

Softball & Baseball Skills Study Guide

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- 1) There are 9 players on each team. 6 of the players play in the infield and 3 play in the outfield. The catcher, pitcher, first, second and third basemen, and shortstop are infield players. The right fielder, center fielder and left fielder play in the outfield.
- 2) If a player at bat gets 3 strikes they are called “out”. If a player at bat gets 4 balls, they get “walked” and go to first base.
- 3) A pitch that is thrown in the “strike zone” (between the knees & shoulder of a batter) and over the plate is called a strike. A pitch that doesn’t go over the plate is called a ball.
- 4) There are 3 outs for each team each inning.
- 5) A baseball game will last for nine innings. Softball will last for seven innings.
- 6) A foul ball is a pitch that is hit to the right of first base line or to the left of third base line. If a player hits a foul ball, then he or she must hit again until the ball is hit fair or missed for the final strike.
- 7) When a ball is hit and fielded on the ground, it is called a “ground ball.”
- 8) When you are fielding a ball on the ground, your fingers in your glove should be pointed down. (Cue: ball down, fingers pointed towards the ground)
- 9) When a ball is hit in the air, it is called a “fly ball”. When fielding a ball in the air, your fingers in your glove should be pointed up toward the sky. (Cue: ball high, fingers pointed toward the sky)
- 10) After fielding a ball, the fastest way to get the ball to a base is by throwing it.
- 11) Players should always run and touch the bases in a counterclockwise direction.
- 12) A player that touches home plate or plate #4 scores a run.

- 13) If a ball is caught in the air, the runner on base must “tag up” before running to the next base.
- 14) A player is called “out” when he or she is forced out at the next base, strikes out, is tagged by the ball or the ball is caught in the air by the fielding team.
- 15) The Milwaukee Brewers is the professional baseball team that is located in Milwaukee, Wisconsin.