

## AARUPADAI VEEDU MEDICAL COLLEGE & HOSPITAL - PUDUCHERRY

### CME – MOOD, MOVEMENTS AND MEDICATIONS

#### ORGANISED BY DEPARTMENT OF PHARMACOLOGY

The CME on “MOOD, MOVEMENTS AND MEDICATIONS” was conducted on January 24, 2024 by the department of Pharmacology at the New Auditorium Lecture Hall, College block AVMC&H, Puducherry.

The resource persons for the CME were Dr N Balamurugan, MD, DM(Neuro), Director & Consultant Neurologist, SIMS Chellum Hospital, Salem, Tamilnadu, Dr.Mangaiarkkarasi, MD., Prof & HoD, Dept of Pharmacology, Sri Venkateswara Medical College and Research Institute, Puducherry and Dr.Melody, MD., Assistant Prof, Dept of Psychiatry, Aarupadai veedu Medical College & Hospital, Puducherry. The programme started with the Invocation song followed by the welcome address by Dr. Meganathan, Professor & HOD, Department of Pharmacology, AVMC&H. Prof. Dr Rakesh Sehgal, Dean addressed the delegates on the importance of keeping the proper mental health.

The felicitation of the speakers were done by Prof. Dr Rakesh Sehgal, Dean and Dr.T.Rajan,VP(Admin).

The introduction of Dr N Balamurugan, MD, DM(Neuro), the first speaker was made by Dr. Asokan, Professor, Department of Pharmacology, AVMC&H. The lecture on “Epilepsy master class with video clips” was delivered with catchy videos that clearly explained the delegates of the various features of the different types of epilepsy. Later, he took another topic on “From Bench to Bedside and Beyond – The awakening messenger – DOPAMINE”. He briefed about various movement disorders and its pathophysiology.

The introduction of the second speaker Dr. Mangaiarkkarasi, MD., was done by Dr Deepa Kameswari, Asso professor, Department of Pharmacology, AVMC & H. She elaborately presented about the classification of anti-epileptics, its mechanism, adverse effects and the appropriate selection of drugs. The new guidelines for the management of status epilepticus and the recent advances in the treatment of epilepsy syndrome was also discussed.

The introduction of the third speaker, Dr Melody, MD., was done by Dr Narayanasamy, Asso Prof, Department of Pharmacology, AVMC & H. The topic was “Medicating the Mind – Psycho Pharmacology from Psychiatric Perspective” in which she covered elaborately about the drugs used in psychoses, Bipolar disorders and the anti-depressant group of drugs. This was followed by a Question & Answer session conducted by Dr. Madhana Gopal, Professor, Department of Pharmacology, AVMC&H. The vote of thanks was proposed by Dr. Franc Deepika Venugopan, Senior Resident, Department of Pharmacology, AVMC&H. The Master of ceremony for the whole program was performed by both Dr.Kamali, and Dr Archana, Junior Residents , Department of Pharmacology, AVMC&H. Dr. Sivaraj, Professor, Treasurer, Dr. Vivek Anand, II yr PG, Dr.Ram prabhu and Dr.Dhivya both I yr PGs have all contributed for the successful conduction of the program.

UG students - 147, PG students – 12 and faculty - 25 from the Institute attended the program. The programme came to an end with the National anthem.