

Things to Know About the Supplemental Nutrition Assistance Program (SNAP) During the Pandemic

- SNAP is a program that will help you put food on the table.
- You may be eligible to get SNAP benefits within seven days:
 - o if your gross monthly income is less than \$150 and liquid resources are \$100 or less; or
 - o your monthly shelter bills are higher than your household's gross monthly income plus your liquid resources; or
 - o your household is a migrant or seasonal farm worker household with little or no income and resources
- You have the option of having your SNAP interview over the phone instead of in-person.
- The three-month time limit for able-bodied adults without dependents is waived through the duration of this crisis plus one month.
- Households will receive the maximum SNAP benefit amount for their household size while the disaster is in effect. They will receive their normal benefit amount on the usual date. The additional amount will be loaded on or around the 25th of each month, although this can change. This is expected to end in January 2022 under Governor Northam's administration and we are working to continue it under Governor Youngkin's administration.
- College [students](#) are eligible for SNAP benefits as long as they are enrolled at least half-time in an institution of higher education, and either:
 - o Are eligible to participate in state or federally financed work study during the regular school year, as determined by the institution of higher education, or
 - o Have an expected family contribution (EFC) of \$0 in the current academic year.
- The \$300 federal unemployment boost does not count as part of your income when determining SNAP eligibility.
- Apply for SNAP online at commonhelp.virginia.gov or call 1-855-635-4370.
- Screen yourself at our SNAP calculator by visiting VASnap.org or calling us at 866-753-SNAP.

Things to Know About Temporary Assistance for Needy Families (TANF) During the Pandemic

- TANF is a cash payment program that helps families meet their basic needs.
- You can apply for TANF even if you don't have all of your required documents.
- One-time emergency payments are available. When you apply or if you already receive TANF, let the case worker know you would like to apply for emergency help.
- Interviews will be done over the phone.
- Initial assessments for work requirements will be conducted over the phone.
- Workforce participants will not be assigned additional in-person activities and sanctions will not be imposed.
- Students missing school will not be considered truant.

- DSS is granting hardships for any case that hits the 24 month or 60 month time limit.
- Apply for TANF online at commonhelp.virginia.gov or call 1-855-635-4370.