

# Community Resource Booklet

## United Way Referral-211

\*always call ahead to verify anything-due to current covid restrictions\*\*

### Table of Contents:

- I. Medical
- II. Medication
- III. Medical Equipment
- IV. Dental
- V. Homeless Outreach/Advocacy/Case Management
- VI. Shelter/Housing: Emergency, Transitional, Halfway Houses
- VII. Rent/Utilities
- VIII. Alcohol, Drug, Mental Health resources
- IX. Food Sources
- X. Household Needs
- XI. Transportation
- XII. Other
- XIII. Employment
- XIV. Apartment List

# **I- Medical**

## **1. Primary Care and Hope Clinic**

1453-suite A Hope Way (by New Vision Church) 615-893-9390

### **--Adult Medicine**

The Primary Care & Hope Clinic provides healthcare for all ages.

Services provided by the clinic include:

- Annual physicals
- Adult and child immunizations
- Women's Health services
- Behavioral Health services
- Healthcare for chronic illnesses such as diabetes, hypertension and high cholesterol
- Health care for minor injuries including cuts, burn and suture removal
- Translation services are available.

### **--Pediatric Services**

The Primary Care & Hope Clinic is committed to providing affordable, accessible healthcare for children. Staff specially trained in pediatric care provide:

- Well child check-ups/ annual physicals
- Immunizations
- Health care for acute illnesses such as colds, flu and sore throats
- Health care for minor injuries including cuts, burn and suture removal

### **--Women's Health Services**

- Annual Exams
- Physicals
- Birth control
- Pap Tests
- Mammogram Referrals

### **--Behavioral Health Services**

The Primary Care & Hope Clinic uses an integrated behavioral health model that teams a counselor with your medical provider. Private, in-house behavioral health counseling for adults, adolescents, and children is available with our licensed counselors.

### **--X-Ray Services**

The Primary Care & Hope Clinic has on-site X-ray.

### **--Lab Services**

The Primary Care & Hope Clinic has an on-site lab that provides testing for blood work, urinalysis, Hemoglobin, STD screening and PAP smears.

### --Nutrition and Diabetic Counseling

The Primary Care & Hope Clinic offers the following nutrition and diabetes services:

- Diabetes Self-Management Training
- Medical Nutrition Therapy
- LIFESTEPS® Weight Management
- Diabetes Support Group
- Weight Loss Support Group

### --Pharmacy

Our on-site pharmacy provides a limited formulary of no-cost prescription medications for our uninsured patients. If you are unable to afford your prescription medicines, our staff can assist you with applying for prescription assistance programs.

## **2. St. Louise Clinic**

- 1020 N. Highland Ave Ste A Murfreesboro, TN
- 615-396-6620

[Registration Form \(English\)](#) [Registration Form \(Spanish\)](#)

→Services they provide?

- Walk-in Clinic
- Primary Care
- Obstetrics
- Gynecology
- Palliative Care
- OB/GYN

→Prescription Help?

- They offer help through the Dispensary of Hope, which is in the same lobby/building as the Hope Clinic.

→How often can people receive these services?

- As long as needed.

→**What do people need to bring?**

- \$10 to \$15 intake fee per person applying for the uninsured program
- Photo ID: Driver's License or other state issued ID
- -Copy of most recent tax return
- Proof of income (can be provided by letter, bank statement or copy of check):
  - 3 current check stubs
  - Unemployment stub
  - Pension and/or Retirement
  - Social Security
  - Disability
  - Child Support
  - SSI
  - Food Stamps
- Shelter Letter if you are homeless

### **3. Rutherford County Health Department**

100 W. Burton Street Murfreesboro, TN 37130 615-898-7880

<http://rutherfordcountyttn.gov/departments/health-department.htm>

#### **Services Include:**

##### **Breastfeeding Promotion:**

--Education, encouragement and support are offered to pregnant and postpartum women by a full time lactation consultant.

##### **Children's Special Services (CSS):**

--Medical services are coordinated by a full time social worker for children (birth to 21 years) with special handicapping or chronic conditions who meet financial criteria.

##### **Child Health**

--Well baby/child exams, immunizations, and/or sick care are provided to children 20 years and younger.

##### **Dental Services**

--Preventive and restorative dental care is provided to children 20 years and younger by a full-time dentist and dental assistant.

##### **Diabetic Education**

--Education and counseling are available to both diabetics and those at high risk for the disease by a team composed of a registered nurse, registered dietitian, and health educator

##### **Emergency Preparedness**

--Volunteers are recruited and trained to operate emergency clinics in order to administer medications or immunizations to large numbers of people very quickly.  
--For more information about becoming an emergency response volunteer visit <http://thanvolunteer.health.state.tn.us/VolunteerMobilize>.

##### **Epidemiology**

--Communicable disease and food borne illnesses are investigated, specimens are collected, lab testing is conducted and preventive treatment is provided as appropriate.

##### **Family Planning**

--Education, counseling, physical exam and birth control are provided.

##### **Food and General Sanitation**

--Environmental specialists inspect existing food service establishments and review plans for prospective ones. Inspections are also done on hotels, motels, public swimming pools, bed and breakfasts, childcare facilities and school plants.

##### **Health Education/Promotion**

--Health educators coordinate activities that focus attention on lifestyle choices that will result in positive differences for at-risk groups.

##### **Immunizations**

--Routine immunizations are provided to infants, children and adults.

##### **Men's Health**

--Routine preventive care, sick care and physicals are provided to uninsured men, ages 21 years and older.

##### **Paternity Acknowledgement**

--Information is provided to parents regarding paternity and paperwork is completed for those parents wishing to acknowledge paternity.

### **Prenatal Care**

--Pregnancy testing, options counseling, prenatal vitamins and temporary enrollment on TennCare are available.

### **Sexually Transmitted Diseases**

--Confidential testing, treatment and contact follow-up is provided for sexually transmitted diseases, including HIV/AIDS.

### **Tuberculosis**

--Skin testing is provided to persons assessed to be at risk for tuberculosis.  
--Medication is provided at no cost to suspected, active and latent cases. Contacts to suspected or known cases are notified, tested and treated as needed.

#### **→What do people need to bring?**

- State ID/DL
- Social Security Cards of all in household

## **4. Matthew Walker Comprehensive Health Center**

- <http://mwchc.org/>
- 739 President Place, Ste 100, Smyrna, TN
- Appointments: 615-984-4290
- Fax: 615-984-4295
- Monday - Friday      8:00 am - 5:00 pm

#### **→Services they provide?**

- Behavioral Health
- Complementary Health
- Dental Services
- Diabetes
- Diagnostic Services
- Family Health
- Mental Health
- Pharmacy
- Pregnancy
  - OB/GYN services
- Primary Health Care
- Radiology
- Women's Health

#### **→Prescription Help?**

- No, but they are a based on income service, \$25 dollar co-pay. If you do not have an income you may be charged with 100% of the visit cost

#### **→How Long Can people receive these services?**

- As long as needed.

#### **→What do people need to bring?**

State ID/DL, \$25 co-pay

## **5. Nashville CARES**

- 633 Thompson Lane, Nashville, TN 37204
- Speak with Danny Todd (Medical Case Manager for Murfreesboro, TN)
- 615-921-0246 ext.246
- <http://www.nashvillecared.org/>
- For those at risk/are HIV and AIDS positive

→Services provided?

- Medical/Dental
  - Physicians/Dental
  - Medication
  - Insurance, TennCare, Medicare
  - HIV Education
- Housing
  - Affordable Housing
  - Help with Rent, Mortgage and Utility payments
  - CARE Teams help with simple housework and shopping assistance
- Income/Employment
  - Social Security/Disability
  - Families First
  - Food Stamps/WIC
  - Job Training
- General
  - Counseling/Support groups
    - Individual, Couple, Family, and Pastoral Counseling
    - Groups for Homosexuals and Straight clients that are HIV positive, and Grieving Families
  - Volunteer Assistance
  - Wills, Living Wills, and Power of Attorney
  - Legal Concerns and Problems
- Alcohol And Drug Treatment Services
- Transportation and Food
  - MTA bus passes available
  - Gas Cards
  - Food Pantry, in the Main office
  - Home Delivered meals
  - Liquid Nutritional Supplements

## **II-Medication**

misc.a--<http://medicinecard.org/pharmacy-discount-drug-price-lists/>

misc b.-- <http://www.bcbsm.com/medicare/help/understanding-plans/pharmacy-prescription-drugs/tiers.html>

### **1.Saint Louise Pharmacy (Dispensary of Hope - Saint Thomas Rutherford)**

-1020 North Highland Ave. Murfreesboro, TN 37130

-Phone: (615) 396-6167

-Fax: (615) 396-6627

#### **Hours of Operation:**

-Monday, Tuesday, Wednesday, and Thursday: 8:30 AM — 5:30 PM

-Closed from 1:00 PM — 2:00 PM for lunch. -Fridays: 8:30 - 1:00 PM

-Closed weekends.

\*We ask that you try to arrive at least 30 minutes before closing because wait times may vary.

#### **Forms:**

- Dispensary of Hope - Rutherford Application Forms
  - Application (English)
  - Application (Spanish)
- Dispensary of Hope - Rutherford Letters of Support (use when no income exists)
  - Letter of Support (English)
  - Letter of Support (Spanish)
- Dispensary of Hope - Rutherford Attention Letters
  - Attention Letter (English)
  - Attention Letter (Spanish)
- Dispensary of Hope - Rutherford Patient Responsibility Form
  - Patient Responsibility Form (English)
  - Patient Responsibility Form (Spanish)
- Income Criteria Table

#### **→What do people need to bring?**

-State ID/DL

-Social Security Card

-Proof of Income: DHS benefit verification letter, check stub, bank statement

-Shelter Letter: Proof Residency Letter from places like the Journey Home, Salvation Army, The Way of Hope)

2. Greenhouse- Offers Over the Counter Medicines

3. [www.needymeds.org](http://www.needymeds.org) This is a discount card program; the form is online, 1-800-503-6897

4. [www.pparx.org](http://www.pparx.org) A Co-payment program; the form is online, 1-888-477-2669

5. Cover Rx-[www.covertn.gov](http://www.covertn.gov)

- Form is online, you can ask your doctor about the program or stop by the Rutherford County health department. 1-866-268-3786

6. <https://www.blinkhealth.com> This is a discount RX program.

7. Walmart \$4 RX list -

[https://www.walmart.com/cp/\\$4-prescriptions/1078664](https://www.walmart.com/cp/$4-prescriptions/1078664)

8. Target RX list-

[https://tgtfiles.target.com/pharmacy/WCMP02-032536\\_RxGenericsList\\_NM10.pdf](https://tgtfiles.target.com/pharmacy/WCMP02-032536_RxGenericsList_NM10.pdf)

9. Publix RX list -

<http://www.publix.com/pharmacy-wellness/pharmacy/pharmacy-services/free-medication-program>

10. Walgreens RX list-

[https://www.walgreens.com/images/adaptive/pdf/Walgreens-Plus\\_Drug-List\\_20180321.pdf](https://www.walgreens.com/images/adaptive/pdf/Walgreens-Plus_Drug-List_20180321.pdf)

11. Kroger RX list-

<https://www.krogersc.com/drugs>

12. CVS RX list-

[https://www.caremark.com/portal/asset/GE\\_CVSCaremark\\_ValuePricedGenerics\\_DL.pdf](https://www.caremark.com/portal/asset/GE_CVSCaremark_ValuePricedGenerics_DL.pdf)



## **III- Medical Equipment**

### **1. Heartland Baptist Church- Comfort Ye Ministries**

<https://www.facebook.com/comfortyeministry/>

- 307 East Jefferson Pike,
- 615-890-3834

→Services they provide?

- Assisted living equipment
- Wheelchairs
- Walkers
- Canes
- Food to the senior citizens that live on assisted living.

