

IMG Discord Server Starter Kit

Introduction:

- Hi everyone, glad you're here. I'm a US-IMG and I'm doing this because I've felt lost and despondent during this process, and many many many hours of Googling later, I've come across some amazing resources that I wish someone had shared with me.
- I don't think of us as competitors - we have so much to learn from and teach each other. But this only works if we all share info, knowledge, insight.
- If you are applying into **Emergency Medicine** (my intended field), message me or email me at a.medstudent.journey@gmail.com - I'm making a document/server dedicated to EM specifically!

Note: editing this document is disabled for now, but if you have suggestions, please COMMENT them and I'll add them in. Let's get started!

Web resources with lots of information:

- **Subreddit dedicated to US and NON-US IMG's**: tons of useful threads, but I'll share some of the more helpful things here, too, in case you missed it
 - There's a smaller subreddit (MedIMGs) and a bigger one (IMGReddit)
 - Resources for Step 1-2: [Resources \(USA\) : MedIMGs](#)
- **Twitter**: weird, I know, but #medtwitter has a LOT of useful information, often directly from the PDs themselves. I follow a few of the EM residency programs I'm interested in, and joined an online webinar (there's many now!)
- Excellent article comparing the main types of visa: [J1 Vs H1B Visa for Medical Residency](#)
- [Online Learning \(FREE\) Courses from Harvard](#): does anyone know if these are valuable?
- Weill Cornell linked this for CV-writing: [Writing the Curriculum Vitae // Purdue Writing Lab](#)

Clerkship:

- Started [this document](#) dedicated to specific clerkships rotations - please add to it if you know something!
- Virtual Rotations: [Virtual Electives – Virtual Medical Education](#)

Residency search:

- Modified residency application timeline: [ERAS 2021 Timeline for Residency Applicants](#)
- [Residency Explorer](#): by AAMC, seems really useful (from Reddit, alternative to Freida)
- [Freida](#): a website used for finding detailed info about residency programs
- <https://ecuadoctors.com/img-friendly-internal-medicine-programs/>