

DAY 1 Monday

NO SCHOOL

Today is a holiday. Happy Patriots Day!

Even though we do not have plans for today, as it is a holiday, it is always good to focus on our social/emotional well-being. Here are some choices for the week!

Social Emotional Learning: Choose one or more

- Mindfulness
 - Make a glitter jar for Mindfulness
 - You can use a mason jar, a spice jar, or even a plastic water bottle for this practice. First, fill the jar with water. Then, add glitter. Be sure to use glitter that sinks rather than floats. Other options since glitter can be messy include using different colored beads, sequins, or a mix of food coloring and oil. Seal the jar with its lid or duct tape.
 - Ask your child what kinds of things will make the glitter in the jar swirl. Encourage answers that reflect both challenging events (fights with siblings, losing in sports) and positive ones (getting a good grade, making a new friend).
 - This jar when it is shaken represents what can happen in our minds when we are feeling overwhelmed, frustrated, upset, angry, excited, etc. or a combination of feelings. Once we are able to use various strategies, like calm breathing, taking a walk, or talking about our feelings, our minds feel calmer. This is when all the glitter in the jar settles and the water is clear again.
- Connectedness
 - Play a board game with a family member. Board games are also a great way to practice social skills, including taking turns, cooperating, winning and losing, etc. It can be helpful to have more than one person on a team so that your children can practice taking turns and working cooperatively with a team member.
- Kindness
 - Draw a picture of something kind you did today.

✓	DAY 2 Tuesday
	Art: Continue working on art choice board Art Remote Learning Choices
	Reading and Writing: • Read for 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.). ◦ Select a favorite book from home. ◦ OR Check out a new book by signing into Raz Kids ◦ OR Check out a new book by signing into Epic Books ■ OR Complete a reading activity by signing into Lexia Core 5 Reading ◦ OR Listen to a favorite author read aloud a book at Storyline Online ◦ OR Listen to a book read aloud at Audible Audiobooks for Kids ◦ OR Check out books and activities at Scholastic Learn at Home Scholastic Remote Learning Resources and Strategies Grades 1-2 • Pretend you're in school and write your weekend news. Try your best to write 3 to 5 sentences. If you would like to print out writing paper, click here: Grade 1 Writing Paper
	Math: <i>Daily Topic: 100 Chart Review</i> • Online - Watch the Khan Academy video Missing numbers between 0 and 120 (video) and complete the activity at the end (you do not have to be logged in to view video or do activity) OR • Offline - Complete the activity sheets Adding and Subtracting Tens on the Number Grid.pdf and Computation on a Number Chart.pdf Looking for more... Puzzles and Challenges Greg Tang Math: Educational Math Games & Classroom Materials for Elementary Students

Science: *Biodiversity: What Lives in Your Neighborhood?*

This lesson can be completed over two sessions if you choose:

- Click the link and watch the "introduction:"

[Biodiversity Bingo . PLUM LANDING](#)

- Go to the "activity" tab and complete activity
- If you do not have access, below are the bingo boards (in English and Spanish)
 - [Biodiversity Bingo Board English](#)
 - [Biodiversity Bingo Board Espanol](#)
- Click on "explore some more" tab and work on 1 or more of the activities listed
- If you do not have access, below are the directions
 - [EXPLORE SOME MORE](#)