### **2. MT's Library Murfreesboro, TN 37127 615-956-9541**

mtidwell.mtslibrary@gmail.com

- Used short and tall walkers
- Folding bedside commode

### **3. Lions Club**

- Glasses
- 615-896-7016

### **4. Vision Works (by Stones River Mall)**

<https://www.visionworks.com/loc/00558?address=37130>

### **5. America's Best Contacts and Eyeglasses (by Party City on Old Fort Parkway)**

<https://www.americasbest.com/store-list/murfreesboro-tn-37129>

-With the everyday 2 pair offers (as low as 2 complete basic pairs for 69.99!!), the eye exam is free! Eye exams are \$45 without a two pair purchase.

-Need a Contact lens Exam?

Contact lens exams are \$79 and not included in the free eye exam offer. If you'd like to save even more money during your visit, pay only \$20 more than the cost of one contact lens exam to join our Eyecare Club.<sup>®</sup> Eyecare Club members earn contact lens eye exams twice a year for 3 years, plus additional savings on contact lenses and eyeglasses!

## **IV- Dental**

### **1. Interfaith Dental Clinic of Rutherford County**

- 210 Robert Rose Drive Murfreesboro, TN
- 615-225-4141

→**What people need to know:**

- For the uninsured of Rutherford county.
- Must fill out the application on the first Monday of each month.
- Must work a minimum of 30 hours/week.
- Have no Dental insurance.
- Work and Live in Rutherford county
- Co-pays differ from person to person depending on their income, sliding scale.
- Must have proof of income for each person that works in the household.
- Rover does stop near the Clinic
- Waiting list for non-emergencies

### **2. Murfreesboro Dental Excellence**

- 1754 South Rutherford Blvd Murfreesboro, TN 615-988-8986

→**What people need to know:**

- Free cleaning and polishing
- Free welcome exam for adults and kids
- Mid-day Special for the uninsured
  - From 11am to 1pm call for an appointment

### **3. Castle Dental \$29 exam and x-rays**

<http://www.castledental.com/locations/dental-office/murfreesboro/castle-dental/26110>

Patient/Health Information Form: [Download English Version](#) [Formulario de información del paciente](#)

Informed Consent Form: [Download English Version](#) [Formulario de consentimiento informado](#)

Notice of Privacy Policy Forms: [Download English Version](#) [Formulario de Aviso de Prácticas de Privacidad](#)

### **4. Aspen Dental --Location: 2711 Medical Center Parkway Murfreesboro, TN 37129**

-Hours: M 10:00am to 8:00pm, Tu 7:30am to 5:30pm, W 7:30am to 5:30pm, Th 7:30am to 5:30pm, Fr 8:00am to 1:00pm, -Sat By Appointment Only

-615-900-5807

-<https://www.aspendental.com/dentist/murfreesboro-tn-37129-2278/pricing-and-offers>

### **5. Jeff Leech Family Dentistry-2445 Memorial Blvd, Ste E Murfreesboro, TN**

(615) 809-2742

<https://www.facebook.com/JeffLeechFamilyDentistry/> ,

<http://www.leechfamilydentistry.com/>

### **6. Atkinson Family Dentistry-2618 Merchant's Walk Murfreesboro, TN 37127**

(615) 217-7878

<http://www.atkinsondentistry.com/>

## **V-Homeless Outreach/Advocacy/Case Management**

### **1. Murfreesboro Cold Patrol**

<https://www.facebook.com/Murfreesborocoldpatrol/>

<https://murfreesborocoldpatrol.com/>

800 Park Avenue suite P Murfreesboro, TN 37129(across from Experience Church)  
615-203-3828  
Hotline 615-434-COLD

- For transportation/access to local shelter during winter months or otherwise, call hotline.
- For supplies needed to live in the elements while homeless, call hotline and make an appointment to come in.
- If you want someone to do a welfare check on someone who may be experiencing homelessness, please call the hotline.
- For case management in gaining access to sustainable income, housing, insurance, identification please call and make an appointment to meet with one of the outreach workers.

#### Contact persons:

Amber Hampton

Trudy

Zanie Devereaux

Dan S.Allen

dansallen@comcast.net

### **2. Last Call for Grace**

<http://lastcall4grace.org/>

<https://www.facebook.com/LastCall4Grace/>

1013 Memorial Blvd Murfreesboro, TN 615-900-1786

At Last Call 4 Grace, our motivating desire is not only to help people change their current situation, but also to change their lives. Consistent and dedicated volunteers go out twice a week to local motels where they serve with love in their heart and a mission to fulfill. The initial point of contact involves meeting people right where they are – often in the middle of desperate situations. These situations are frequently the product of tragically broken lives due to physical abuse, sexual abuse, addiction, and homelessness.

How does LC4G do this? It reaches out to those in need and builds personal relationships that are safe, non-threatening, non-judgmental, and Christ-like. This takes the form of weekly meals (Wednesday & Friday); providing basic needs i.e. toilet paper, paper towels, dry goods, diapers & wipes for little ones; and when available, gently used clothes. LC4G provides a listening ear of compassion while sharing the Truth in love and offering real help to those who desire a productive way forward.

There is simply no greater honor than to give back by allowing God to use our hands and feet to exhibit the love of Christ in helping others.

## **VI-Housing/Shelter: Emergency, Transitional, Halfway Houses**

### **A. Housing:**

#### **Murfreesboro Housing Authority(MHA)**

- 415 North Maple Street
- 615-893-9414
- They can help with permanent housing.
  - Through Public Housing, Section 8, Shelter Plus Care, and Income based housing
- What do people need to bring?
  - State ID
  - Birth Certificates for everyone in the household
  - Social Security Numbers for all members of the family
  - Number of people in household
  - A shelter letter from the Salvation Army, Way of Hope, Room in the Inn, etc. \*{ – This is only needed if applying for Shelter plus care}
  - proof of income if you have one

\*There is a waiting list, but if you have everything together that is stated above it will speed up the process.

## **B. Emergency Shelters:**

### **1. Salvation Army (only men and families)**

<http://salvationarmytennessee.org/murfreesboro/>

- 1137 W Main Street (shelter entrance is located on side street behind the Career Center/Tech School)
- Contact at 615-895-7071

→What people need to know:

- The shelter program is a 10 week program.
- If a person doesn't return one night, then he/she cannot re-apply for the program for 90 days.
- There are dorm like rooms for single men. (call first for availability)
- There are family rooms. (call first for availability)
- There are dorm like rooms for single ladies. (call first for availability)
- Must be able to pass a drug test.
- Cannot be a sex offender or on the registry.
- Recently added a 6 bed men, and a 6 bed women's 30 day emergency shelter.

There is no weekly fee. Must pass a drug screen, and have 2 forms of id.

### **2. Domestic Violence Shelter (victims of domestic violence only)**

- 615-896-7377/ 615-896-2012
- 24 hour Hotline
- Must be a victim of domestic assault, sexual assault, or rape.
- There is a waiting list
- They do not give permanent housing

→Other Services they can help provide.

- Legal Advocate
  - order of protection
- Children's support group
- Sexual Assault/Hospital Accompaniment
  - Accompaniment to the Hospital after being raped
  - Consulting and counseling
  - Help with the Legal Process

### **3. Stepping Stones Safe Haven:**

Programs for women and women with children in our community experiencing homelessness or extreme poverty.

Facebook: <https://www.facebook.com/Stepping-Stones-Safe-Haven-Inc-962404880483084/>

Website: <http://www.steppingstonestn.org/>

615-900-4427

- 720 Old Salem Rd Murfreesboro, TN (the haven)
- Open Monday-Friday 8-4pm
- is a Nomadic night time shelter
- At the haven: loving support, laundry, showers, computer access, etc.

**4. Coldest Nights Program:**

- During cold months (typically from November through March)
- Supper is provided at each location by volunteers
- Showers are available at each location
- Men meet at First Baptist for the night (entrance at the corner of Vine St and Academy St)
- Women go to St. Paul's Episcopal Church (St Margaret's bldg) for the night (entrance is at the corner of College St and Academy St)
- Bring ID (can stay one night without)
- No breathalyzer or drug test
- Contacts: Scott Foster:(615) 867-4040, Jason Bennett: (615) 924-7617, Ed Grimes: (615) 605-1705
- Murfreesboro Cold Patrol  
615-494-cold

## **C. Transitional/Halfway/Recovery housing**

\*\*Parole transitional housing list:

<https://www.tn.gov/content/dam/tn/correction/documents/TransitionalHousingList.pdf>

### **I- FIRST THINGS FIRST SOBER LIVING HOMES (men only)**

-4014 Old Nashville Hwy Murfreesboro, TN 37129

-John Culvert (615) 785-5105, 615-896-6697

-Website: <http://firstthingsfirstslh.com/> -has complete details

-Fax Number: 615-809-2552

-Email: [ftfslh@gmail.com](mailto:ftfslh@gmail.com)

### **II- VICTORY HOUSE HALFWAY HOUSE FOR WOMEN**

-188 Old Nashville Road LaVergne, TN 37086

-615-793-6626

-Halfway house for women. 90 program stay required. Can stay up to 18 months. No deposit required. Weekly fee of \$100 (contact for updated rates. Our rates are as of October 2011).

Provides transportation to appointments.

### **III- Friend of Bill's, LLC**

For additional information about our recovery program, policies or costs, please submit our [contact form](#) or send email to [recovery@friendofbills.com](mailto:recovery@friendofbills.com). Toll-Free Phone: (866) 388-9514

*A Friend of Bill's, LLC* has the capacity to house 58 resident clients. We have one recovery home in Hendersonville, Tennessee, two recovery homes in Lebanon, Tennessee, one house in Murfreesboro, TN, and our newest home in Henderson, KY. All of our homes are located in attractive residential areas within walking distance of various industries and businesses. There are many churches in all locations that sponsor AA/NA meetings and related recovery events. We provide bikes for our clients to use when walking is not a practical option.

There is a house manager and one or more house monitors in each of our recovery homes. It is the house manager's job to assign chores and to verify that the rules of conduct are being followed. The house monitors help our newer residents in their adjustment as they settle in and also help the house manager as needed.

We believe that it is insane to expect an alcoholic or addict to amend the alcohol or drug driven behavior without the benefit of a spiritual awakening therefore, each resident signs a recovery contract that includes working the 12 steps of Alcoholics Anonymous (AA) or Narcotics Anonymous (NA) with a sponsor.

### **Our Services**

When clients first move into the recovery house, they are directed to agencies that can provide emergency food supplies and are encouraged to sign up for state food stamp programs. This

helps until they can gain employment and get on their feet. We also direct clients to the temporary employment agencies where they can usually obtain initial employment.

At *A Friend of Bill's*, we are very active with our recovery houses. Staff members attend the house meetings which are held two times a week. We visit the houses every other day to provide assistance, answer questions, solve problems and attend to those issues which require our input. We also offer rides to meetings when someone from the staff is attending, but we do encourage the clients to build a support group and get phone numbers of other AA and NA participants who are usually eager to help. We also have house managers and monitors with six months to a year of sobriety that live on premises and aid our new clients whenever possible.

Every client participates in our recovery process, "[Working The 12 Step Program](#)", because they choose to. It is a great experience living with a group of men who are working hard to practice recovery.

### **The Costs Involved**

The initial cost to move into *Friend of Bill's* recovery houses in TN is normally \$285. This includes first week's service fees of \$125.00 and last week of client commitment of \$125 and a one time processing fee of \$35. After that client will pay \$125 weekly. The initial cost to move into *Friend of Bill's* recovery houses in KY and the women's recovery home in Lebanon, Tn is normally \$235. This includes first weeks service fees of \$100 and the last week of client commitment and a one time processing fee of \$35. After that clients pay \$100 weekly. Once a month there is a \$10.00 charge for cleaning supplies and other miscellaneous expenses.

