## **Prayer Flag Garden Hike**

The prayer flag garden was established by the Buddhist Center over 20 years ago on Emerald Mountain and serves as a space for reflection and inspiration for the Steamboat community. The hike is 1.2 miles up (2.5 m round trip), but strenuous. It is a steep uphill to get there and then all downhill to get back. It's an out and back hike with about a 400' elevation gain. Steamboat is at 6700' elevation so take that into consideration. Please dress in sturdy shoes, wear sunscreen and bring water. The hike will take about 2.5 hours round trip (including time to replace the flags and relax). The actually hike should only take about 30-40 minutes each way. We will meet at the Blackmere trailhead at 9 AM. Reach out to Marchele with any questions: info@steamboatbuddhistcenter.org or 970-846-8504.