- **THIS IS CROWDSOURCING DOCUMENT - PLEASE ADD EXAMPLES, PAPERS, LINKS ETC YOU WOULD LIKE TO SHARE - THIS WILL GO OUT TO A LOT OF BPS MEMBERS**
- **THANK YOU**

BPS Community Psychology Section
Community Psychology Resources of Interest in relation to Coronavirus Pandemic March 2020

For how to apply these resources/reading into practice ideas - see the end of the document. This is being built up slowly.

Policy, Advocacy & Lobbying Opportunities

Just Recovery/Transition Principles - how to apply these in the work we do as psychologists and beyond -
[Open Letter: Principles for a Just Recovery from COVID-19](#)

We have signed the open letter as BPS Community Psychology Section as has Psychologists for Social Change and are trying to apply these principles to our organisational responses

 - policy consultation opportunity [What can we learn from the Covid-19 crisis?](#)

Coronavirus and Human Rights
https://www.amnesty.org.uk/human-rights-uk/coronavirus-effect-human-rights

United Nations – Human Rights Commission
https://www.ohchr.org/EN/NewsEvents/Pages/DisplayNews.aspx?NewsID=25746&LangID=E

Prisons and coronavirus
[Inquest](#) - call for release of prisoners and migrants in detention centres
https://www.inquest.org.uk/Handlers/Download.ashx?IDMF=01507b67-d172-440f-b66e-311bd9b61bf4

Free wifi for those who need it #operationwifi - PLEASE SIGN
https://operationwifi.co.uk/

#BuildBackBetter hashtag

Community Resources

Society for Community Research & Action resources
COVID-19 Resources

Community Tool Box - so much in here about community building and participation
https://ctb.ku.edu/en

Scottish Community Development Statement and resources
https://www.scdc.org.uk/news/article/2020/3/19/scdc-statement-on-the-covid-19-crisis
http://www.communityscot.org.uk/news/article/covid-19-and-communities/

RallyRound - create a virtual circle of support for people
https://rallyroundme.com/

BPS guidance for working with community organisations
https://www.bps.org.uk/news-and-policy/guidance-psychologists-working-community-organisations

Thriving places index- brilliant tool for understanding local area inequalities and assets
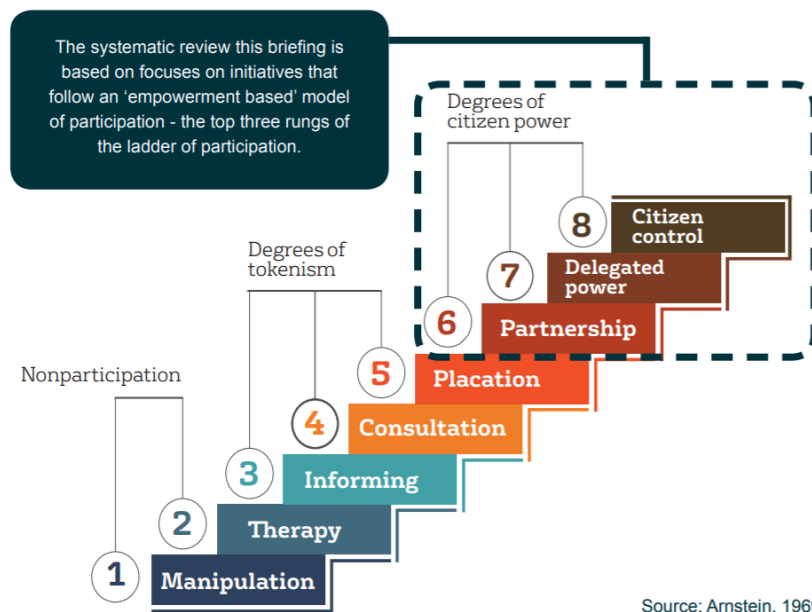https://www.thrivingplacesindex.org/

How does community involvement in decision-making impact on wellbeing? The case for transferring power to communities in decision-making post Covid-19.
https://whatworkswellbeing.org/wp-content/uploads/2020/01/joint-decision-making-wellbeing-briefing-Nov2018-1.pdf
from this paper….

What types of participation are we looking at?

Not all initiatives which seek to increase citizen participation actually involve the meaningful transfer of power and control to participants.