### **Court Ordered Clients**

Some of the clients at *A Friend of Bill's* are placed with us through the court system and arrive under a condition of house arrest. We would like to assure area courts, judges and probation officers that these clients are closely monitored. The following special policies apply to such clients:

1. All clients under restriction are required to document their time away from the house. They must sign out, indicating the date, time and purpose for leaving. When they return, they must sign back in. We have special forms for this purpose.
2. Restricted clients are required to attend daily AA or NA meetings. We have meeting forms that must be signed by the chairperson indicating meeting time, date, group name and subject. As we are heavily involved with all of the local recovery organizations, we can easily verify that meetings were actually attended.
3. If requested, we will perform random drug testing on restricted clients if the testing kits are provided by the court. Alternatively, we can perform occasional tests at a charge of \$15.00 per test.
4. We have an employment verification form that must be completed by the restricted clients once they have obtained a job. Information on this form includes place of employment, phone number, supervisor's name and extension and normal work hours.



This information is an additional tool for tracking clients daily activities and a means for quickly contacting them in case of emergency.

Each of our houses has one or two managers and also house monitors that work with the clients to ensure rules are being followed and required documentation is being completed.

## **IV- The Foundation: Sober Living for Women**

### **Admission Requirements:**

- Female and 18 years of age or older
- Admission is on a voluntary basis. Residents in need of detoxification will need to go to a treatment facility prior to admission, as we are not equipped as a detox center.
- Residents are accepted by referral from a chemical dependency professional, an AA/NA sponsor who has witnessed the person's participation in 12 step support groups for at least 30 days, or have completed an inpatient/outpatient chemical dependency program.
- Must be able to pay room and board. First week's rent of \$125.00 and a \$100.00 application fee are due before arrival.
- Residents must commit to follow the house rules and regulations.
- Residents must participate in a 12 step AA/NA program.
- Ambulatory: Residents must be able to manage stairs and move about under their own locomotion. The FOUNDation is not wheelchair accessible nor do we have medical staff on site.
- Psychologically Capable: In addition to alcohol and drug addictions, some suffer from severe mental disorders requiring psychiatric treatment. These conditions can not be treated in our program.
- Residents will be screened by the Director and House Managers.
- Residents may be subject to a full physical examination that may be provided free at the health department. As we are not qualified to deal with certain medical problems at this facility.
- Our program does not accept sex offenders, violent offenders, arsonists, murderers, or mental health offenders. Also, applicants who are TB, Hepatitis, and HIV positive will not be accepted.
- Applicants must be willing to commit to at least a 6 month program.

### **Fees and Charges:**

- Housing cost is \$125.00 a week.
- One time application fee of \$100.00.
- Utilities are \$100 a month and are due by the 15th of each month.
- There is a \$25.00 fee for drug and alcohol testing.
- There is a \$5.00 per day late fee for rent and utilities not paid on due date. After the fifth day of late charges, you will have 24 hours to pay in full or vacate the premises.
- If you leave our program for ANY reason you will NOT receive a refund.

\*\*Once you have read and understood the requirements, the next step in beginning living sober at the FOUNDation is filling out an application. We look forward to receiving your submission. You may fill out an application online or print one and fax it to: 615-396-8126 or send it to: [director@foundationsoberliving.com](mailto:director@foundationsoberliving.com)

## **V-Cold Patrol**

- Has a 5 bed transitional house for men.
- \$75 per week for 6 months.

## **VII- Rent and Utilities**

### **1. Community Helpers**

- 1020 North Highland Ave
- 615-898-0617
- Tuesday, Wednesday, Thursday: 9am-4:30 PM
  - closed noon to 1pm
- Help with rent, utilities, medicine, and referrals

#### **→What do people need to bring?**

- Must be a resident of Rutherford County for at least 6 months
- Photo ID, Social Security Card, and Date of Birth for all people in the Household
- Written proof of all income, including Food stamps, Social Security, Unemployment, Families First/Child Support, Pension, Wages, Student Loans, etc. for the last 30 days.
- Bring ALL bills, All Utilities, including phone and cable. Car payments, insurance premiums, loans, credit cards, Lease or Mortgage statement, medical/dental, child support, daycare expenses, repairs, etc.
- Rent/Mortgage must be paid down to \$150 before applying for help with the same. Bring a receipt showing the payment was made or a money order showing the ability to pay. We must see lease/mortgage statement with landlord's name and correct mailing address and phone number.
- NO MOTELS-NO EXCEPTIONS.
- WE CANNOT PAY RENT TO RELATIVES OR OTHER CLIENTS OF COMMUNITY HELPERS.
- For Medicines: bring all the above plus the prescription or bottle showing refill. 9 am-4:30 pm

### **2. Mid-Cumberland Community Action Agency**

- 1406 A West College Street
- 615-893-8938 or 615-895-3093
- There is a waiting list for some of their services
- Help with rent, mortgage, utilities, etc.
  
- Head Start and Early Start
  - Provides quality childcare in Middle Tennessee since 1970. Our caring staff all have degrees, certifications, or long term experience related to child development. And are involved in ongoing training including 80 clock hours of child development training each year. All MCCA centers are accredited by the National Association for the Education of Young Children and all sites are licensed by the Tennessee Department

of Human Services. All of our centers have the highest rating issued by the state regulatory agency of 3-STAR indicating the best quality. We are active members of the Regional and the Tennessee Head Start Association.

- MCCA Head Start offers research-based and age-appropriate curricula and learning activities for children ages six weeks to five years. Our programs focus on age-appropriate play and individualized learning opportunities. All children are involved in our educational and fun activities including music, art, storytelling, and recreation.
- Medical Support Program
  - Provides assistance to low-income households by helping to obtain the prescription and medical supplies needed to maintain independent living situations and household stability by decreasing the likelihood of wage loss due to illness related work loss.
  - Health services are provided as a stand-alone service or through Case Management programs. All medications must be prescribed by a licensed physician. MCCA will not pay for pain medications or controlled substances.
- Low Income Home Energy Assistance Program
  - The Low-Income Energy Assistance Program (LIHEAP) is a federally funded grant program that provides assistance to low-income households that spend a disproportionate amount of household income for home energy costs.
  - LIHEAP offers two components of service through which assistance can be received:
    - **Regular LIHEAP**- provides one time energy assistance grant for households that meet income and residency requirements. Service is subject to funding availability.
    - **Crisis LIHEAP**- provides immediate assistance in the form of a one-time energy assistance grant for household that meet specific Crisis criteria and have a vulnerable household member, in addition to meeting residency and income requirements. Service is subject to funding availability.
- Case Management Program
  - The goal of Case Management services is to help clients to identify and overcome the barriers that prevent economic self-sufficiency.
  - The Comprehensive Family Case Management Program is designed to assist low-income households in identifying and overcoming household barriers preventing economic self-sufficiency. Through the use of the **IWIN** service approach, the CFCM program will assist those households that are interested in making positive life changes in order to become more economically self-sufficient.
  - The Elderly and Disabled Services program is designed to meet the needs of the low-income elderly and disabled population in an effort to

promote an independent living situation. The EDS program will utilize the **IWIN** Service approach as an effective method of overcoming barriers that threaten the independent living situation.

#### Linkages

- The purpose of the Linkage Program is to provide customers with a well- rounded range of care. No one agency can meet all needs of a household, therefore, MCCAAs have developed an extensive range of Community Partners and resources to help in meeting the needs of our customers.
  - Each MCCAAs outreach office maintains a database of local resources and services available in their particular community.
- Nutrition Programs
    - Provides resources and education for low-income families lacking the knowledge and tools required to make appropriate nutrition choices. Through the Nutrition Program MCCAAs, is providing services to help improve the quality of life for low-income individuals and households. Clients requesting Food Pantries and Nutrition Education services must meet CSBG income eligibility guidelines. Clients requesting Commodity Food Program services must meet USDA income eligibility guidelines.
    - **Commodity Food Program** provides non-perishable food items to eligible households through a partnership with the U.S. Department of Agriculture and the Tennessee Emergency Food Assistance Program. Households must meet USDA income guidelines.
    - **Food Pantries** provide emergency food boxes to households that have limited or no access to food.
    - **Nutrition Education** provides clients with information needed to help make healthier and cost effective choices with their food monies. Meal planning guidance and nutritious recipes are also provided in conjunction with other Nutrition services.

#### →What do people need to bring?

- Must be a resident of Rutherford County for at least 6 months
- Photo ID, Social Security Card, and Date of Birth for all people in the Household
- Written proof of all income, including Food stamps, Social Security, Unemployment, Families First/Child Support, Pension, Wages, Student Loans, etc. for the last 30 days.
- Bring ALL bills, All Utilities, including phone and cable. Car payments, insurance premiums, loans, credit cards, Lease or Mortgage statement, medical/dental, child support, daycare expenses, repairs, etc.
- We must see lease/mortgage statement with landlord's name and correct mailing address and phone number.
- NO MOTELS-NO EXCEPTIONS.
- WE CANNOT PAY RENT TO RELATIVES OR OTHER CLIENTS.
- For Medicines: bring all the above plus the prescription or bottle showing refill.

### 3. Smyrna/ LaVergne Assistance Coalition

- 130 Richardson Street
- 615-469-2099
- Pay a portion of utility bills of those that have been or that are at risk of them being shut off.
- People must meet age, income, disability, need and other requirements
- Can only help one person at a time, and only serve new clients.
- They cannot help those they have already served.
- They cannot help with gas, water, or electric services that have been shut-off only threatened.

#### →**What do people need to bring?**

- Must be a resident of Rutherford County for at least 6 months
- Photo ID, Social Security Card, and Date of Birth for all people in the Household
- Written proof of all income, including Food stamps, Social Security, Unemployment, Families First/Child Support, Pension, Wages, Student Loans, etc. for the last 30 days.
- Bring ALL bills, All Utilities, including phone and cable. Car payments, insurance premiums, loans, credit cards, Lease or Mortgage statement, medical/dental, child support, daycare expenses, repairs, etc.
- Rent/Mortgage must be paid down to \$150 before applying for help with the same. Bring a receipt showing the payment was made or a money order showing the ability to pay. We must see lease/mortgage statement with landlord's name and correct mailing address and phone number.

### 4. **Journey Home**

Contact: Jim Martin

- must show to have an income source to sustain the housing
- program helps with deposits, application fees, etc

## **VIII- Mental Health:**

findatherapist.com

Counseling:

Symmetry counseling

Athena care Murfreesboro

River tree center

Franklin counseling center

insight counseling center

branches counseling center

counseling and relationship center

Life counseling center

Ellie Mental Health

Beautifully broken counseling.

Mental health facilities:

### **1. Volunteer Behavioral Health**

- 2126 Thompson Lane 615-895-6051
- Mayfield Dr. Smyrna  
615-459-9451
- Initial Intake Appointment # 615-898-0771

→Description

- The Guidance Center is a Psychologist office located in Murfreesboro and Smyrna, TN. A psychologist focuses on the evaluation, prevention, diagnosis, and treatment of mental, emotional and behavioral health issues. A clinical psychologist uses psychotherapy and other counseling skills to improve emotional and mental health.
- They help everyone, but they concentrate on the disabled and homeless of Rutherford County.

→Programs available?

- Pathfinders aka Path program
  - Helps the homeless get involved with mental health care
  - Housing permanent or Shelter Plus program
  - Direct you towards Social Security Income and Disability
  - Deposits towards water and electric

- Furniture, dishes, and food

## 2. Mental Health Co-op

- 1203 Memorial Blvd Suite E
- 615-904-6490

### →Description

- Mental Health Cooperative has been quietly, compassionately serving clients who aren't readily accepted elsewhere – people who are living in poverty and experiencing severe and debilitating mental illness such as schizophrenia, bipolar disease, severe depression and substance abuse. MHC serves thousands of adults and youth annually. We see the individuals we serve as people first; the diagnosis should not define who the person is nor what the person through treatment and support can achieve.

## 3. Pathfinders Counseling Center

- 815 South Church Street
- 615-848-0773 or 615-848-3286

### →Description

- Is an out-patient rehabilitation facility for drug addicts and alcoholics.

