

## Summer Classes & Camps 2025

### Summer Weekly Classes for ages 2-9!

#### Session 1 (June) and Session 2 (July)

#### [REGISTER HERE!](#)

June Session 1, July Session 2

Cost per sessions: \$41 (30 min) \$56 (1 hour) \$81 (2 hour)

(July 1-5 no classes)

Age	Class Name	Class Type	Day/Time	Length
2-3	<b>Baby Take a Bow/Dance with Me</b>	Dancers learn basic stretching and gross motor skills through music and props	Tue 5:00 pm	30 min
3-5	<b>Preschool Summer Sampler</b>	Ballet, jazz, tap	Tue 5:30 pm	60 min
	<b>Preschool Hippity Hop</b>	Basic Hip Hop, great add on to summer sampler	Tue 6:30 pm	30 min
	<b>Tiny Tumblers</b>	Beginning Tumbling	Tue 4:30 pm	30 min
	<b>Little Monkeys</b>	Silks & Circus	Tue 5:00 pm	30 min
6-9	<b>Dancin Kids Hip Hop</b>	Basic hip hop, great add on to summer sampler	Mon 6:30 pm	30 min
	<b>Dancing Kids Summer Sampler</b>	Ballet, jazz, tap	Mon 5:30 pm	1 hr
	<b>Beginner/Intermediate Tumbling</b>	Basic tumbling skills such as cartwheels, bridges, handstands, walkovers, handsprings & aerials	Tue 3:30 pm	1 hr

### Weekly Accelerated training and technique classes

#### Session 1 (June), Session 2 (July) and Session 3 (August)

Age	Class Name	Class Type	Day/Time	Length
4+	<b>Beginner Technique</b>	Entry level technique class for Jazz, Lyrical, Hip Hop & Tap	Mon 3:00	1 hr
5+	<b>Building Technique</b>	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 3:00	1 hr
By placement	<b>Intermediate Tech 1</b>	By Placement	Mon 4:00 pm	1.5 hr
By placement	<b>Intermediate Tech 2</b>	By Placement	Mon 4:30 pm	2 hr
By placement	<b>Advanced Tech</b>	By Placement	Mon 6:00 pm	2 hr
6+	<b>Beginner/Intermediate Tumbling</b>	Basic tumbling skills such as cartwheels, bridges,	Tue 3:30 pm	1 hr

## Summer Classes & Camps 2025

Age	Class Name	Class Type	Day/Time	Length
		handstands, walkovers		
8+	Collegiate Prep	This class focuses on technique, artistry, and audition readiness to ensure students stand out in competitive collegiate environments.	Tue 4:30 pm	1 hr
8+	Student Master Class	Led by advanced student choreographers.	Tue 6:30 pm	1 hr
By invite	Intermediate/Advanced Tumbling	Dancers should already have mastered basic tumbling skills such as walkovers, handsprings and working toward aerials/handsprings	Tue 5:30 pm	1 hr
8+	Master Class	Various DXP staff and guests teach challenging combos for a master class. Styles vary	Tue 7:30 pm	1 hr
6+	Building Ballet/Ballet 1	Graded Ballet technique	Thu 3:15 pm	1 hr
Open	Beg/Int Turns	Ballet Beg/Int Turns	Thu 4:15 pm	30 min
Open	Pre Pointe	Open to Level 1-4 ballet students	Thu 4:45 pm	30 min
By readiness	PBT Ballet	Progressive	Thu 5:15 pm	45 min
By placement	Ballet 2/3	Graded Ballet Technique	Thu 6:00 pm	1 hr
	Ballet 3+/4	Graded Ballet Technique	Thu 7:00 pm	1 hr
	Pointe	By invite	Thu 8:00 pm	30 min

June Session 1, July Session 2, August Session 3 \$41 (30 min) \$56 (1 hour) \$81 (2 hour)

July 1-5 no classes

## Weekly Adult Classes (June & August)

[REGISTER HERE](#)

Age	Class Name	Class Type	Day/Time	Length
12+	Yoga	Basic Vinyasa & Hatha Style Yoga	Mon & Wed 8:30-9:30 am	1 hr
18+	Adult Couples Dance	For all levels, focus on basics	Wed 6:30	30 min
18+	Jazz/Hip Hop	For all ability levels basics of Jazz & Hip Hop	Wed 7:00	1 hr
18+	Tap	For all ability levels basics of tap	Wed 8:00	30 min

(non dancers & parents, drop ins welcome) Punch cards or \$41 (30 min) \$56 (1 hour) \$81 (2 hour)

## Summer Classes & Camps 2025

Summer Camps [REGISTER HERE!](#)

  <b>June</b> <b>16,23,30</b> <b>4:00-5:30</b>	  <b>June 26</b> <b>5-6:30</b>	  <b>July 14-16</b> <b>5-6:30</b>	  <b>July 17</b> <b>5-6:30</b>	 <b>Tumbling</b>  <b>July 24</b> <b>5-6:30</b>	  <b>Aug 7</b> <b>5-6:30</b>
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**Dress for a theme\*Learn a Dance\*Crafts\*Perform for Parents & More! \$25**