The systematic review this briefing is based on focuses on initiatives that follow an 'empowerment based' model of participation - the top three rungs of the ladder of participation.

Degrees of citizen power

8 Citizen control

7 Delegated power

6 Partnership

Degrees of tokenism

5 Placation

4 Consultation

3 Informing

Nonparticipation

2 Therapy

1 Manipulation

Source: Arnstein, 1969

Ministry for Housing, Communities & Local Government
By deeds and their results: How we will strengthen our communities and nation
July 2019 government position paper on localism and strengthening communities. Can be used to speak to policy-makers about the importance of resourcing communities, collective action etc.

Community Life Survey
Annual data relating to community factors collected by the Department for Digital, Culture, Media and Sport (government statistics)
https://www.gov.uk/government/collections/community-life-survey

Strengthening connections/communities
https://www.connectioncoalition.org.uk/

Alternative frameworks for practice

Built Capital
- Well maintained built infrastructure
- Built infrastructure facilitates production
- Accessible transportation system
- Affordable utilities
- Built infrastructure supports community activities

Natural Capital
- Pro-environmental attitudes
- Public protected natural recreation areas
- High levels of biodiversity
- Clean water and protection of water sources
- Responsible land use

Financial Capital
- High levels of personal investment in community businesses/groups/development initiatives
- Government investment in public capital
- High inter-generational wealth capture
- Promotion and support of entrepreneurship

**Vital Economy
Social Inclusion
Healthy Ecosystem**

Political Capital
- Easy access to power brokers
- Opportunities for civic involvement
- Inclusionary political process
- Public forums
- Feelings of self-efficacy and influence
- Transparency in government
- Unbiased media

Cultural Capital
- Pro-educational values
- Community knowledge
- Cultural vitality
- Pro-improvement attitudes
- Shared power
- Inclusive, multicultural education
- Strong ethnic identity and positive attitudes toward other groups

Human Capital
- Variety of accessible educational and training opportunities, esp. for youth.
- Health and healthcare resources
- Job opportunities (esp. in the primary labor market)
- Equality in hiring practices of local firms
- Inclusive community leadership
- Entrepreneurial opportunities
- Access to "bodies of knowledges"

Social Capital
- Strong, positive interpersonal relationships (bonding SC)
- Connections among inside/outside community groups (bridging SC)
- Norms of reciprocity
- High levels of collaboration
- High levels of mutual trust
- Collective identity
- Work toward common goals
- Collective action

Figure 1. Community Capitals Composition Based on Literature Review

https://www.gjcpp.org/pdfs/AAnglin-CommCapital-FINAL.pdf

Local Area Coordination for stronger communities and networked public services -originated in Western Australia - gives information about local area coordination - much needed
https://lacnetwork.org/

Community Circles - which support people in community networks. Lots of resources and information about how to establish and support community circles
https://www.community-circles.co.uk/

Mental wellbeing impact assessment - for assessing impact of policies/interventions on wellbeing eg austerity
https://q.health.org.uk/document/mental-wellbeing-impact-assessment-a-toolkit-for-wellbeing/

Mutual Aid Groups - community/citizen-led responses to Covid-19

Covid-19 mutual aid groups
https://covidmutualaid.org/get-involved/

Crowdsourced resource for a range of issues and groups, including mutual aid groups
https://coronavirustechhandbook.com/home

New Economy Organisers Network of movement building webinars - couple about mutual aid and history of mutual aid
https://neweconomyorganisers.org/neon-movement-building-webinars/

Article by Carl Walker about role of mutual aid/preventative solutions in communities
https://thepsychologist.bps.org.uk/what-remarkable-about-what-weve-achieved-its-unremarkable

Marginalised Groups/Structural Inequalities & Covid-19 - Reports & Resources

Marginalised groups and Covid-19
COVID-19: How to include marginalized and vulnerable people in risk communication and community engagement

Ethnic Minority National Resilience Network (EMNRN) a coalition of organisations working across Scotland to respond to COVID19 challenges in communities
http://bemis.org.uk/emnrn/

#charitiessowhite - guidance/recommendations can be applied to other types of organisations to ensure racial justice is centred in Covid-19 responses
https://charitysowhite.org/covid19