## 4. Domestic Violence Program

- 615-896-7377
- [www.dvpshelter.org](http://www.dvpshelter.org)

### →Description

- Is a program for women and children that have been assaulted both sexual and domestically. There is counseling available to these victims, and support groups for both the women and the children on Thursdays from 6:00 pm-7:00 pm. More info is on their website.

## 5. Our Place Peer Support Center

- Lyndi Shupp, Manager
- 120 Hancock Street Murfreesboro, TN 37130
- 615-867-3538

### →Description

- Is a Mental health education center as well as an advocacy and support group for those that have co-occurring conditions; this place allows their clients to develop their own programs to supplement existing mental health, support services, provide opportunities for socialization, education, and support activities
- Must be 18+
- ADA accessible

- Free of Charge
- Open Monday-Thursday from 9am-3pm and Saturday from 9am – 3pm
- Rutherford County only

## 6. TrustPoint Hospital

1009 N Thompson Ln, Murfreesboro, TN 37129

Phone: (615) 203-8239

Hours: Open 24 hours

-TrustPoint Hospital is a state-of-the-art treatment center that provides an array of medical and psychiatric services on both an inpatient and outpatient basis. Our quiet, yet convenient location in Murfreesboro, Tennessee offers exceptional care to patients who require acute physical medicine and rehabilitation, adult and geriatric psychiatry, and medical psychiatry. Additionally, at TrustPoint, we provide an intensive outpatient program (IOP) for mental health care needs, electroconvulsive therapy (ECT), and traditional outpatient therapy and psychiatric services in satellite clinics.

-As an acute care treatment center, at TrustPoint Hospital, we are able to provide a full range of services that meet the medical, emotional, social, and cultural needs of our community. Included in the comprehensive services that we offer are the following:

**Behavioral Healthcare:** Within the behavioral healthcare program, we offer treatment for individuals who are suffering from depression, anxiety disorders, bipolar disorders, schizophrenia, schizoaffective disorder, eating disorders, delusional disorders, psychosis, and behavioral disturbances related to dementia. Additionally, this programming option includes treatment for posttraumatic stress disorder (PTSD), personality disorders, and sexual identity disorder (gender dysphoria), as well as drug and alcohol detoxification services.

**Medical Psychiatry:** Within the medical/psychiatry program, treatment is provided to patients who have a primary medical diagnosis and a secondary psychiatric diagnosis. COPD, UTI, Sepsis, pneumonia, and other infectious diseases not requiring treatment in an intensive care unit can be treated within this program. Additionally patients suffering from delirium or post-surgical patients who are experiencing behavioral disturbances or symptoms of mood disorders can receive care in the medical/psychiatry program. Drug and alcohol detoxification are also provided.

**Physical Rehabilitation:** The physical rehabilitation program provides treatment for patients who have suffered from strokes, traumatic brain injuries, spinal cord injuries, multiple fractures, hip fractures, motor vehicle accidents, trauma, major multiple trauma, and arthritis of multiple joints. Patients who have Parkinson's disease, cardiac disorders, and pulmonary disorders can also receive care in the physical rehabilitation program. Additionally, rehabilitation services are available for individuals who have suffered critical illness myopathy and neuropathy, or those who require post-surgical rehabilitation.

**Chemical Dependency:** Individuals who are suffering from an addiction to drugs and/or alcohol can receive appropriate treatment interventions here at TrustPoint if those chemical dependency issues are co-occurring secondary to a major psychiatric disorder or medical issue. The need for this type of care can be determined during the admissions process.

**Primary Co-Occurring Disorders:** In order to accommodate the vast need for treatment for co-occurring concerns, at TrustPoint Hospital, we offer care options for co-occurring drug and/or alcohol use disorders within both the behavioral healthcare program and the medical psychiatry program. In the physical rehabilitation program, the primary co-occurring conditions that we treat include, but are not limited to, depression, anxiety, and chemical dependency.



Here at TrustPoint, patients can rest assured that all of their physical rehabilitative and behavioral health needs will be met in an environment that promotes healing and is fully conducive to recovery. Let a future of hope, confidence, and fulfillment begin today.

### 7. Recovery Based programs:

AA	<a href="http://www.aanashville.org/cgi-bin/meetingdb/mtgsearch.cgi">http://www.aanashville.org/cgi-bin/meetingdb/mtgsearch.cgi</a>
AL-Anon	<a href="https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting-1/">https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting-1/</a>
NA	<a href="https://nanashville.org/">https://nanashville.org/</a>
CR	<a href="https://locator.crgroups.info/">https://locator.crgroups.info/</a>
Mental Health Court	<a href="http://rutherfordcountyttn.gov/probation/mental-health.html">http://rutherfordcountyttn.gov/probation/mental-health.html</a>
Recovery Court	<a href="http://rutherfordcountyttn.gov/probation/recovery-court.html">http://rutherfordcountyttn.gov/probation/recovery-court.html</a>
Veteran's Treatment Court	<a href="http://rutherfordcountyttn.gov/probation/veterans-court.html">http://rutherfordcountyttn.gov/probation/veterans-court.html</a>
DUI Court	<a href="http://rutherfordcountyttn.gov/probation/dui-court.html">http://rutherfordcountyttn.gov/probation/dui-court.html</a>
OA	<a href="https://oa.org/find-a-meeting/">https://oa.org/find-a-meeting/</a>
SAA	<a href="https://saa-recovery.org/">https://saa-recovery.org/</a>
Gamblers anonymous	<a href="https://www.gamblersanonymous.org">https://www.gamblersanonymous.org</a>

### 8. Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS)

<https://www.tn.gov/behavioral-health.html>

Resources in the following areas:

- crisis services
- behavioral health safety net
- criminal Justice Services
- Mental Health
- children young adults and families
- prevention
- substance abuse
- housing and homeless services
- licensing
- hospitals
- peer Recovery Services
- data, research, and planning

### 9. TN REDLINE

Free confidential information and referrals for anyone in Tennessee struggling with addiction  
1-800-889-9789

10. Tennessee Association of Alcohol, Drug and other Addiction Services (TAADAS) : to educate, support, and engage our members and public, influence policy and advocate for prevention, treatment, and recovery services. Offers professional training statewide. You can reserve the conference room-holds up to 50 people.

[www.TAADAS.org](http://www.TAADAS.org)

1321 Murfreesboro Pike Nashville Tennessee 37217

1-800-889-9789 or 615-780-5901

They have pamphlets, CDs, booklets, resources of all sorts to do with any sort of addiction or recovery related topic for the public or agency distribution.

11. Substance Abuse and Mental Health Services Administration (SAMHSA)

[www.samhsa.gov](http://www.samhsa.gov)

1-877-726-4727

12. #988

Suicide prevention, immediate mental health issue, etc

13. Other programs in surrounding counties:

Renewal house <https://www.renewalhouse.org/about-us/>

Renewal House provides specialized addiction treatment to women and their children. We are the only long-term family residential program in Middle Tennessee that treats women and their children together.

Thistle farms. <https://thistlefarms.org/>

Residential Program

Our two-year residential

community offers women

survivors of trafficking and

prostitution the space to heal

and thrive. They house up to 36 residents at a time in a therapeutic setting that offers healing and transformation through housing, healthcare, counseling, employment, and community

building. Housing and clinical services are free of charge and provided without Federal assistance.

Mending hearts <https://mendingheartsinc.org/>

Mending Hearts welcomes all women who are seeking change from a life of drugs and alcohol addiction and co-occurring mental health disorders.

Samaritan recovery community

<https://samctr.org/>

The vision of Samaritan Recovery Community is to provide the highest quality of care possible to people who are suffering from substance use disorder in an environment that preserves and promotes the dignity of the persons served.

Mercy Multiplied

<https://mercymultiplied.com/>

Mercy Multiplied exists to provide opportunities for all to experience God's unconditional love, forgiveness, and life-transforming power. We offer multiple programs and resources online and onsite designed to equip people to live free and stay free in Christ.

## IX- Food Sources in Rutherford County

1. **Meals-On-Wheels** <http://www.mchra.com/meals-on-wheels-do-you-need-meals/>
  - Through Mid-Cumberland Human Resource
  - Fully-cooked meals Monday-Friday for the elderly and disabled
    - Murfreesboro - congregate / home delivered - 615.895.1870
    - Smyrna / LaVergne - home delivered- 615.459.2227
  - They also provide Nutrition Education
2. **Rutherford County Emergency Food Bank** <http://www.rcfoodbank.org/>
  - McFadden Community Center at 211 Bridge Ave Murfreesboro, TN 37129

- 615-895-1148
- 10 am-2:30 pm Monday-Friday
- Food Pantry
- Once every 30 days

→**What do people need to bring?**

- State ID
- Proof of Residence
- Proof of Income

3. **Smyrna/LaVergne Assistance Coalition**

- 130 Richardson Drive (st.?) Smyrna, TN 37167
- 615-355-0697/615-530-1470
- Food Pantry
- Monday-Friday from 10am-2pm
- Once every 30 days
- Cover those living in 37167 or 37086 only

→**What do people need to bring?**

- State-issued photo
- Social Security card for each member of your household
- Proof of address
- Proof of monthly income for all members of your household
- Recent receipts for all bills paid out each month

4. **St. Luke's Catholic Church Food Pantry** <http://www.saintlukesmyrnatn.com>

- 10682 Old Nashville Hwy. Smyrna, TN 37167
- (615) 459-9672
- Ask for Desi Johnson
- The Food Pantry is open on Tuesday and Wednesday only from 9am -1pm. If you are in need of food please call the Hotline number (615-355-1784) listen to the message and follow what is says and a volunteer will call you back.
- Food Box connected with Second Harvest Food Bank -serving Rutherford County.

5. **North Boulevard Church of Christ** [www.northboulevard.com](http://www.northboulevard.com)

- 1112 North Rutherford Blvd Murfreesboro, TN 37130
- 615-893-1520
- Food Pantry, \*call first
- Food Boxes to those that are disabled, \*call first
- Celebrate Recovery <http://crnbcc.org/>
  - 6-6:45 dinner, 7-8pm main meeting, 8-9pm small (open share) mtgs

6. **Greenhouse Ministries** <http://www.greenhousemin.org/>

- 309 South Spring Street
- 615-494-0499
- You can get food assistance every 30 days

- They are open to clients Tuesday-Friday 10am-3pm

→What services do they provide?

- Free bread available daily
- Food pantry (clients may receive once a month, after 3 must take budgeting course)
  - Tuesdays and Fridays 11am-1pm
  - Bedford, Cannon, Rutherford Counties residents only
  - Walk-in
- Homeless sack lunches
- Community closet
- Peer counseling
- Adult education classes and tutoring
- Men's housing program
- Job and housing referrals
- Job skills training
- Programs for veterans
- Networking services, resources and advocacy
- Collaboration with community partners
- Volunteer opportunities
- Backyard events
- Garden Patch Thrift Store
- Bike repair program

→What do people need to bring?

- State ID/DL
- Pen
- Social security cards for all in household
- Birthdates for all in the household

-At the beginning of the month, we start giving out vouchers for a specific time to receive food. The times typically range from 9 a.m. until 10:30 a.m., depending on the demand. If you do not get a voucher, you can still come to Mobile Food Pantry, you just need to arrive at 10:30 a.m. the day of the event to sign up.

## 7. Tennessee Department of Human Services

- 1711b Old Fort Parkway
- 615-848-5153

→What they provide:

- Food Stamps (SNAP)
- Families First
- TennCare
- Medicare

→What people need to know:

- They are Open from Monday-Friday from 8am to 4:30pm
- Be prepared to be there for sometime just to get checked in.
- The fastest way to get Food Stamps is by a phone interview.

