

# AGOGÉ NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

## Power Phrases (2-3)

- I am Patrick and I can solve every problem that's gonna come to my way, and find solutions no matter what
- I am Patrick and I never give up, even the pain, struggle, laziness, bitch voice can't defeat me. I am the one who try until the job is done
- I am Patrick and I have strict non negotiables that i do every single day, which means I am a totally discipline person
- I am Patrick and I remains calm and paintient in every situation im likę tommy shellby or Raymond reddingthnon

## Core Values (2-3)

- Indefatigability
- Bravery
- Strength
- Confident
- Charisma

## Daily Non-Negotiables (2-3)

- Daily checklist
- Diet
- Morning, evening routine
- Meditation

## Goals Achieved

- Financial freedom, being able to make money without a matrix job
- Clean bulk and in result beautiful physic
- Valuable relations
- Capable copywriter
- Beautiful wife with kids

## Rewards Earned

- Reinvent all house
- Respect around others
- Trip to Spain
- Bought my mom the world
- Bought Lamborghini huraccan
- Proved everyone wrong who didnt believe

## Appearance And How Others Perceive Him

- His parents are proud of him
- He earns respect around every person he is with
- They see him as a strong charismatic man and as a source of light in this world
- He is a walking inspiration for others
- Always dressed good and always able to solve the major problem

## Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

He gets up early do his perfect morning routine with a training.He feels grateful for this morning of a new day.Then he goes straight to work session,like always does what he need to do,is a perfect killer about all his daily tasks.After the work session he gets himself some valuable food he got fantastic energy even he trained and done the work.After the hard and requirement performance he feels proud and complete.Next he goes help his mother with some task and give her a beautiful gift that she always dreamed of but couldnt afford it.She is completely proud of his high value man ,and the man is for a little moment in his life pleasure with giving her that.We he goes home he does some additional work,combat training and straight to the evening routine.The evening routine is ended with a book in his hands and an incredible feeling of being THAT guy.

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WHAT I WOULD NOT WANT TO BE?

-Matrix slave

-Weak man

- Addicted person to short dopamine and cheap
- Loser,who did nothing with his life
- A tipicall matrix father with L financial
- Broke
- Cant afford to travel the world and do whatever i want
- Being a failure for my family
- Scared bitch
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