

CATCH-UP FRIDAYS TEACHING GUIDE

I. General Overview			
Catch-up Subject:	Peace Education	Grade Level:	12
Quarterly Theme:	Personal Awareness <small>(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)</small>	Sub-theme:	Human Security <small>(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)</small>
Time:	1:00 – 2:00 PM	Date:	January 19, 2024
II. Session Details			
Session Title:	"Art and Harmony: Exploring Contemporary Expressions for Personal Awareness and Human Security "		
Session Objectives:	At the end of the session, learners will be able to: a) conceptualize contemporary art based on techniques and performance practices in their locality; and b) explore the theme of Personal Awareness and the sub-theme of Human Security through art.		
Key Concepts:	<ul style="list-style-type: none">Understanding and appreciating local art forms provides insights into cultural richness and personal identity.Integrating local art techniques enriches contemporary artwork and preserves cultural heritage.Embracing individual expression in art fosters self-confidence and a sense of personal identity.Recognizing art's role as a medium for social commentary connects personal awareness to themes of human security.Art offers a unique and authentic way to convey personal awareness through creative expression.Recognizing the positive impact of art on personal and societal well-being, inspiring change and fostering a sense of security.		
III. Facilitation Strategies			
Components	Duration	Activities and Procedures	
Introduction and Warm-Up	10 mins	Local Art Technique Exploration <ul style="list-style-type: none">Begin with a brief discussion about contemporary art and its various forms.Show examples or images of local art forms and techniques.Discuss the significance of these techniques within the local culture.Encourage students to share any personal experiences or observations related to local art.	
Concept Exploration	15 mins	Hands-on Art Creation <ul style="list-style-type: none">Provide art supplies and allow students to create their own contemporary art pieces, incorporating elements from local techniques.Emphasize individual expression and creativity. Gallery Walk and Presentation <ul style="list-style-type: none">Arrange the created artworks in a gallery-like setting.Facilitate a gallery walk where students can observe and appreciate each other's creations.	

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		<ul style="list-style-type: none"> After the walk, give each student a brief moment to present their artwork, explaining the techniques and inspiration behind it.
Valuing	20 mins	<p>Peace Education Integration</p> <ul style="list-style-type: none"> Introduce the theme of Personal Awareness and the sub-theme of Human Security from Peace Education. Facilitate a discussion on how personal awareness and security are reflected in the students' art pieces. Connect the expression of personal awareness through art to the broader concept of human security. <p>Small Group Discussion</p> <ul style="list-style-type: none"> Divide the class into small groups to share and discuss their reflections. Facilitate a brief discussion within each group, encouraging students to explore commonalities and differences in their interpretations. Summarize the key concepts discussed during the lesson. Emphasize the power of art in fostering personal awareness and contributing to human security.
Reflective Journaling	15 mins	<p>Reflective Writing</p> <ul style="list-style-type: none"> Ask students to individually write a short reflection on how their artwork reflects their personal awareness and contributes to the idea of human security. Encourage them to consider the emotions, messages, or stories conveyed through their art.

Prepared By:

Juan A. Dela Cruz
Teacher

Recommending Approval:

Juana A. Dela Cruz
Master Teacher/Head Teacher

Approved:

Juancho A. Dela Cruz
School Head