- The Rover does Run behind their building

→**What you need to bring?**

\* Print the Application from:

[http://www.tennessee.gov/assets/entities/humanservices/attachments/hs-0169\\_English.pdf](http://www.tennessee.gov/assets/entities/humanservices/attachments/hs-0169_English.pdf)

- Social Security Number
- Your Identification (Example: driver's license, school ID with photo, Passport, Resident Alien Card, I-94 card, voter's registration card)
- Where you live (Example: lease agreement, utility bill, phone bill, or driver's license with your address on it)
- Income (Example: check stubs, employer statement, award letters)
- Shelter costs (Example: mortgage payments, property tax, homeowner's insurance, rent receipt, lease agreement)
- Costs of utilities (Example: electric bill, water bill, gas bill)
- You need to know the Social Security Numbers of those that are in your household
- You need to know the birthdates of those that are in your household
- Child(ren)'s birth certificates
- Child(ren)'s shot records
- Child(ren)'s school/daycare enrollment records

8. **The Journey Home** <http://www.lovegodservepeople.org/>

- 308 West Castle Street Murfreesboro, TN
- 615-809-2644
- Business Office is open Monday-Friday 8am-3pm
  - Breakfast: Monday-Friday from 6am-8:30am
  - Lunch: Monday-Saturday from 11:30am-1:00 pm
  - Supper: Saturday night 5-6pm, Sunday and Monday nights 5:30-6:30pm

→What services do they provide?

- Food box once a week (sign-up 8:30-10:30, 1:30-3pm, (\*\*earlier sign-up the better--only 10-12 boxes total a day)
- Clothing closet sign-in is 9am-12pm, but only when a volunteer is available, set amount of outfits a month per registered members of household
- Wash/dry 2 loads of laundry a week (get there at 6am and sign-in early because there is a set limit of laundry clients per day, 10:30am is the cut-off to get last laundry in for the day)
- Showers sign-ins from 6-11:30am and 2:30-3pm
- Computer area for employment related activities
- Lockers at \$5 a month for personal storage but only available to clients on certain days and times

→What might they help with?

- Deposits for utilities, application fees, etc [see Jim Martin]
- Birth Certificate
- ID/DL
- Transitional Housing (when available)...etc.

**\*\*Be prepared to fill out a ton of paperwork the initial visit!!\*\***

→ **What do people need to bring?**

- State ID/DL for all adults in household
- Social security cards for all adults and children in household
- Birth certificates for all adults and children in the household
- DHS verification paperwork (if applicable)
- WIC verification (if applicable)
- Pen
- Your bills, Rent, Pay stubs, etc.

9. **Heartland Baptist Church --Comfort Ye Ministry**

<http://heartlandbaptist.org/comfort-ye-ministry/>

- 307 East Jefferson Pike
- 615-890-3834
- Monday-Friday
- They deliver food to the elderly that are homebound, the disabled, to Independent living that cannot make ends meet.

10. **Salvation Army**

- 1137 W Main Street Murfreesboro, TN 37129 (kitchen is at back entrance of the building)
- feeds everyday at 5:00pm, but all must pass a breathalyzer test and sign-in before entrance is allowed

11. **Belle Aire Baptist Church** <http://www.belleaire.org/kitchen>

- 1307 North Rutherford Blvd. Murfreesboro, TN 37130
- Wednesday night supper is \$5, and must register online by Tuesday for food count

12. **Smyrna Church of Christ** <http://www.smyrnachurchofchrist.org/>

- 112 Division Street Smyrna, TN 37167
  - (615) 220-8891
  - Food Box Tues 9:30-11:30 & 1:30-3:30
  - Volunteers prepare and distribute over 200 bags of groceries two days each week.
  - They also provide groceries to the seniors living in the Smyrna Housing Authority complex located just behind their campus.

13. **Lavergne 1st United Methodist Church** <http://www.lavergnefirstumc.org>

- [lavergnefirstumc@comcast.net](mailto:lavergnefirstumc@comcast.net) or [foodpantry@lavergnefirstumc.org](mailto:foodpantry@lavergnefirstumc.org).
- 248 Old Waldron Rd. LaVergne, TN 37086
- 615-793-6631
- Hours: Wednesday 11:00am to 2:00pm

→ **What do people need to bring?**

- ID- Drivers License, Social Security Card
- Proof of your address (must be in LaVergne)
- Proof of income (everyone that receives ANY money in your household)

## **X- Household Needs**

### **1. Greenhouse Ministries**

- 309 South Spring Street
- 615-494-0499

→ What people need to know:

- They sell household needs in their Store Called the Garden Patch which is next door to their offices. It does cost a fee, but this goes towards their rent.
- If you call the Office they might be able to set aside some furniture.
- The main building sells furniture on Thursdays

### **2. Salvation Army**

→ What people need to know:



- They sell household items in their store, Salvation Thrift Store
  - 125 South Front Street
  - 615-624-8293

**3. Saint Marks United Methodist Church (Furniture)**

- 1267 North Rutherford Blvd
- 615-893-3455

→What people need to know:

- Free, by appointment, but must call so they can get what you might need.

**4. Saint Rose Catholic Church**

- 1601 North Tennessee Blvd
- 615-893-1843

→What people need to know:

- Free
- Monday-Thursday 8am-3pm
- On Tuesday's at 10am they may be able to help with Rent, Utilities, etc.
  - What you need to bring:
    - State ID
    - Proof of Income and residence
    - All your bills
    - Once a month if not less.

**5. "Thrift" Stores:**

I-All Things Possible Bargain Center Middle Tennessee Blvd in Murfreesboro

<https://www.facebook.com/pages/All-Things-Possible/132628970130239>

II-Goodwill: 9am-7pm Monday-Sat and 8am-8pm on Saturday, 12pm-6pm on Sunday

- 710 Memorial Blvd. in Murfreesboro, TN
- 2955 S. Church St. in Murfreesboro, TN
- 201 S. Lowery in Smyrna, TN

III-Greenhouse Ministry's Garden Patch Thrift Store: 10am-5pm, Tues-Friday  
309 S. Spring St. Murfreesboro ,TN (615) 494-0499

V-Outreach Thrift Store: 338 SE Broad St. in Murfreesboro

<http://www.outreachmurfreesboro.com/>

**6. "Liquidation" Stores:**

I-Crazy C's: 9am-5:30pm, M-Sat 1005 W. College St. in Murfreesboro, TN

II-Dirt Cheap: 9-8pm, M-Sat <https://ilovedirtcheap.com/>

- 902 Mercury Blvd. in Murfreesboro, TN
- 551 S. Lowery St. in Smyrna, TN

III-Lil' Warehouse: 10-5pm, M-Sat 714 W. Main St. in Murfreesboro, TN

IV-Yard Sale USA: <http://www.bestdealtown.com/>

- 204 S Front St. in Murfreesboro, TN
- 562 Nissan Drive in Smyrna, TN

V-Bargain Hunt

<https://www.bargainhunt.com/>

Address: 1114 Dr. Martin Luther King Jr. Blvd.

Murfreesboro, TN 37130

Telephone: 615-867-7426

Email: [manager.murfreesboro@bargainhunt.com](mailto:manager.murfreesboro@bargainhunt.com)

Hours: Sun 10am-8pm, Mon-Sat 9am-9pm

Address: 1960 Old Fort Parkway

Murfreesboro, TN 37129

Telephone: 615-907-3098

Email: [marketplace@bargainhunt.com](mailto:marketplace@bargainhunt.com)

Hours: Sun 10am-8pm, Mon-Sat 9am-9pm

Smyrna

12.7 Mi

Address: 250 Country Village Dr

Smyrna, TN 37167

Telephone: 615-768-5532

Email: [manager.smyrna@bargainhunt.com](mailto:manager.smyrna@bargainhunt.com)

Hours: Sun 10am-8pm, Mon-Sat 9am-9pm

## **7. “Consignment” Stores**

1. Precious Angels (615) 212-9876
2. Angie’s Attic (615) 504-4506
3. Kid to Kid (615) 396-0401
4. Children’s Orchard (615) 410-7610
5. Plato’s Closet (615) 203-8078
- 6.

## **XI- Transportation**

### **1. Mid-Cumberland HRA**

615-890-2677

→Where they can take you?

Anywhere within the Middle Tennessee Area

→Why would you need their help?

To doctor’s appointment, store, Disability office, etc.

→How much does it cost?

For a one way trip within the city is \$2.00

For a one way trip in Rutherford County is \$3.00

Additional Stop will be \$1.00

- To cross county lines is \$5.00
- Must call 24 hours before appointment for in city and county
- Must Call 72 hours in advance for traveling out of county
- For Whom?
  - Everyone that is a client, or that needs to use this service.

## 2. Rover Public Transportation

- 615-217-6837

<http://www.murfreesborotn.gov/index.aspx?NID=251>

→Where can they take you?

- To bus stops within the city of Murfreesboro.

→How much does it cost?

- A dollar ride for adults, .50 cents for the disabled, senior citizens, children 16 and older, free for young children. You may be required to show ID.
- You can get a permanent card from Murfreesboro Housing/city Hall if disabled

→For whom?

- Set pickups along the routes in Murfreesboro

→When? Monday thru Friday, limited Sat route

## 3. Regional Transportation Authority of Middle Tennessee

<http://www.musiccitystar.org/Middle-TN-RTA-bus-maps-and-schedules3.asp>

Route Number	Route Name	English	Spanish
84X, 86X, 96X	Rutherford County	Map/Schedule	Map/Schedule

### RTA Bus Fares and Policies (effective September 26, 2016)

#### Fares

- 1-Ride Express Bus - \$4.25
- 1-Ride Express Bus (Reduced Fare) - \$2.00
- *(Youth age 19 and younger, active & retired military, seniors age 65 and older, people with disabilities, and Medicare cardholders. Valid I.D. required. Only available at Music City Central, Riverfront Station and Mt. Juliet City Hall.)*
- Children age 4 and younger - No Charge

- 20-Ride R&R Express Bus - \$73.50

Please note: MTA passes are not valid on these routes.

### Purchasing Tickets & Passes

Regular fare tickets can be purchased on all buses using cash (exact change required). You can purchase 20-Ride Express Bus passes at Music City Central (400 Charlotte Ave.) from 6 a.m. to 6:30 p.m. Monday through Friday, 8 a.m. to 5 p.m. on Saturday and 10:30 a.m. to 2:30 p.m. on Sunday, using exact cash, check, mobility check or money order. You also can purchase 20-Ride Express Bus passes [online at the Nashville MTA website](#). If you have questions, or do not receive your items within five days, please contact Customer Care at: (615) 862-5950, or email [rta@nashville.gov](mailto:rta@nashville.gov).

### Operating Schedule

Regional bus service operates weekdays only. RTA buses do not operate on the following holidays: New Year's Day, Martin Luther King Jr. Day, Memorial Day, Independence Day, Labor Day, Thanksgiving or Christmas.

### Weather Policy

Regional bus routes will not change due to weather. However, bad weather may delay or cancel service. For additional information, call RTA at (615) 862-8833.

### Lost Items?

Contact Lost and Found at (615) 862-8833.

### Pets Policy

Only service animals are permitted onboard.

### Passengers with Disabilities

If the regional bus routes do not meet your needs, there may be other options. Call the RIDE program at (615) 862-8833 to find out if there is a potential carpool or vanpool for your trip.

### Emergency Ride Home

Are you a regular regional bus rider? Join the [Emergency Ride Home program](#). You'll get a free ride home in case of an emergency, illness, or unexpected overtime (maximum six trips per year).

### Connecting to MTA Buses – Proximity Card

If you ride any of our RTA services to downtown Nashville and find that you need to transfer to a Nashville MTA bus in order to complete your commute to work or school, you will need a proximity card. This card will allow you to finalize your commute by utilizing Nashville MTA buses at no charge. A card is not needed if you are transferring to the Route 93 Music City Star West End Shuttle or any of the Music City Circuit buses. The proximity card should only be used for your morning and afternoon commutes. If the card is misused for any reason, it can be revoked.

To request a proximity card, please call our Customer Care department at (615) 862-5950. You will need to provide your name and address, as well as your employer's or school's name and address.

### Customer Care

For more information, please call Customer Care at (615) 862-5950 or email us at [rta@nashville.gov](mailto:rta@nashville.gov).