Age	Name of Event	Class Type	Days/Times	Length/cost
Age 5+	<b>Wicked</b>	Wicked Summer Musical Theater Camp is a unique opportunity for young performers to immerse themselves in the world of the Broadway musical Wicked. Campers will learn songs, dances, and scenes from the show, and put on a final performance for family and friends. The camp is designed for students of all levels of experience, and no prior theater experience is necessary.	<b>June 16,23,30</b> 4-5:30 pm	3 week Mini Session \$75
Age 3+	<b>Moana</b>	Come dressed in your favorite Moana inspired outfit. Camp includes singing, snacks, crafts, performance for parents & more	<b>June 26</b> 5:00-6:30 pm	1 day mini camp \$25
Age 3+	<b>Dance &amp; Tumble Through Candyland</b>	3 day camp! Step into a world of sweetness and wonder with our enchanting Candyland-themed dance and tumbling lessons, specially designed for children ages 3 to 9 years old! 2.5 hours each day	<b>July 14-16</b> 9am-11:30am	3 day mini camp \$125
Age 3+	<b>Bluey Adventure</b>	Come dressed in your favorite Bluey inspired dance outfit. Camp includes dancing, singing, snacks, crafts, performance for parents & more	<b>July 17</b> 5:00-6:30	1 day mini camp \$25
Age 3+	<b>Ninja Tumbling</b>	Back by popular demand, Learn the best Ninja moves! Campers will have snacks, crafts and put on a show at the end of camp!	<b>July 24</b> 5:00-6:30 pm	1 day mini camp \$25
Ages 3+	<b>Camp Squishmallows</b>	Bring your favorite Squishmallow. Camp includes singing, snacks, crafts, performance for parents & more	<b>Aug 7</b> 5-6:30 pm	1 day mini camp \$25

## Summer Classes & Camps 2025

### Intensives & Workshops

**REGISTER HERE!**

Age	Name of Event/ link to register	Class Type	Days/Times	Length
Building Ballet/Ballet 1 Ballet 2/3 Ballet 4 Pointe	Ballet Intensive	An intensive Ballet training, focused on Ballet Technique with Miss Cathy	<b>June 23-25</b> 10-11 am (B1) 11-12 pm(2/3) 12-1:30 pm(4) 1:30-2:00 pm (P)	1-1.5 hr per day
Beginner Intermediate Advanced	Tumbling intensive	This tumbling focused intensive coincides with the Ballet Intensive.	<b>June 23-25</b> 10-11 am (Int/Adv) 11-12 pm(Int/Beg)	1 hr per day
Beginner Technique Building Tech Intermediate Tech 1 Intermediate Tech 2 Advanced Tech	Technique Workshop	Lyrical, Jazz, Tap	<b>July 7-9</b> 9-11 am (Beginner/Building) 11-2 pm (Intermediate Tech 1 & 2) 12-3 (Adv. Tech)	2-3 hours per day
Summer Guest Katie Groven	Katie Groven	Strength Training and Team Building	<b>July 28</b> 1-2 pm	1hr \$30
Summer Guest Aja Schon	Aja Schon	Lyrical & Contemporary, Choreography master class	<b>July 28</b> 7-8 pm Intermediate 8-9 Advanced	1 hr \$30
Summer Guest Trey Barber	Trey Barber	Hip Hop extraordinaire. Trey's advanced style and no nonsense teaching will keep dancers thinking fast	<b>July 21</b> 2-3 pm	1 hr \$30
Summer Guest Series Katie, Aja, Trey			<b>Trey - July 21</b> 2-3 pm  <b>Katie - July 28</b> 1-2 pm  <b>Aja - July 28</b> 7-8 pm Intermediate 8-9 pm Advanced	1 hr per day Take all 3 for \$75

## Summer Classes &amp; Camps 2025

PRIVATE LESSON [BOOK PRIVATE LESSON HERE](#)

A private lesson allows us to work one-on-one with you to achieve your goals at your own pace and with the privacy that some prefer.

MENTOR LESSON [BOOK MENTOR LESSON HERE](#)

Dance Express is excited to offer the opportunity for our younger dancers to be MENTORED by the talented dancers at Dance Express. As a mentee, you will have the opportunity to develop a relationship with an experienced DXP dancer who can help you work on skills that you are currently learning in the classroom. The Mentor program is only available to dancers enrolled in TECHNIQUE CLASSES.

Summer Dance Attire: Dancers may wear comfortable clothing such as shorts, dance tops, leotards, sports bras, your choice of style and color. Dancers should not wear tights for any tumbling based class, including silks for ease of spotting. Ballet attire is required for all ballet classes & intensives.

