

Name _____

Period _____

“The Mindset of a Champion” from TEDx Talks (note-taking practice)

- What are the two types of mindsets?

11. **What is the primary purpose of the following statement?**

- Give at least TWO characteristics of having a growth mindset.

- Give at least TWO characteristics of a FIXED mindset.

- What is the ONE word that can help change from a fixed mindset to a growth mindset?

1. **What is the primary purpose of the study?**

- Have you ever experienced something that was new or hard? Did you respond with a growth or fixed mindset? Explain.



<https://youtu.be/px9CzSzsa0Y?si=fjZl4KQhqDTq0C5b>