#### **4. AmeriGroup Transportation**

- ❑ 615-248-0120
- Where can they take you?
  - To Doctors appointments
- How much does it cost?
  - Free
- For whom?
  - Those that are covered through Amerigroup
  - Call at least 72 hours in advance

#### **5. AmeriChoice Transportation**

- ❑ 1-866-416-9209
- ❑ Provides free transportation to medical office visits for eligible AmeriChoice TennCare customers. Must call at least 72 hours in advance to request a ride. Requires member's ID number or Social Security number, full name, address and phone number, time and date of appointment, and doctor's name and full address. Hours: Mon – Fri 5:00 am – 7:00

## **6. Independent Taxis/other transportation:**

**I-Middle Tennessee Taxi (615) 848-2700 <http://middletennesseetaxi.com/>**

### Certain flat rate:

Smyrna \$20

- Walter Hill \$20
- Fosterville \$25
- LaVergne \$25
- Beechgrove \$30
- Woodbury \$35
- Eagleville \$45
- Lebanon \$45
- Shelbyville \$45
- Unionville \$45
- Auburntown \$50
- Liberty \$50
- Manchester \$50
- Nashville Airport \$50
- Nashville Downtown \$55
- Short Mountain \$55
- Franklin \$60
- Hermitage \$60
- Brentwood \$65

- MetroCenter \$65
- Tullahoma \$75
- Hendersonville \$100
- Madison \$100
- McMinnville \$100
- Rivergate \$100
- Monteagle \$150
- Chattanooga \$200
- Clarksville \$200

**II-Classy Taxi** (615) 890-6220/ **Ace Cab** (615) 893-0795

**III- Anytime Transport** (615) 217-7433

**IV-Uber** <https://get.uber.com/>

**V-Lyft** <https://www.lyft.com/>

**VII-MT's Library Transportation Division**

<https://www.facebook.com/groups/MTsLibraryTransportation/>

## **XII- Other Resources**

### **1. Tennessee Career Center**

- 1313 Old Fort Parkway
- 615-898-8050
- <https://www.jobs4tn.gov/vosnet/Default.aspx>

→Description

- Tennessee has a network of centers across the state where employers can go to find workers they need and job seekers can get career information and services.
- Each center offers computerized labor market information, Internet access, workshops, an online talent bank, job placement, recruitment and training.
- 3 employers minimum there every Thursday for on the spot applications and interviews
- Many more resources!!

### **2. U.S. Department Of Veterans Affairs**

- 3400 Lebanon Road
- 615-456-9507
- Ask for Rand Rohrer, 615-225-5536

→Description

- Health Care
  - ❑ VA operates the nation's largest integrated health care system, with more than 1,700 hospitals, clinics, community living centers, domiciliary, readjustment counseling centers, and other facilities.

→Benefits

- ❑ VA administers a variety of benefits and services that provide financial and other forms of assistance to Service members, Veterans, their dependents and survivors.

### **3. United Way's Referral Services and Information**

- ❑ 211 or 615-269-4357

### **4. Hispanic Resource Line**

- ❑ 615-269-6900

### **5. Social Security Office**

2836 Saint Patrick Ct. Murfreesboro, TN 615-895-5790 1-800-772-1213

Mondays 9-4pm, Tuesdays 9-4pm, Wednesday 9-12pm, Thursday 9-4pm, Friday 9-4pm

\*They stop letting people in the door an hour before closing

-Order replacement Social Security cards

-Apply for social security benefits

### **6. PORTICO (Pregnancy Support Center)**

- ❑ 745 South Church Street

- ❑ 615-893-0228

→Description

- ❑ They visit with over 200 women every month. They typically range in age from 13 to 45. 30% are 15 to 19 and about 30% are in the 20 to 24 age range. Of the women who come for a pregnancy test, 54% are usually pregnant and 46% are not. Of the 40% who are pregnant, 60 to 70% are considering terminating their pregnancy.
- ❑ We have a staff of about 35 active volunteers who are trained in crisis counseling. Their job is to walk through the crisis with our client. Our volunteers are trained to be HUGE.
  - ❑ H is for humility
  - ❑ U for unconditional love
  - ❑ G is for genuineness
  - ❑ E is for empathy

Portico offers a variety of services including:

- ❑ Crisis Intervention

- Free Pregnancy Tests
- Ultrasounds
- Education on Abortion and Alternatives
- Adoption Referrals
- Community Referrals and Networking
- Medical Referrals
- Support through the crisis
- Ultrasounds
- They are a medical clinic practicing limited medical services under the supervision of a licensed physician. We offer pregnancy testing, pregnancy confirmation, on-site obstetrical limited ultrasound services, and doppler.
- Fatherhood Initiative
  - Creating a world in which every child has a 24/7 Dad. Men encouraging men as they walk through an unexpected pregnancy with their girlfriend into fatherhood.
- Earn While You Learn
  - The Earn While You Learn program is designed to help women and men receive material items for their baby, while learning valuable information about pregnancy and parenting.
  - When you come in, you will choose 1 out of 100 topics to complete a lesson on. Each time you complete a lesson, which usually consists of watching a video and completing a worksheet, you earn “baby bucks.” Then you can use those “baby bucks” to purchase things from our Baby Boutique. We carry items for newborns to 3 year olds. Some things that can be found in the Baby Boutique are: clothes, blankets, diapers, car seats, strollers, baby bathtubs and more.
- Online Library of Information
  - A complete set of information addressing issues you may be interested in such as abortion, birth control, adoption, maternity, prenatal development etc. Click here to open the Information Library.
- Adoption Support
  - Learn more about the differences and similarities between abortion and adoption. Click here for more information about Adoption.
- Post Abortion Support
  - Support group for the woman who has had an abortion sometime in her past. Learn more about our Post Abortion Services.
  - All Services are FREE and CONFIDENTIAL.

## **7. Rutherford County Adult Education Center**

- 502 Memorial Blvd
- 615-904-3876
- Mission Statement
  - The mission of the Rutherford County Adult High School is to provide adult students with the opportunity to complete the requirements for a high school diploma in a flexible setting.
- Vision
  - The vision of the Rutherford County Adult High School is a shared vision with the Rutherford County School System, which is to provide students the knowledge and skills to become lifelong learners who are able to adapt and successfully meet the challenges of the future.
- Qualifications
  - Students must be at least 18 years of age upon entrance into the Adult High School. He/she must meet the graduation requirements for the year he/she began high school. Students must pass the



State exams to receive a high school diploma, unless he/she has already met the Competency exam requirements that were in effect when he/she entered the 9th grade.

- ❑ Students are required to complete a minimum of 20 hours per week to remain enrolled in the program. Entrance into the Adult High School is dependent upon courses needed. The Adult High School classroom is equipped with six student computers with internet accessibility to enhance student learning. However, lack of space, staff, and science labs limit the course options of the Adult High School.
- ❑ Schedule
  - ❑ The current schedule for the Adult High School is 8:00 a.m. to 8:00 p.m. Monday – Thursday. The school follows the Rutherford County Schools' schedule for dates of operation.
- ❑ Course Offerings
  - ❑ English I Math Foundations, Physical Science, World Geography
  - ❑ English II, Algebra I, Biology, World History
  - ❑ English III, Algebra II, Chemistry, US History
  - ❑ English IV, Geometry, Physics, US Government
  - ❑ Psychology, Bridge Math, Economics
  - ❑ Sociology, Trigonometry, Personal Finance

## **8. Legal Aid of Middle Tennessee**

- ❑ 526 North Walnut Street
- ❑ 615-890-0905

→Description

- ❑ Legal Aid Society is a private, non-profit organization that provides free legal services to people with low income. We do not take criminal cases. We only do civil cases – cases where you yourself will not be sent to jail.
- ❑ We have 8 offices that serve 48 Tennessee counties. Our offices are in Clarksville, Columbia, Cookeville, Gallatin, Murfreesboro, Nashville, Oak Ridge and Tullahoma. To see the list of counties or get contact information for each office, click on “Contact Us” at the top of this page.
- ❑ We take as many cases as we can. We are sorry we don’t have enough lawyers for everyone. What if we can’t take your case? We still may be able to give you one-time legal advice. Or tell you where else you can get help. We also have booklets on their website. They may help you with your legal problem.

## **9. Saint Clair Senior Center**

- 325 St. Clair Street
- 615-848-2550
- Monday thru Friday 8-4:30pm
- Saturday 12-3:30pm

→Description

- The monthly newsletter, The Leaf, is a valuable calendar of classes, activities and trips, and source of information for the senior.
- The center coordinates services with many community agencies. Mid-Cumberland Human Resource Agency Meals on Wheels and Senior Dining Program serves hot meals in the center and delivers homebound meals Monday through Friday.

**Activities:**

- Scheduled recreational activities attract active seniors. Also, scheduled are educational programs of particular interest to seniors on an assortment of topics, craft classes, physical fitness and health screening activities, and volunteer opportunities are at the center.

**Adult Day Care:**

- Adult day-care services are also offered. A focus on fitness, health, prevention, and wellness are a priority in maintaining a healthy lifestyle. The Senior Center activities support the seniors in achieving their goal(s).

**Educational Classes:**

- Educational classes for seniors include language, computer, crafts, dance, health, and more. Support groups for caregivers, those suffering from grief and those afflicted by Parkinson's Disease offer support and encouragement for individuals and families. At the Senior Center, seniors have social opportunities throughout the month and year to rekindle acquaintances and friendships.

**10. Saint Thomas Business Office**

- 1700 Medical Center Parkway
- 615-396-4194
- Can help you with Financial Assistance for overdue billings, applying for Safety Net and Cover RX, copies of ER/Hospital visits. They can also direct you to the Mobile Health Unit.

**11. ATLAS Program for Rutherford County Schools**

ATLAS is the homeless education program for Rutherford County Schools.

Your family qualifies if they live in any of the following situations:

- In a shelter, motel, vehicle, or campground
- On the street
- In an abandoned building, trailer, or other inadequate accommodations, or
- Doubled up with friends or relatives because of a loss of housing
- If you think your family qualifies, get in touch with the ATLAS contact at your child's school. Someone in the school office can tell you who that person is. Your preschool-aged and school-aged children have certain rights or protections under the McKinney-Vento Homeless Education Assistance Act. The school will help you get those rights.

**12. Driver's License Center**

- 1035 Samsonite Blvd. Murfreesboro, TN 37127
- Hours: Monday-Friday 8:30am-5pm and Saturday 8:30-4pm (\*they quit letting people in door at 3pm)

- 615-898-8036 Fax: (615) 898-8026
- <https://www.tn.gov/safety/article/rutherford> , <https://www.tn.gov/safety/section/dlmain>
- there is now a kiosk at Linebaugh Library 2nd floor
- Study guides also available at Linebaugh Library branches

**Driver Services:** The mission of the Driver Services Division is to promote safe, knowledgeable, and competent drivers in the State of Tennessee. Using diversified program offerings, the Division is able to provide various services to Tennessee Citizens. The Driver Services Division is responsible for testing and issuing driver licenses as well as offering voter registration and issuance of driving records.

**Required Documents:**

PLEASE NOTE: All documents are subject to verification with the issuing agency or source. Documents subject to verification may delay the issuance of your permit, driver license or identification only license. \*No photocopies will be accepted!

- Proof of U.S. Citizenship, Lawful Permanent Resident Status or Proof of authorized stay in the United States
- Primary Proof of Identity
- Secondary Proof of Identity
- Proof of any Name Changes if Different than name on Primary ID
- Two Proofs of Tennessee Residency with your name and resident address - NO P.O. BOXES (Documents must be current. Must be dated within last 4 months.)
- A Social Security Number or sworn affidavit if no Social Security number has been issued.

**Road Test Skills Appointments:**

To make an appointment for a non-commercial road skills test, please click Online Driver Services or call 866-849-3548.

