CATCH-UP FRIDAYS TEACHING GUIDE

I. General Overview			
Catch-up Subject:	Peace Education	**Grade Level:**	12
Quarterly Theme:	Personal Awareness *(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)*	**Sub-theme:**	Human Security *(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)*
Time:	1:00 – 2:00 PM	**Date:**	January 19, 2024
II. Session Details			
Session Title:	**"Art and Harmony: Exploring Contemporary Expressions for Personal Awareness and Human Security "**		
Session Objectives:	At the end of the session, learners will be able to: a) conceptualize contemporary art based on techniques and performance practices in their locality; and b) explore the theme of Personal Awareness and the sub-theme of Human Security through art.		
Key Concepts:	● Understanding and appreciating local art forms provides insights into cultural richness and personal identity. ● Integrating local art techniques enriches contemporary artwork and preserves cultural heritage. ● Embracing individual expression in art fosters self-confidence and a sense of personal identity. ● Recognizing art's role as a medium for social commentary connects personal awareness to themes of human security. ● Art offers a unique and authentic way to convey personal awareness through creative expression. ● Recognizing the positive impact of art on personal and societal well-being, inspiring change and fostering a sense of security.		

III. Facilitation Strategies

Components	**Duration**	**Activities and Procedures**
Introduction and Warm-Up	10 mins	**Local Art Technique Exploration** ● Begin with a brief discussion about contemporary art and its various forms. ● Show examples or images of local art forms and techniques. ● Discuss the significance of these techniques within the local culture. ● Encourage students to share any personal experiences or observations related to local art.
Concept Exploration	15 mins	**Hands-on Art Creation** ● Provide art supplies and allow students to create their own contemporary art pieces, incorporating elements from local techniques. ● Emphasize individual expression and creativity. **Gallery Walk and Presentation** ● Arrange the created artworks in a gallery-like setting. ● Facilitate a gallery walk where students can observe and appreciate each other's creations.

		• After the walk, give each student a brief moment to present their artwork, explaining the techniques and inspiration behind it.
Valuing	20 mins	**Peace Education Integration** • Introduce the theme of Personal Awareness and the sub-theme of Human Security from Peace Education. • Facilitate a discussion on how personal awareness and security are reflected in the students' art pieces. • Connect the expression of personal awareness through art to the broader concept of human security. **Small Group Discussion** • Divide the class into small groups to share and discuss their reflections. • Facilitate a brief discussion within each group, encouraging students to explore commonalities and differences in their interpretations. • Summarize the key concepts discussed during the lesson. • Emphasize the power of art in fostering personal awareness and contributing to human security.
Reflective Journaling	15 mins	**Reflective Writing** • Ask students to individually write a short reflection on how their artwork reflects their personal awareness and contributes to the idea of human security. • Encourage them to consider the emotions, messages, or stories conveyed through their art.

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