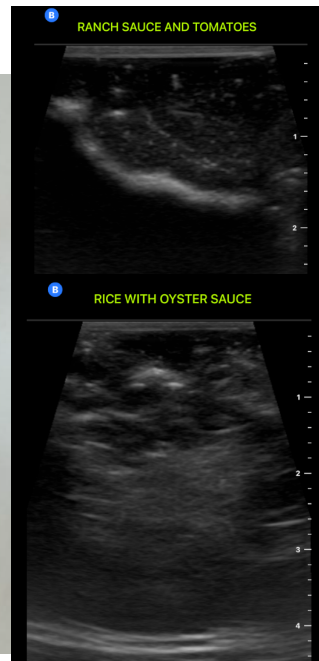


RECIPE

Ice Cube Tray Abscesses

Difficulty: ★



Preparation

1. Set the ice cube tray on a countertop
2. Place several condiments and other loose ends into each cube (the items that you place may impact the quality of the image).
3. Cover the ice cube tray with a layer of fake skin
4. Test the model with an ultrasound device; retool the contents of the ice cube tray as necessary
5. (optional) You may use a scalpel to puncture the fake skin to simulate an I&D

Related EM Procedure: Incision & Drainage, Abscess identification

Key Ingredients: Fake skin, ice cube tray, condiments

Time: 10 minutes

Cost: ~\$20



Ingredients

- One [ice cube tray](#)
- [Sheets of fake skin](#)
- An array of condiments
- (optional) One scalpel/knife

Makes one (1) model that can be reused as many times as you have sheets of fake skin

Tips

Be careful not to add too much stuff into one ice cube holder or it will spill over into another section

Be creative with the items you add!