

Round 1 (Removing Resistance)

Karate Chop Point: (side of the hand)

Even though sometimes the ordinary world just feels easier to navigate, I choose to let that go. I choose to relax into my most exceptional life and I choose to deeply and completely forgive, love, trust, and accept myself.

Even though I'm tired of struggling, I choose to recognize that I have not always shown up from a place of alignment, and I'm going to let that go. I'm going to trust that everything is unfolding for my highest good, and I choose to deeply and completely forgive, love, honor, and accept myself.

Even though sometimes I feel like my best days, my most prosperous days, are behind me. I am going to let that go. I choose to believe that with age comes wisdom and that my wisdom is of incalculable value. And when my mission feels too big, or too hard, or too complicated I choose to let that go and I choose to deeply and completely forgive, love, trust, and accept myself.

Tap through the points at your own pace (top of the head, eyebrows, temples, cheekbones, upper lip, chin, chest, under arm... Rinse and repeat)

All this frustration

All this impatience

All this doubt

All this struggle

All this resentment and uncertainty

Around manifesting the life that I desire

I'm recognizing these emotions

And I recognize that they are pushing away

The very things that I desire

And that these emotions

Are not the best place for me to take action from

So I am becoming really aware

And really present towards the way that I am feeling

And I choose to let go of the impatience

I am letting go of the resentment

I am letting go of the doubt

I am letting go of the frustration

I am clearing it all away now

I am releasing it **now**

I am ready and willing to love myself and release **whatever** created this resistance,

It is safe to let the resistance go

It is safe to release the ideals of the ordinary world

It is safe to be successful doing things **my** way

It is safe to feel luxurious doing what I love

It is safe to have money

If I am worried that I will be judged for having money, or “nice” things, or for how much or how little I choose to work

If I am scared of the responsibility

If my mission feels too damn big

Or worried about being more visible

Whatever it is, it no longer has a hold on me.

I am letting it go **now**

And I am moving on

For my highest and greatest good

For the good of the people who need my work

And I welcome them into **my** world

And I choose to trust

That everything is unfolding

Exactly as it should

Everything is working out perfectly for me

Because there are unseen forces at play

Whether it feels like it or not

That are assisting me on my path towards my goals

Assisting me to receive with effortless ease

And I choose to trust

There are paths opening up

Every. Single. Day.

There are possibilities in my reality

And on my timeline that are already bringing in

Money beyond my wildest dreams
And I have decided this can arrive sooner rather than later
I choose to feel embodied in this truth
Empowered in this truth
And I am trusting that everything is unfolding perfectly for me
I am feeling empowered
I am feeling embodied
I am feeling JOY in every fiber of my being
It is being written into my very DNA!
I choose to know that my vision, my desires are manifesting
In the perfect space and time
And I am worthy and deserving
Of everything that my heart desires
I am ready for the next step
I am ready to take action from this place of alignment
And I am allowing myself to feel good along the way
Because there is nothing more important for manifesting than feeling good. **NOW.**
I am feeling calmer and calmer
I am feeling better and better
I am feeling more motivated, and I am feeling more and more inspired
I am ready to step into my most phenomenal life **today.**
And I am ready for this in body mind and spirit

....

Steeple your fingertips together and press to anchor in the feelings of release and alignment.

And so it is!

....

Take a deep breath and have a couple of sips of water. While sipping your water think mindfully on what you desire. For example, as I am swallowing I think to myself. Health. Wealth. Vitality and Ease. 4 swallows, 4 powerful intentions. If I'm feeling up to 8 swallows I add, For me. For you. For them. For all.