Doctors of the World Rapid assessment of needs of excluded groups and COVID-19 response in England. Bleak reading. *An Unsafe Distance:The impact of the COVID-19 pandemic on excluded groups in England.*
https://www.doctorsoftheworld.org.uk/news/covid19-rapid-needs-assessment/#

Racism
https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-covid-19-(coronavirus)-stigma-and-racism-tips-for-parents-and-caregivers
https://www.newyorker.com/news/letter-from-the-uk/the-rise-of-coronavirus-hate-crimes
https://www.theguardian.com/world/2020/mar/24/coronavirus-us-asian-americans-racism

DECOLONIZING COMMUNITY CARE IN RESPONSE TO COVID-19
https://ndncollective.org/indigenizing-and-decolonizing-community-care-in-response-to-covid-19/

Creative responses to reach marginalised groups eg Dan Glass's online cabaret for LGBTQI+ community

https://www.theguardian.com/world/video/2020/mar/26/coronavirus-cabaret-the-online-show-combating-social-isolation-video?CMP=Share_AndroidApp_WhatsApp

Impact on sex workers
https://novaramedia.com/2020/03/30/out-of-work-and-unsupported-sex-workers-struggle-to-cope-with-the-coronavirus-crisis/

International Committee on the Rights of Sex Workers in Europe (ICRSE) - 'Covid-19: Sex workers need immediate financial support and protection':
http://www.sexworkeurope.org/news/news-region/covid-19-sex-workers-need-immediate-financial-support-and-protection

Prisons and coronavirus
https://novaramedia.com/2020/03/23/the-virus-in-the-prisons/

https://www.beyond-prisons.com/covid19

People experiencing mental health difficulties and financial worries
https://www.moneyandmentalhealth.org/coronvirus-policy-note-blog/

and a briefing paper for policy-makers Policy Note

Factory workers making masks
https://www.instagram.com/p/B-b3Nauppc0/
https://eco-age.com/news/aja-barber-why-are-fast-fashion-chains-still-open

Immigrants, Refugees & Asylum Seekers
https://www.freemovement.org.uk/coronavirus/
https://www.politics.co.uk/comment-analysis/2020/03/26/coronavirus-displaced-people-are-being-left-without-help

COVID-19 - how LGBT-inclusive organisations can help -
https://www.stonewall.org.uk/about-us/news/covid-19-%E2%80%93-how-lgbt-inclusive-organisations-can-help

Queercare
https://queercare.network/
and in relation to Covid guidance https://wiki.queercare.network/index.php?title=Category:Covid

ILGA-Europe (LGBTI rights in Europe):
https://www.ilga-europe.org/resources/news/latest-news/covid-19-coronavirus

Nobody Left Outside coalition:
https://nobodyleftoutside.eu/nobody-left-outside-nlo-initiative-statement-on-covid-19/

Google drive with information/advice on Covid-19 in many different languages
https://drive.google.com/drive/folders/193qQN9l04Dvf0N9L5zeWTiXK_DRbrAxg

Disabilities

Inclusion London resources and campaigning around the Coronavirus bill
https://www.inclusionlondon.org.uk/campaigns-and-policy/comment-and-media/coronavirus-update/
https://www.inclusionlondon.org.uk/campaigns-and-policy/act-now/coronavirus-bill-could-leave-thousands-of-disabled-people-without-support/

Useful Links for Disabled People COVID-19-UK
https://docs.google.com/document/d/1-PpyrWoz-Q5Eoooh0rqfDvsqlGf1aQ8WxaKEaslWhCU/edit

Crowdsourced - Repository of resources on disability inclusion and Covid-19
https://docs.google.com/document/d/1IVP1u6yHfLuN9qNyLEct5-vtC0aqLKtKr-o-faAjves/edit

What's wrong with NICE guidelines for assessing frailty
https://chrishatton.blogspot.com/2020/03/covid-19-people-with-learning.html

Financial support and information for marginalised groups
https://www.turn2us.org.uk/

Medical support in crises and epidemics
https://www.msf.org.uk/

Social Identity understanding of COVID and responses
https://www.socialsciencespace.com/wp-content/uploads/Together-Apart-Uncorrected-proof.pdf

