

Lincoln Meet 1 Meet Order of Events

Field Events

Coaches Meeting 9:45 AM

Field Events 10:00 AM

10:00 Boys Shot/Girls Javelin/Girls Long Jump/Boys & Girls Pole Vault

11:00 Girls Shot/Boys Javelin/Boys Long Jump/Girls Triple Jump/Girls Discus

12:00 Girls High Jump/Boys Discus

1:00 Boys High Jump

Track Events 10:15 start

3200m

300m Hurdles

4x100m Relay

4x800 Relay

400m

100/110 Hurdles

800m

100m

1600m

200m

4x400 Relay