[For a complete description of all classes, camps and workshops please visit this link](#)

## Auditions

Age	Name of Event/ link to register	Class Type	Days/Times	Length	Cost
Build Ballet & 1 3:30-4:30 Ballet 2 4:30-5:30 Ballet 3 5:30-6:30 Ballet 4 6:30-7:30	<b>Graded Ballet Assessments</b>	<b>Ballet</b>	May 22	1 hr	FREE!
4-7 Our youngest team!	<b><u>Auditions</u></b>	<b>Performing Kids</b> Local performances and meet new friends!	May 27 Tuesday 5:30	30 min	FREE!
K-5th grade 4:00-4:30 pm 6-8th grade 4:30-5:30 pm 9-12th grade 5:30-6:30 pm Additional Solo Audition: 6:30-7:00 pm	<b><u>Auditions</u></b>	<b>Solos</b>	May 29 Thursday 4-7	1 hr	FREE!
*Petites (K-2nd) *Juniors (3rd-5th) *Teens (6th-8th) *Seniors (9th & up)	<b><u>Auditions</u></b>	<b>Rec Teams</b> (1 competition) & <b>Competitive Line</b> (3 competitions) Lyrical, Jazz, Tap & Hip Hop	July 17/18 9-11 am(P & Jr) 11-1 pm(T & S)	2 hours per day	\$50 (includes yearly team fee)
JTC	<b><u>Auditions</u></b>	<b>Junior Training Company</b>	July 17/18 1-3	2 hours per day	FREE!
ATC	<b><u>Auditions</u></b>	<b>Advanced Training Company</b>	July 17/18 3-5	2 hours per day	FREE!

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[\\*Summer Requirements-click here for more info](#)

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[REGISTER HERE!](#)

#### Dance Express Class Descriptions

##### Baby Take a Bow/Dance with Me

- **Age:** 2-3
- **Day/Time:** Tuesday 5 pm
- **Length:** 30 minutes
- **Description:** This class is perfect for toddlers who are just starting to explore movement! Through music, props, and engaging activities, little dancers will develop coordination, balance, and gross motor skills. We'll focus on fun, imaginative exercises that encourage self-expression and a love of dance.

##### Preschool Summer Sampler

- **Age:** 3-5
- **Day/Time:** Tuesday 5:30-6:30
- **Length:** 1 hour
- **Class Type:** Ballet, Jazz, Tap
- **Description:** Introduce your preschooler to the wonderful world of dance with our Summer Sampler! This class offers a taste of ballet, jazz, and tap, allowing young dancers to experience different styles and discover their favorites. We'll work on basic steps, rhythm, and musicality in a playful and supportive environment.

##### Preschool Hippy Hop

- **Age:** 3-5
- **Day/Time:** Tuesday 6:30 pm
- **Length:** 30 minutes
- **Description:** Get ready to groove with Preschool Hippy Hop! This high-energy class introduces young dancers to the fundamentals of hip hop through age-appropriate moves and fun routines. It's a great way to build confidence, coordination, and a love of music. This class pairs well with our Preschool Summer Sampler for a full hour of dance fun!

##### Tiny Tumblers

- **Age:** 3-5
- **Day/Time:** Tuesday 4:30 pm
- **Length:** 30 minutes
- **Description:** Tiny Tumblers is the perfect starting point for little ones interested in gymnastics! This introductory

## Summer Classes & Camps 2025

class focuses on developing basic tumbling skills like rolls, somersaults, and handstands in a safe and supportive environment. We'll also work on strength, flexibility, and coordination through fun games and activities.

### Little Monkeys

- **Age:** 3-5
- **Day/Time:** Tuesday 5:00 pm
- **Length:** 30 minutes
- **Description:** Unleash your child's inner acrobat with Little Monkeys! This unique class introduces young dancers to the exciting world of aerial silks and circus arts. Through playful exercises and guided instruction, students will develop strength, flexibility, and coordination while learning basic aerial techniques and poses. It's a fun and challenging way to explore movement and build confidence.

### Dancin' Kids Hip Hop

- **Age:** 6-9
- **Day/Time:** Monday 6:30 pm
- **Length:** 30 minutes
- **Description:** Calling all hip hop enthusiasts! This class is designed for elementary-aged dancers who want to learn cool moves and funky grooves. We'll cover basic hip hop techniques, rhythm, and choreography, while encouraging self-expression and creativity. This class is a great addition to our Dancing Kids Summer Sampler for a well-rounded dance experience!

### Dancing Kids Summer Sampler

- **Age:** 6-9
- **Day/Time:** Monday 5:30 pm
- **Length:** 1 hour
- **Class Type:** Ballet, Jazz, Tap
- **Description:** Our Dancing Kids Summer Sampler offers a diverse and engaging dance experience for elementary-aged students. This class combines ballet, jazz, and tap, allowing dancers to explore different styles and techniques. We'll focus on building a strong foundation in dance while having fun and making new friends!

### Beginner/Intermediate Tumbling

- **Day/Time:** Tuesday 3:30 pm
- **Length:** 1 hour
- **Description:** Take your tumbling skills to the next level! This class is designed for students who have mastered basic tumbling and are ready for more advanced challenges. We'll work on skills like cartwheels, round-offs, back handsprings, and aerials, with a focus on proper technique and safety. This class is perfect for those who want to improve their strength, flexibility, and overall athleticism.

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July 1-5 no classes