Strategic Messaging & Communications

How to frame progressive messages/communications to reach different audiences re Covid-19
from the **Frameworks Institute**
http://frameworksinstitute.org/framing-covid-19.html

Talking About COVID-19: A Call for Racial, Economic, and Health Equity
https://www.opportunityagenda.org/explore/insights/talking-about-covid-19-call-racial-economic-and-health-equity

Thinking about the use of language- Physical Distancing rather than Social Distancing
https://globalnews.ca/news/6717166/what-is-physical-distancing/
https://edition.cnn.com/2020/03/21/opinions/physical-distancing-menjivar-foster-brand/index.html
http://somatosphere.net/2020/against-social-distancing-a-call-for-social-solidarity-in-this-time-of-physical-distancing.html/

https://medium.com/@baznyc/words-matter-a-case-against-coronavocab-in-traumatic-times-33330e49119f

Amplifying the voices, stories and experiences of the marginalised, citizen journalism eg On Our Radar
https://onourradar.org/ and their toolkit https://onourradar.org/toolkit/

Not buying into an individualising, depoliticising 'mental health/illness/disorder' narrative, with likely increased prescribing rates etc

https://www.theguardian.com/world/2020/mar/25/why-its-healthy-to-be-afraid-in-a-crisis

https://www.madintheuk.com/2020/04/we-are-all-in-this-together/

https://www.youtube.com/watch?v=raD9OBNmHh8

https://rcni.com/nursing-standard/newsroom/news/covid-19-not-a-mental-health-crisis-healthcare-experts-warn-159611

Not losing the links with root causes such as environmental destruction and climate change

https://ensia.com/features/covid-19-coronavirus-biodiversity-planetary-health-zoonoses/

Innovation Mapping
International and national government innovations spreadsheet - some of which may be of interest (eg Falkirk Council identifying persons at-risk, row 16) from this call:
https://oecd-opsi.org/call-for-innovative-government-solutions-to-covid-19/

https://docs.google.com/spreadsheets/d/1dg8RBuTpzyL0Ag7IQ_FIYZaN6Rltc0T7x6ppj7MuNDo/edit?pli=1#gid=0

Social action/campaigns around housing/economic support

London Renters Union (please add other regions)
https://londonrentersunion.org/

Scotland - Living Rent is Scotland's tenants union
https://www.livingrent.org/

Resources for Homelessness - Coronavirus advice and planning for people experiencing homelessness
https://groundswell.org.uk/coronavirus/

ACORN petition for renter's rights
https://www.change.org/p/boris-johnson-prime-minister-of-great-britain-robert-jenrick-mp-secretary-of-state-for-housing-coronavirus-protect-renters-now?utm_source=share_petition&utm_medium=custom_url&recruited_by_id=4b875748-3597-4b94-a984-dd0650eb44ab&use_react=false

Social action/campaigns around domestic violence

Southall Black Sisters campaigning for hotels to be opened for DV survivors
https://southallblacksisters.org.uk/
https://southallblacksisters.org.uk/press-releases/press-release-sbs-compassion-in-politics-call-on-hotels-to-offer-rooms-to-abused-women-and-children/

Online support and domestic abuse
https://chayn.co/

Refuge Statement and appeal
https://www.refuge.org.uk/home/covid-19-statement/

Scottish Women's aid & Scottish womens rights centre
https://womensaid.scot/
https://www.scottishwomensrightscentre.org.uk/blogs/covid-19coronavirus-info/

Social action/campaigns around digital inclusion

Free wifi #operationwifi - PLEASE SIGN
https://operationwifi.co.uk/

Campaign for elderly telephone support from befrienders - Brighton and Hove
https://www.justgiving.com/campaign/TogetherCo

Heart of the Southwest
https://heartofswlep.co.uk/news/digital-tools-and-resources-to-support-businesses-schools-community-during-covid-19/

West Midlands -
https://beta.wmca.org.uk/media/5uyc5kaj/digital-skills-resources.pdf

Community resilience during crises and related - working with communities

https://www.comrades-project.eu

"COMRADES (Collective Platform for Community Resilience and Social Innovation during Crises) aims to empower communities with intelligent socio-technical solutions to help them reconnect, respond to, and recover from crisis situations. The project's core innovations are built around the collection and processing of information related to crisis events, to raise people's awareness through social-enabled platforms."