Round 2 (Ideal Client Attraction)

Tap through the points (at your pace)

I am allowing in this potent new vibrant creative energy

I am embodied and empowered

I am stepping into my most phenomenal life

And it is easeful and effortless

I am ready and willing to welcome 22 new and exciting clients to my business

I am ready for 22 ideal clients to flow to me like water today

My business doors, my heart, my soul, my hands, my arms, my eyes, are wide open

I am accepting and allowing and welcoming

I am ready

I believe that I can welcome in 22 new clients sooner rather than later

I believe that I can welcome in 22 new and exciting clients easily, effortlessly and rapidly

I am ready to welcome in 22 new and exciting clients, today

They flow like water to me

I am open and I am accepting

I am receiving

I am welcoming

I am allowing

Rapid client attraction

I know I am worthy

I am worthy of more wonderful clients and income beyond my wildest dreams **now**

I know that my business deserves to expand today

I know that my clients receive amazing results

I give my clients an amazing experience

I build unbreakable bonds with my ideal clients

Naturally and easily

My business can support all the new clients that are flowing to me like water today

I am worthy, and I am already a success

My clients love working with me

I love working with my clients

My clients receive incredible results

Incredible tangible and intangible results

And they love to share those results and my work with others

I have so much to offer and I have plenty of time and energy for my IDEAL clients

My work, my magic, my guidance is worth ANY price tag I place on it

And my clients agree

They would happily pay me 5x's what I am currently asking

Because they receive incredible results

and they are transformed and moved by the genius present in any space I choose to step into

I am attracting ideal clients who are ready to pay in full and on time

My clients are ready and willing to pay 100,000 or more for my magic and wisdom

Of course they are

They love working with me, and I love working with them

My ideal clients are ready and willing to pay 100,000 or more for my magic and wisdom

and they are ready to pay in full, and they always pay on time

They would happily pay me 5x's what I'm asking

Of course they would

They are excited to invest in themselves and in their businesses

This is part of my passion, this is an expression of my purpose

They value the work I do and I value them

I love them and I love the work that I do

I am also attracting new opportunities into my business and making fantastic connections

My business is expanding

My business is elevating

It is safe for me to be visible

It is safe for me to earn and to receive

It is safe for me to unleash my genius

Easefully and effortlessly

It is safe to earn and receive good money as I do what I love

I am open to this unfolding

I am open to trusting the lovely places these clients and opportunities will come from

I also know that money can and will also come from sources outside of my business

Unexpected sources

Pleasant monetary surprises

And I am grateful for this

I am honored and grateful for these blessings

And I am honored and grateful for all the income and money received into my household

I am honored and grateful for the impact I have and that I make in my community through my work and through making and receiving a wildly abundant income

An income that creates a positive impact on me

And allows me to create a positive impact on others

And I am open to beautiful pleasant surprises

I will look after my bank account

I will feed my savings account

I will watch my debts rapidly disappear

I will appreciate my previous clients and the lessons learned, the growth achieved

I will continue to serve my existing clients exceptionally well and with heartfelt gratitude

And I am ready for this in body, mind and spirit

....

Steeple your fingertips together and press to anchor in the feelings of release and alignment.

And so it is!

....

Take a deep breath and have a couple of sips of water. While sipping your water think mindfully on what you desire. For example, as I am swallowing I think to myself. Health. Wealth. Vitality and Ease. 4 swallows, 4 powerful intentions. If I'm feeling up to 8 swallows I add, For me. For you. For them. For all.

Breathe, and place one hand on your heart, and the other hand on the back of your neck and say out loud:

Do you remember the time I tapped and quickly attracted all those soulmate clients Jeff? All that delicious money that came to me just out of the blue? Yes I do too. Every time I tap I align myself to quickly welcoming in new clients, more delights, and larger and larger amounts of money.

This is my reality.

- I feel safe receiving money.
- The more I relax, the more I receive.
- The more wealth that is in my hands, the more good that circulates into the universe.
- I don't chase - I attract; what is for me will find me. That's the way it has always been, and that's the way it will always be.
- No matter what I do, money always shows up and supports me.

Energetic alignment, rapid manifestation, new clients, more money, and success is normal for me and I am honored and grateful for it. I am deeply appreciative of these daily blessings.

I am used to this. I am honored by this. This is my life now. And so it is.

If you notice your mind wandering while tapping after a few days, you can try adding some instrumental music to entertain that part of your brain - [Here's the playlist I use](#). You can hit play and let the first couple of songs play while you go the script or select one of the longer videos - you choose, play with it and enjoy!