**Senior Drivers:**

- Decisions for Tennessee's Senior Driver
- Senior Drivers Training Toolkit
- Driver Safety for Tennessee Seniors

**Helpful Links:**

- Driver License Card Examples
- Obtaining a Driving Record (MVR)
- Obtaining a Crash Report
- License Fees
- Other State Driver License Programs

**Forms and Publications:**

- Application For Tennessee Hardship Driver's License and Hardship Driver License/Certificate Policy
- Certificate of Accurate Translation
- Driver Data Information Request
- NOTE: Data Purchasing Policy & Procedures Attached
- Driver License Manual
- Graduated Driver License 50 Hour Certificate (Behind the Wheel Driving Experience)  
\*NOTE: If your learner permit was issued prior to July 1, 2004, a certified birth certificate will be required upon exchange of permit to an Intermediate Restricted

License.

- Graduated Driver License Poster
- Minor/ Teen-age Affidavit and Cancellation
- Order for Restricted License

\*NOTE: This type restricted License is only issued for frequent traffic violation suspensions. If you have a suspension/revocation/cancellation for any other reason, you must have your license reinstated before you can apply for this restricted license. If you qualify for a restricted license, our Frequent Traffic Violations page provides a list of additional documentation you need to provide and additional requirements that must be met in order to apply for the restricted driver license. Please review all requirements thoroughly before submitting your application. For other types of restricted licenses provided for under the law and requirements, view Restricted License Information.

- Request To Release Personal Information
- Request for Driver Record (MVR)-Authorized Requestor
- Requestor for Authorized by Driver Privacy Protection Act
- Request for Driver Record (MVR)-Individual Authorization
- Driver's Authorization Required
- CDL Skills Test Military Waiver Application

### **13. Recycling/Waste Centers**

<http://solidwaste.rutherfordcountyttn.gov/recycling-rules.html>  
<http://www.murfreesborotn.gov/index.aspx?NID=256>

(for out in county)  
(for within city limits)

### **14. Murfreesboro City Government**

<http://www.murfreesborotn.gov/>

### **15. Rutherford County Government**

<http://rutherfordcountyttn.gov/>  
[http://rutherfordcountyttn.gov/pdfs/rcorgchart\\_2009.pdf](http://rutherfordcountyttn.gov/pdfs/rcorgchart_2009.pdf)

(organizational chart)

### **16. Probation and Parole related:**

**Local probation:** <http://recoverycourt.rutherfordcountyttn.gov/probation.html>

309 W Main St, Murfreesboro, TN 37130 Phone: (615) 890-3007

#### **State probation:**

Probation and Parole:

1711c Old Fort Parkway Murfreesboro, TN 37129 Phone: (615) 898-8030

### **17. Banks**

a-FSNB inside Rutherford Blvd. and Old Fort Pkwy. Walmarts

- no credit check
- needed: ID/DL and ss card to open
- only \$5 to open a basic account      -variety of accounts to meet specific needs
- prints debit card right in office
- monthly fees based on account type and direct deposit

**b-Smart Bank on Old Fort Parkway**

- no credit check
- needed: ID/DL and ss card to open
- only \$50 needed to open account
- variety of accounts to meet specific needs
- up to week to get debit card mailed to client address or bank pickup
- no monthly fees!!

**19. To Obtain Lost Records:**

1. Social Security Card: <https://www.ssa.gov/>

**Social Security Administration**

2836 SAINT PATRICK CT MURFREESBORO, TN 37128

Social Security Phone (Local) : 1-866-593-3112

Social Security Phone (Nat'l) : 1-800-772-1213, TTY : 1-615-896-5784

Social Security Office Hours :

MON: 09:00 AM - 0300 PM

TUES: 09:00 AM - 03:00 PM

WED: 09:00 AM - 12:00 PM

THUR: 09:00 AM - 03:00 PM

FRI: 09:00 AM - 03:00 PM

SAT &amp; SUN: CLOSED

If you've lost your social security card, had it stolen or damaged your card it is very important that you [get a replacement card in Murfreesboro TN](#) as quickly as possible. A social security card is required for getting a job, applying for loans as well as receiving government services. On top of this if someone else was to obtain your card they could potentially target you for identity theft. Below are the steps for replacing a social security card in Murfreesboro TN.

- Complete an Application for a Social Security Card, also known as an SS-5 Form
- Gather your Required Documents - For a complete list visit [NotYourSocialSecurity.com/ss-card-documents](http://NotYourSocialSecurity.com/ss-card-documents)
- Submit your application to your location social security office in person or via mail

20. TN Birth Certificate: Rutherford County Health Department 615-898-7880

**21. TN Shot Records:**

- a. The Doctor's office that provided the shots
- b. Rutherford County Health Department

**22. Identification:**

- c. Department of Motor Vehicles <https://www.tn.gov/driver-services.html>  
Locations: <https://www.tn.gov/safety/driver-services/locations.html>
- d. kiosk at Linebaugh Library 2nd floor
- e. Greenhouse Ministries

**XIII-Employment related list**

<a href="#"><u>Alliance HR Services</u></a>	752 E Northfield Blvd Murfreesboro, TN	615-900-3604	8am-5pm
<a href="#"><u>Alliance HR Services</u></a>	105 Threet Industrial Rd. #1000 Smyrna, TN 37167	615-267-0350	8am-5pm
<a href="#"><u>All-Star Personnel</u></a>	2705 Old Fort Pkwy Murfreesboro, TN	615-890-1933	8am-5pm
<a href="#"><u>Amtemps, Inc</u></a>	745 S. Church St. Murfreesboro, TN	615-890-2700	online
<a href="#"><u>Bishop Placement Services, LLC</u></a>	150 Uptown Square Suite D Murfreesboro, TN	615-367-6177	8am-5pm
<a href="#"><u>Career One Stop</u></a>	@ Tennessee Career Center 1313 Old Fort Parkway Murfreesboro, TN	615-898-8081	8:00am- 4:30pm Monday- Friday
<a href="#"><u>Elwood Staffing</u></a>	1103 NW Broad St. Murfreesboro, TN	(615) 295- 2405	8am-5pm
<a href="#"><u>Express Employment</u></a>	925 S Church St b100 Murfreesboro, TN	(615) 896-2505	8am-5pm
<a href="#"><u>Family Staffing</u></a>	208 Uptown Square Murfreesboro, TN	615-848-6774	
<a href="#"><u>Goodwill Career Solutions</u></a>	2955 S. Church St. Murfreesboro, TN	615-346-1818	
<a href="#"><u>HG Staffing</u></a>	@Tennessee Career Center 1313 Old Fort Parkway Murfreesboro, TN	615-898-8081	9am-4pm Monday-Friday
<a href="#"><u>HW Staffing</u></a>	1630 S. Church St. Murfreesboro, TN	615-895-1073	8-5pm
<a href="#"><u>Industrial Labor Management Group</u></a>	1004 Memorial Blvd. Suite G Murfreesboro, TN	615-396-8952	8-5pm Monday-Friday
<a href="#"><u>Integrity Staffing</u></a>	1644 Middle Tennessee Blvd Murfreesboro, TN 37130	615-624-9005	
<a href="#"><u>Kelly Services</u></a>	5137 Murfreesboro Rd. LaVergne , TN	615-213-0200	
<a href="#"><u>Labor Finders</u></a>	800 Park Avenue Suite O Murfreesboro, TN	629-201-5981	9am-3pm Monday-Friday

<a href="#"><u>Labor Ready</u></a>	1026 W College St Murfreesboro, TN	615-494-9675	5:30am-6:30pm Monday-Friday
<a href="#"><u>Lyneer Staffing</u></a>	1375 Heil Quaker Blvd. LaVergne, TN	615-351-2633	
<a href="#"><u>Manpower</u></a>	515 N Thompson Lane Suite 4 Murfreesboro, TN	615-895-2333	8am-5pm Monday-Friday
<a href="#"><u>Metro Industrial</u></a>	561 S. Lowry Smyrna, TN	615-220-2414	
<a href="#"><u>Onin</u></a>	1254 NW Broad St Murfreesboro, TN	615-216-0565	8am-5pm
<a href="#"><u>Partnership Employment</u></a>	403 Uptown Square Murfreesboro, TN	615-898-6688	
<a href="#"><u>ProLogistix</u></a>	429 Nissan Dr #102 Smyrna, TN	(615) 834-8441	8am-5pm
<a href="#"><u>Quality Staffing</u></a>	240 Mayfield Dr. Suite 101 Smyrna, TN	615-768-5415 615-967-8182	8am-5pm Monday-Friday
<a href="#"><u>Ranstad</u></a>	Kensington Place 1741 S Rutherford Blvd Murfreesboro, TN	615-893-3333	8am-5pm
<a href="#"><u>Select Remedy</u></a>	1621 Heil Quaker Blvd. LaVergne, TN	(615) 641-5990	
<a href="#"><u>Select Staffing</u></a>	555 Almaville Rd Smyrna, TN 37167	(615) 355-4744	8am-5pm
<a href="#"><u>Southland Employment Services, Inc</u></a>	1003 Memorial Blvd Murfreesboro, TN	(615) 696-6200	Open until 5:00
<a href="#"><u>Spencer Staffing</u></a>	P.O. Box 54 Smyrna, TN	615-406-6634	
<a href="#"><u>Staff Management SMX Staffing</u></a>	237 W Northfield Blvd #104 Murfreesboro, TN	(615) 849-8743	8- 4:30p
<a href="#"><u>Staffmark</u></a>	437 Nissan Dr. #503 Smyrna, TN	615-459-8181	
<a href="#"><u>Surge Staffing</u></a>	1990 Old Fort Parkway Murfreesboro, TN	(615) 617- 5768	

<a href="#"><u>Swift Staffing</u></a>	2706 Old Fort Pkwy Murfreesboro, TN	(615) 603-3053	Open until 6:00 PM
<a href="#"><u>T&amp;A Staffing</u></a>	599 Sam Ridley Rd. #107 Smyrna, TN	615-930-2933	8am-5pm
<a href="#"><u>T&amp;T Distribution Staffing</u></a>	331 Waldron Rd.#200 LaVergne, TN	615-793-3116	
<a href="#"><u>Tri-Star Staffing</u></a>	697 Presidents Place Suite 304 Smyrna, TN	615-719-1741, 615-663-5878	9am-5pm Monday-Friday
<a href="#"><u>Trojan Labor</u></a>	620 W Burton St Murfreesboro, TN	615-896-6869	5am-6pm
<a href="#"><u>Wood Personnel Services</u></a>	1139 NW Broad St Murfreesboro, TN	(615) 890-8400	
<a href="#"><u>Yates</u></a>	983 Nissan Dr. Smyrna, TN	615-459-1701	

## **XIV- Apartment list** (current as of July 2022)

<b><u>Housing option: click link</u></b>	<b><u>details</u></b>	<b><u>details</u></b>
<a href="#"><u>AHEPA 343 Apartments</u></a> (for elderly or disabled) 121 Mason Circle LaVergne, TN 37086 615-793-4272	1 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet limit?	Income based? Yes Accepts HUD/VASH vouchers? Background check? Credit check? Administration fee: Application fee:
<a href="#"><u>Alder Terrace</u></a> 2426 E. Main St Murfreesboro, TN 37127 615-235-0312	1 bed: \$830-950 Animal fee: \$300 each Animal weight limit? Breed restriction? Strict list	Income based? no Accepts HUD/VASH vouchers? No Income: must make 3x monthly rent