https://www.researchgate.net/publication/301168128_Designing_for_Networked_Community_Resilience

Systematic review of community resilience
http://currents.plos.org/disasters/index.html%3Fp=28783.html

Wider role of community psychology and activism by psychologists as new ways of working in these times eg see Cathy Campbell's work
http://eprints.lse.ac.uk/91486/1/Cornish_Activism-in-changing-times.pdf

Viral Kindness - a community-led response, reflecting the organic growth of local programmes to respond to the coronavirus outbreak. This service is a free hub for local groups across Scotland, connecting people and organisations.Free helpline - 0800 054 2282
Viral Kindness Scotland | Help Your Community with COVID -19

Coronavirus and community activism
https://theecologist.org/2020/mar/06/coronavirus-and-community-activism

BPS Guidance for psychologists on working with community organisations
https://www.bps.org.uk/news-and-policy/guidance-psychologists-working-community-organisations

Interim Briefing Note Addressing Mental Health and Psychosocial Aspects of COVID-19 Outbreak - international outlook

https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/interim-briefing

UK Government's resilience framework - note centrality of informal networks and rhetoric of support to be given at a local area for capacity development

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/828813/20190902-Community_Resilience_Development_Framework_Final.pdf

Care - how to think differently about the ethics of care and its role in Building Back Better

Towards a liberatory ethic of care
https://jspp.psychopen.eu/article/view/909/html

Feminist degrowth response to Corona Crisis emphasising care and social reprodution
https://www.degrowth.info/en/2020/04/feminist-degrowth-collaborative-fada-reflections-on-the-covid-19-pandemic-and-the-politics-of-social-reproduction/

Other resource lists
https://australianprogress.org.au/compiled-resources-for-responding-to-covid-19/

https://commonslibrary.org/coronavirus-and-community-care/

Non-medicalising, non-pathologising COVID 19 resources including those compiled by service users (ongoing collection)

https://www.madintheuk.com/2020/03/covid-19-resources-were-all-in-this-together/

Reading and webinars

Some writings on how to use the opportunities of Covid 19 for positive change:
https://www.tamera.org/corona-as-a-chance-for-system-change-5-suggestions-from-tamera/?fbclid=IwAR1SUz0CGJc208ID9l9R2xYelXwXHvuOeCWyVOFSV2L1eii6-vowMDQ9o_A#

https://www.theguardian.com/world/2020/apr/07/what-coronavirus-can-teach-us-about-hope-rebecca-solnit?fbclid=IwAR0hZnLPwgCApLlAo2OR3AIlfFfbUcKs-HT8asBWizTnRIpEu2EvfnzRuqw

https://charleseisenstein.org/essays/the-coronation/?_page=12&fbclid=IwAR1Er5zhj-zvbmSH0nE7ZLLRvvzcITVX4ESrqp7dqWlObjQT8ddYYmvR8vA

Addressing the needs of the [poor, globally]

http://www.worldbasicincome.org.uk/blog/coronavirus-will-cause-starvation-only-a-truly-universal-basic-income-can-prevent-it

Psychologists for Social Change
- Universal Basic Income: A psychological impact assessment
http://www.psychchange.org/uploads/9/7/9/7/97971280/ubi_for_web_updated.pdf
- PSC Blog
http://www.psychchange.org/blog

Rethinking Poverty - new economies post CV
https://www.rethinkingpoverty.org.uk/rethinking-poverty/we-are-nothing-if-we-are-not-together/

Will individualism survive CV
https://www.rethinkingpoverty.org.uk/rethinking-poverty/will-individualism-survive-the-coronavirus/

'Captalism is the disease' webinar
https://www.eventbrite.com/e/capitalism-is-the-disease-mike-davis-on-the-coronavirus-crisis-tickets-101224011744

'From me to we'
https://novaramedia.com/2020/03/22/from-me-to-we-in-an-emergency-collectivize-to-survive/

Challenging the individual/cognitive emphasis in mainstream psychology
https://blogs.uwe.ac.uk/psychological-sciences/here-be-cognitivism/