✓	DAY 3 Wednesday
	PE: Choose one or more activities from the K-5 PE Remote Learning Menu
	Reading and Writing: April is National Poetry Month and today is Earth Day! For your reading today, you could read an Earth Day poem: Earth Day Gifts OR Hooray for Earth Day! OR • Read for 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.). ◦ Select a favorite book from home. ◦ OR Check out a new book by signing into Raz Kids ◦ OR Check out a new book by signing into Epic Books ◦ OR Complete a reading activity by signing into Lexia Core 5 Reading ◦ OR Listen to a favorite author read aloud a book at Storyline Online ◦ OR Listen to a book read aloud at Audible Audiobooks for Kids ◦ OR Check out a new book and activities at Scholastic Learn at Home Scholastic Remote Learning Resources and Strategies Grades 1-2 • Draw a picture of something that you could do to help protect the earth. • Tell or write about your picture. To get started you could say: To protect the earth, I could _____. If you would like to print out writing paper, click here: Grade 1 Writing Paper
	Math: <i>Daily Topic: 100 Chart Puzzles</i> • Online - Listen to this song Hundreds Chart Song and play the game Hundreds Chart Patterns to solve number puzzles on the 100 grid OR • Offline - Play the game "Rolling for 120" (You can use one die or two dice and you can play by yourself or with a partner. Roll the die/dice and color in the squares. When you get to 120, you win!) Rollingfor120HundredsChartMathGame.pdf If you do not have dice at home, you can make dice out of blocks or use the template below to create your own MakeYourOwnDiefreecraftable.pdf Looking for more... Math (and other) Games Welcome to First Grade! www.khanacademy.org
	Social Studies: <i>History: Unity and diversity in the United States</i> • Create a personal timeline that shows at least 5 important events in your life. You may write about and/or draw the events. Remember, they must be in order! OR • Interview a family member. Create a timeline that shows at least 5 important events that occurred in his/her life. You may write about or draw the events. Remember, they must be in order! For a printable timeline organizer to help organize your ideas, click here: Timeline

✓	DAY 4 Thursday
	Reading and Writing: • Read for 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.). ◦ Select a favorite book from home. ◦ OR Check out a new book by signing into Raz Kids ◦ OR Check out a new book by signing into Epic Books ◦ OR Complete a reading activity by signing into Lexia Core 5 Reading ◦ OR Listen to a favorite author read aloud a book at Storyline Online ◦ OR Listen to a book read aloud at Audible Audiobooks for Kids ◦ OR Check out a new book and activities at Scholastic Learn at Home Scholastic Remote Learning Resources and Strategies Grades 1-2 • Make a list of 5 verbs (something you can do) from your reading today. If you would like to print out paper for the list, click here: My List Paper
	Math: <i>Daily Topic: 100 Chart</i> • Online - Watch the video 100 Chart and play the game 100 Chart Hundreds Chart Games: Interactive Hundreds Chart OR • Offline - Click the link and choose either the filled in 100 chart or the blank one (for a challenge) and follow the directions to discover the mystery picture! Mystery Picture 100 Chart.pdf (the answer key is first...hide it if you want this to be a mystery!) Looking for more... Activities http://bedtimemath.org - take a look at Cabin Fever Math activities; there is also a free app or email for daily word problem
	Science: <i>Biodiversity: What Lives in Your Neighborhood?</i> • Continue working on assignment from Tuesday.

✓	DAY 5 Friday
	Music: Choose an activity from the Music Remote Learning Activities .
	Reading and Writing: • Read for 20 minutes (you can read to yourself, to someone else, to a stuffed animal, etc.). ◦ Select a favorite book from home. ◦ OR Check out a new book by signing into Raz Kids ◦ OR Check out a new book by signing into Epic Books ◦ OR Complete a reading activity by signing into Lexia Core 5 Reading ◦ OR Listen to a favorite author read aloud a book at Storyline Online ◦ OR Listen to a book read aloud at Audible Audiobooks for Kids ◦ OR Check out a new book and activities at Scholastic Learn at Home Scholastic Remote Learning Resources and Strategies Grades 1-2 • Draw a picture of a part of the book that reminds you of something that has happened in your life. • Tell or write about your picture. To get started you could say: This part of the book _____ reminds me of when I _____ because _____. If you would like to print out writing paper, click here: Grade 1 Writing Paper
	Math: <i>Daily Topic: Number Patterns/ Hundreds Grid</i> • Online - As you turn into a mathematician today, discover number patterns on the hundreds grid by using this Colorable Number Chart. Once you have colored different number patterns, practice your skip counting skills through a fun review with Skip Counting. OR • Offline - FUN FRIDAY: Click on the link. Earth Day 100 Chart.pdf There are 3 versions to choose from- Pick the version that is right for your child. Follow the directions and discover a special picture on the 100 chart! Looking for more... Cyberchase . Topics . Patterns