on a 2,000 calorie diet.

** % Daily Value (DV) not established.

Other Ingredients: Coconut Cream Powder,
Natural Flavors, Malic Acid, Citric Acid, Stevia
Leaf Extract (Reb A)

Contains: Tree Nuts (Coconut)