Books- Critical & Community Psychology

Critical Community Psychology
https://www.routledge.com/Critical-Community-Psychology-Critical-Action-and-Social-Change-2nd-Edition/Kagan-Burton-Duckett-Lawthom-Siddiquee/p/book/9781138364127

Postgrowth and sustainable welfare: challenges to sustainable welfare
https://www.palgrave.com/gp/book/9783319599021

Heat, Greed and Human Need
https://www.e-elgar.com/shop/gbp/heat-greed-and-human-need-9781785365102.html

Psychology and Capitalism
https://www.johnhuntpublishing.com/zer0-books/our-books/psychology-capitalism

Capitalism and Higher Education
https://www.johnhuntpublishing.com/zer0-books/our-books/capitalism-on-campus

Psychology Beyond Capitalism
https://www.johnhuntpublishing.com/zer0-books/our-books/off-modern

Mental Health in Crisis
https://uk.sagepub.com/en-gb/eur/mental-health-in-crisis/book267378

Resources for Trainee Clinical/Counselling Psychologists TBC
Being worked on independently by a trainee group. Will be available soon!

Some humour
Stewart Lee in the Guardian
https://www.theguardian.com/commentisfree/2020/mar/29/out-with-pub-bores-back-in-with-the-experts

But what does all this mean you can actually DO?! - feel free to add

Community Psychology Practice During/After Covid-19

- Wherever possible doing any of the below in partnership with those directly affected by the issues (forming a different kind of relationship to 'helper' and 'helped')
- **Solidarity and partnership building** with local community organisations or grassroots groups - reaching out to them and offering mutual support with humility - they are the leaders
- Community mapping - who/which groups and orgs are in your local area, what are they asking for and what do groups need, what resources do they have?
- Power mapping - who has what power locally and what can we do to influence them and the systems they are part of? How to work with individuals whilst mapping power - David Smail
- **Service mapping** - what is still going? What's being closed down? Who might this affect?
- Thinking creatively about ways to **transfer resources** to those who need it most, including local community organisations - eg supporting with fundraising, crowdfunding or offering other forms of resources etc
- Supporting people to **access resources and advocating** for them where needed eg https://www.turn2us.org.uk/
- **Psychosocial accompaniment as psychological practice** - 'bearing witness' being alongside as people experience this pandemic, not trying to change them, but bearing witness to their experiences of injustice etc

- **Lobbying local government** to ensure the needs of marginalised groups are understood eg new police powers, mental health Act changes, social care changes - write emails to local councillors, attend (virtual) council meetings if they are happening
- **Connecting to your team/service/organisational leaders** and asking questions about how they are considering the needs of the most marginalised groups - send them relevant reports from the lists above but also **offer solutions and offer support** to them to take action
- **Connecting people together** - who can you connect and how?
- **Writing briefing papers for policy-makers** about your area of work - by drawing on an ecological systems framework you may be able to draw attention to ideas and areas that policy-makers are not thinking about - important to analyse how the current context is affecting different groups - again **offer solutions and support**
- **Developing partnerships with other relevant organisations** and seeing if it's possible to address some of the social issues through joint campaigns/supporting local community action
- **Draw on [racial injustice briefing papers](#) to hold leaders to account** (team/service/organisation/local authority/national government leaders) around how Covid-19 may exacerbate injustice and inequalities - ask questions by email, write blogs, use social media, start working groups, create a collective, join campaigns, ask your organisation to join campaigns, write guidance/procedures/policies that try to mitigate for injustice. Again **offer solutions and support to take action.**
- If clinical or counselling - **use the ecological framework model** in clinical formulation - how are the social and economic structures and unequal power affecting people's psychological experience - [see this practice example with excluded young people](#)
- How can you **draw on the [Just Recovery principles](#) in your work/approach**? Set up a working group with colleagues to discuss?

Harder to do remotely but may be possible

- **Who has access to helping others as well as being helped?** Starting small scale 'peer support' or mutual aid projects within your service - who can support who at this time?
- Starting small scale 'prevention' and coproduction projects - what are some of the key determinants that are affecting a marginalised group - how could you take action with that group to try and change those determinants?
- Starting [small scale online 'creative' projects](#) - how can you amplify people's creativity and can their creativity be harnessed to express to[/communicate with others as is needed for most marginalised groups](#)

- Carry out **small scale participatory action research** on the impact of Covid-19 with a particular group - how you can use this to lift the voices of those who's experiences are unheard - look into organisatins like 'On Our Radar' and their toolkits

What we've been doing as community psychologists at MAC-UK in our work with excluded young people since Covid..

