







THE *DAILY* SUMMER MASTER PLAN




Must Be Completed At All Costs

#	DAILY MASTER CHECKLIST	✓/✗
1	Plan Next Day	✓
2	ANTH 102 - Activity 3	✓
3	Meditate Like A G	✓
4	Listen To MPUC # 306	✓
5	Improve Copywriting IQ: - Phoenix Call - done - Review Copy - done - Breakdown Copy - done	✓
6	Improve Business/Marketing IQ: - Break down top fitness players	✓
7	Complete 100 Push-ups (100/100) + Gym (Chest, Biceps)	✓
8	Practice Solving Coding Problem(s)	✓
9	Reply to all important messages SOD	✓
10	Watch all the new daily uploads (if any uploaded)	✓
11	Work on Qoudless: - Call with Abdullah at 930 am - done Agenda: - Prospecting & Outreach - FB Ad strategy - SFC and content - Newsletter Backend - done - watch how to setup pixels - done	✓
12	Work on HotelBoost: - Call with Francesco at 7:30 am - done - eBook PT 3*****	✓
13	Work on Black Diamond: - Build rapport - done - Revise BD FV 8.1 - done - Write Threads 8.2 - done	✓
14	5 Daily Prayers (5/5)	✓

#	DAILY MASTER CHECKLIST	✓/✗
15	OODA loop end of day.	✓
16	T-Mobile Call at 1 pm	✓
17	Phoenix HW	✓
18	Remind dad about school summer payment again	✓
19	ADDED: Pay for school	✓

	 17 DAY NUMBER + DATE + TIME 
Day Number:	169
Date:	6/26
Start Time:	645 am

	 3 Things That I Am Grateful To Have In My Life 
1.	
2.	
3.	

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	
2.	
3.	

 **Hour-By-Hour Tracking:** 
[Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
/ Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

6 am Tasks \$	Wake up, Hygiene, Fajr, Shower Reply to all imp messages
Reflection ✎	

7 am Tasks \$	Made coffee Call With Francesco at 7:30 am
Reflection ✎	

8 am Tasks \$	Call w/ Francesco - done. FINISH THE eBook*** Build rapport - done Revise BD FV 8.1 - done
Reflection ✎	

9 am Tasks \$	Write Threads 8.2 - done Call with Abdullah at 930 am
Reflection ✎	TODO: <ul style="list-style-type: none"> - Write better SLs and template - Finish 65 outreach emails by end of week - Set up ads - awaiting confirmation of pixels

10 am Tasks \$	Call with Abdullah at 930 am
Reflection ✎	TODO: Schedule videos for posting to determine if they're suitable for Meta.

11 am Tasks 💰	watch how to setup pixels - done Break down top fitness players - done
Reflection ✍️	

12 pm Tasks 💰	Listen To MPUC # 306 + Finish 100 Pushups - done Practice Solving Coding Problem(s) Breakdown Copy - done Review Copy - - Brian copy - done
Reflection ✍️	

1 pm Tasks 💰	T-Mobile Call at 1 pm (30 mins) - done Pray Duhr
Reflection ✍️	

2 pm Tasks 💰	Gym + Sauna
Reflection ✍️	

3 pm Tasks 💰	Home, Shower
Reflection ✍️	home at 330. Showered

4 pm Tasks 💰	Phoenix Call + Eat (Done) Remind dad about school summer payment again - done (pay tonight 50-50) Review Copy: - Solos Copy
Reflection ✍️	

5 pm Tasks \$	Review Copy: - Solos Copy - done at 5:15 Pray Asr - done Activity 3 - done
Reflection ✍	TODO: Activity 4 Exam review session at 3 pm

6 pm Tasks \$	Phoenix HW - done Plan next day - done Break for 30 min
Reflection ✍	

7 pm Tasks \$	eBook PT 3*****
Reflection ✍	

8 pm Tasks \$	eBook PT 3***** - done (setup the whole skeleton, completed all of section A, haf of section B, and 10% of section C.) ADDED: Pay for school - done
Reflection ✍	

9 pm Tasks \$	ADDED: Revise BD Twitter Thread 2 - done Pray Maghrib - done Meditate Like A G - done OODA Loop EOD - done
Reflection ✍	

10 pm Tasks \$	Pray Isha Prep for sleep
Reflection ✍	

11 pm Tasks \$	Sleep
Reflection ✎	

12 am Tasks \$	
Reflection ✎	



End-Of-The-Day Report:



🧠 What Did I Learn Today? 🧠

✖ What Problems Did I Face In The Day? ✖

🔑 How Will I Solve These Problems Tomorrow? 🔑

<small>NEW</small> What Do I Plan To Do Differently Tomorrow? <small>NEW</small>

♻️ What Do I Plan To Do The Same Tomorrow? ♻️

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧

 What Tasks Were Left Undone? 

NONE