- Finding ways to carry out a **rapid listening exercise** (via instagram and through asking young people directly) of excluded young people's concerns and then generating activities based on this, in partnership with them where possible
- **Ensuring young people can access welfare systems**
- Finding ways of **amplifying the contributions excluded young people are making** to the issues around the pandemic ie the ways they are helping others eg their caring responsibilities, their musical expression - all of which remain invisible
- Thinking through **how we can support excluded young people to be part of different types of mutual aid** (mutual aid groups might not suit them) - so how can they 'coproduce' remotely and how can we **harness their skills and knowledge during these times**?
- Writing a briefing paper for policy-makers and the police about our/young people's main concerns about the new Coronavirus Act 2020
- Reading about **framing and strategic messaging** so as to win over people who don't just think like us eg the Frameworks Institute and Public Interest Research Centre guidance
- **Reaching out to others in our sector** (eg Redthread, Safer London etc) who work with marginalised young people to **invite collaboration** and coproducing activities/sharing learning together
- Reaching out to grassroots groups who work with excluded young people and inviting mutual support -
- Working remotely with young people to **maintain trusted relationships** - regular calls, check ins and chats - ensuring they are up to date with information, aware of misinformation, **holding them in mind**
- **How to create fun and humour** together as a team and with young people - eg setting up a meme whatsapp group
- Creative use of social media to stay connected with young people eg via Instagram and exploring gaming as a way of staying connected online safely (eg via playstation games)
- Joined a grassroots social action group who are putting together **virtual workshops for young people about their rights in the face of new police powers** and creating memes to spread about their rights
- Reading various reports about how this is affecting marginalised groups and thinking how it applies to our practice - holding **virtual reflective practice groups**

- Will **reach out to police colleagues to understand their concerns** about serious youth violence etc at this time but also to share our concerns
- Thinking about the **'underground economy'** some young people work in this - how do we support them if they are losing their income?
- Writing a blog about the impact of Coronavirus Act and the measures on excluded young people - risks and opportunities
- Signing and sharing petitions around digial inclusion campaigns (free wifi for all) #operationwifi
- Regular team check ins with colleagues, creating music playlists (asking young people for tunes), creativity at home lists, getting fit together,
- Working closely with our youth employees to ensure they have everything they need to be able to continue contributing and using their skills in their teams
- Strategising to think about 'what next' after Covid

Challenges/What's hard

Psychologists have been involved in:

- Supporting & organising with others in mutual aid groups (which can be conceived of as a community psychology approach) including setting up 'emotional listening service' for residents as part of mutual aid groups – but also idea of reciprocal support between residents is important in these and the issue of not 'professionalising' these groups and also offering safeguarding support. Trainees could be realigned to do this kind of work.

- Scrutinizing the impact of government policy on the most marginalized communities and creating or sharing petitions and open letters calling for support to those with disabilities eg impact of suspending the social care duty by local authorities by the Coronavirus bill and the loosening of checks and balances on mental health act sectioning eg https://www.inclusionlondon.org.uk/campaigns-and-policy/act-now/coronavirus-bill-could-leave-thousands-of-disabled-people-without-support/

- Use of ecological systems framework in formulations within NHS and charity services to ensure psychologists start thinking about working at all the levels

- Providing psychological well-being guidance for those who are supporting others who are self-isolating

- Trainees are using supervision as reflective space to rethink basics of therapeutic relating; for example using 'we' and 'us' much more to signal shared experience of pandemic and break down professional-service user barriers. Many are re-deployed to crisis teams, where the principles of community psychology are more important than ever.

-

Other resources

As there are calls for an unconditional universal basic income for all citizens in the UK, people might be interested in this briefing paper by Psychologists for Social Change 'a psychological impact assessment of universal basic income'

Penting

https://ctb.ku.edu/en
https://ctb.ku.edu/en/table-of-contents
https://efpa.magzmaker.com/covid_19/first_response