	Pet Limit? 2 Administration fee: \$100 Application fee: \$50	Background check? yes Rental history: yes Credit check? yes
Allen House Apartments 1418 E. Main St. Murfreesboro, TN 37130 615-893-6221	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit?	Income based? Background check? Credit check? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?
<a href="#">Annadale Apartments</a> 1307 Westlawn Blvd. Murfreesboro, TN 37128	1 bed:1270-1290 2 bed:1525-1545 3 bed:1760 Cat fee: Dog fee: Animal weight limit?	Income based? Background check? Credit check? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?
Applegate Apartments 1330 Wenlon Dr. Murfreesboro, TN 37128 615-713-2265	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet limit?	Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?
<a href="#">Arbor Brook Apartments</a> 350 Covenant Blvd, Murfreesboro, TN 37128 (615) 216-8640 615-713-2854	1 bed:\$990-1232 2 bed:\$1039-1495 3 bed: \$1419-1716 Cat fee: \$350,+\$15/m Dog fee: \$350,+\$15/m Animal weight limit? Breed restriction? Yes Pet limit? 2	Administration fee:\$150 Application fee: \$50 Accepts HUD/VASH vouchers? no Income based? no Background check? yes Credit check? Yes
<a href="#">Vintage at the Parke</a> 261 Veterans Parkway Murfreesboro, TN 37128 615-900-2822	1 bed:\$985-1199 2 bed:\$1250-1425 3 bed:\$1499 Cat fee:\$300-500	Income based? no Background check? yes Credit check? Yes Administration fee:\$150

	Dog fee: \$300-500 Animal weight limit? Breed restriction? Yes Pet limit? 2	Application fee:\$50 Accepts HUD/VASH vouchers?
<a href="#">Ashwood Cove</a> 1211 Hazelwood St. Murfreesboro, TN 37130 615-713-1894	1 bed:\$885-1180 2 bed:\$877-1177 3 bed:\$1093-1670 Cat fee:\$300 Dog fee:\$300 Animal weight limit? Breed restriction? Yes Pet limit? 2	Income based? no Background check? yes Credit check? Yes Administration fee:\$175 Application fee:\$50 Accepts HUD/VASH vouchers? no
<a href="#">Belden Reserve</a> 475 Swanholme Dr, Murfreesboro, TN 37128 615-410-2360	1 bed:\$1005-1089 2 bed:\$1160-1280 3 bed:\$1450-1565 Cat fee:\$200-400,+40/m Dog fee:\$200-400,+40/m Animal weight limit? 75 lb Breed restriction? Yes Pet Limit? 2	Income based? no Background check? yes Credit check? Yes Administration fee:\$100 Application fee:\$50 Accepts HUD/VASH vouchers? no
<a href="#">Belle Aire Apartments</a> 1207 Sloan Street Murfreesboro, TN 37129 (615) 410-2870	studio:\$650 2 bed:\$850-950 Cat fee:\$300 Dog fee:\$300 Animal weight limit? 40 lb Breed restriction?	Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?
<a href="#">Bellwood Trace Apartments</a> 801 Naylor Ave. Murfreesboro, TN 37130 (615) 410-2850	1 bed:\$625-675 2 bed: Cat fee: \$300 Dog fee: \$300 Animal weight limit? Breed restriction?	Income based? Background check? Credit check? Administration fee: \$135 Application fee: Accepts HUD/VASH vouchers? Y

<p><a href="#">Birchwood Apartments</a> 1535 Lascassas Pike Murfreesboro, TN</p>	<p>1 bed: 2 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? yes</p>	<p>Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>
<p><a href="#">Brookwood Terrace Apts</a> 2743 S Rutherford. Blvd Murfreesboro, TN 37130 615-751-8259</p>	<p>1 bed:\$700 2 bed:\$835 3 bed: \$925 *NO PETS ALLOWED</p>	<p>Income based? Background check? Credit check? Administration fee: Application fee: \$25 Accepts HUD/VASH vouchers?</p>
<p><a href="#">Brownstone</a> 1455 S Lascassas Pike Murfreesboro, TN</p>	<p>1 bed:\$725 2 bed: \$800-850 Cat fee:\$500+\$25m, +fixed &amp; declawed Dog fee:\$300+\$25m  Animal weight limit? 40 lb  Breed restriction? No pitbulls</p>	<p>Income based? Background check? Credit check? Administration fee: Application fee: \$50 Accepts HUD/VASH vouchers?</p>
<p><a href="#">Campus Crossings North</a> 285 N Rutherford Blvd Murfreesboro, TN</p>	<p>2 bed:\$630 3 bed:\$545-565 4 bed:\$515 Cat fee:\$300+30/m Dog fee: \$300+30m Animal weight limit? 30 lb Breed restriction? Yes Pet Limit? 1</p>	<p>Income based? Background check? Credit check? Administration fee:\$200 Application fee: \$50 Accepts HUD/VASH vouchers?</p>
<p><a href="#">Campus Villa Apartments</a> 902 Greenland Drive Murfreesboro, TN 37130 (615) 893-1500</p>	<p>2 bed: \$695 Cat fee:\$350 Dog fee:\$350 Animal weight limit? 45 lb Breed restriction? May apply Pet limit? 2</p>	<p>-Income based? -Background check? -Credit check? Administration fee: Application fee:\$40 Accepts HUD/VASH vouchers?</p>

	-Weekly furnished w/utilities: \$275/week	
<a href="#">Carrington Park</a> 2778 Rideout Lane Murfreesboro, TN 37128 615-494-0300	1 bed:\$899-1189 2 bed:\$1249-1469 3 bed:\$1449-1639 Cat fee:\$300+100dep Dog fee:\$300+100dep Animal weight limit? Breed restriction? yes	Pet Limit? 2 Income based? Background check? Credit check? Administration fee:\$150 Application fee: \$50 Accepts HUD/VASH vouchers?
<a href="#">Cason Estates Apartments</a> 1650 Cason Lane Murfreesboro, TN 37128 (615) 278-9898 615-777-0592	1 bed:\$1073-1665 2 bed:\$1240-2345 3 bed: \$1495-2553 Cat fee: \$250-500+\$15/m Dog fee: \$250-500 +\$15/m Animal weight limit? Breed restriction? Yes Pet Limit? 2	Income based? no Background check? yes Credit check? Yes Administration fee: \$150 Application fee: \$50 Accepts HUD/VASH vouchers? no
<a href="#">Chariot Point</a> 1710 E. Northfield Blvd. Murfreesboro, TN 37130 615-867-2008	1 bed: \$832 2 bed: \$995 3 bed: \$1145 Cat fee: \$150+150dep Dog fee: \$150+150dep Animal weight limit? 50 lb Breed restriction? May apply Pet Limit? 2	Income based/restricted? yes Background check? Credit check? Administration fee: Application fee:\$23 Accepts HUD/VASH vouchers?
<a href="#">Chelsea Place</a> 805 Bradyville Pike Murfreesboro, TN 37130 615-922-5803	1 bed:\$817-1662 2 bed:\$912-2012 3 bed:\$2000+ Cat fee:\$350+10/m Dog fee: \$350+10/m Animal weight limit? Breed restriction? yes	Income based? Accepts HUD/VASH vouchers? Background check? Credit check? *each person on lease must make triple the rent Administration fee:\$175 Application fee:\$65
<a href="#">City Edge Flats</a> 2435 Willowbrook Drive Murfreesboro, TN 37130	1 bed: 2 bed: 3 bed: Cat fee: Dog fee:	Income based? Background check? Credit check? Administration fee: Application fee:

	Animal weight limit? Breed restriction? Pet Limit?	Accepts HUD/VASH vouchers?
<a href="#">College Park Apartments</a> 902 Palmer Dr. Murfreesboro, TN 37130	1 bed: 2 bed:\$799 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet Limit?	Income based? Background check? Credit check? Administration fee:\$100 Application fee:\$40 Accepts HUD/VASH vouchers?
<a href="#">Colony House Apartments</a> 1510 Huntington Drive Murfreesboro, TN 37130 615-671-2003	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet Limit?	Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?
<a href="#">Colony Square Apartments</a> 500 Rock Springs Rd. Smyrna, TN 37167 615-459-2949	1 bed: based on income 2 bed: based on income 3 bed: based on income Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet Limit?	Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?
<a href="#">Country Place Apartments</a> 400 Windellwood Circle Smyrna, TN 37167 615-355-0192	1 bed: based on income 2 bed: based on income 3 bed: Cat fee: Dog fee: Animal weight limit?	Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?
<a href="#">Cross Court Apartments</a> 550 Crossway Avenue Murfreesboro, TN 615-893-3619	1 bed:\$675 2 bed: 3 bed: Cat fee:	Income based? Background check? Credit check? Administration fee:

	<p>Dog fee:                  Animal weight limit?                  Breed restriction?                  Pet Limit?</p>	<p>Application fee:                  Accepts HUD/VASH vouchers?</p>
<p><a href="#">Cross Creek at Victory Station</a>                  Murfreesboro, TN 37128                  (615) 713-2601</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Pet limit?</p>	<p>Income based?                  Background check?                  Credit check?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>
<p><a href="#">Dana Downs Apartments</a>                  1400 Lascassas Pike                  H148                  Murfreesboro, TN 37130</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Pet Limit?</p>	<p>Income based?                  Background check?                  Credit check?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>
<p><a href="#">Dusan Apartments</a></p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Pet Limit?</p>	<p>Income based?                  Background check?                  Credit check?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>
<p><a href="#">East Main Quarters</a></p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?</p>	<p>Income based?                  Background check?                  Credit check?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>
<p><a href="#">Everwood at the Avenue</a></p>	<p>1 bed:\$540                  2 bed:\$645-710                  3 bed:</p>	<p>Income based?                  Background check?                  Credit check?</p>

	<p>Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet Limit?</p>	<p>Administration fee:\$100 Application fee:\$30 Accepts HUD/VASH vouchers?</p>
<p><a href="#">Fairview Apartments</a> 815 Fairview Avenue Murfreesboro, TN 37130 615-896-5366</p>	<p>1 bed:\$575 2 bed:\$725 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet Limit?</p>	<p>Income based? Background check? Credit check? Administration fee: Application fee:\$25 Accepts HUD/VASH vouchers?</p>
<p><a href="#">Fortress Grove Apts</a> 3920 Puckett Creek Crossing Murfreesboro, TN 37128 (833) 270-3397</p>	<p>1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet Limit?</p>	<p>Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>
<p><a href="#">Gateway Apartments</a> 1841 Lascassas Pike Murfreesboro, TN 37129</p>	<p>1 bed:\$799 2 bed:\$859 3 bed:\$1099 Cat fee: Dog fee: Animal weight limit? Breed restriction? Pet Limit?</p>	<p>Income based? Background check? Credit check? Administration fee:\$200 Application fee:\$50 Accepts HUD/VASH vouchers?</p>
<p><a href="#">Green Meadow Apartments</a> 425 Warrior Drive Murfreesboro, TN 37128 615-904-9956</p>	<p>1 bed: 2 bed:\$752 3 bed: call for \$ Cat fee: Dog fee: Animal weight limit?</p>	<p>Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>
<p><a href="#">Hamlet Square Townhomes</a></p>	<p>1 bed: 2 bed:</p>	<p>Income based? Background check?</p>

	<p>3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Pet Limit?</p>	<p>Credit check?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>
<p><a href="#">Hanover Apartments</a></p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Pet Limit?</p>	<p>Income based?                  Background check?                  Credit check?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>
<p>Haynes Manor Apartments                  415 W Northfield Blvd                  Murfreesboro, TN 37128                  615-890-0808</p>	<p>1 bed:\$555-590                  2 bed:\$635-720                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?</p>	<p>Income based?                  Background check?                  Credit check?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>
<p>Hawthorne Park South                  220 Indian Park Drive                  Murfreesboro, TN 37128                  (615) 962-8935</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Imperial Gardens                  1 Imperial Blvd.                  Smyrna, TN 37167                  615-459-0999</p>	<p>1 bed:based on income                  2 bed:based on income                  3 bed:based on income                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?</p>	<p>Income based?                  Background check?                  Credit check?</p>



	Administration fee: Application fee: Accepts HUD/VASH vouchers?	
Kingsridge Apartments 151 Kingsridge LaVergne, TN 37086 615-793-5211	1 bed:based on income 2 bed:based on income 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Kingwood 118 E. Kingwood Drive Murfreesboro, TN 37128 615-896-2471	1 bed:\$610 2 bed:\$704 3 bed:\$892 Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee:\$100 Application fee:\$40 Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
LC Henley Station	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Magnolia Park 810 E. Clark Blvd. Murfreesboro, TN 37130 615-653-4112	1 bed: 2 bed:\$950 3 bed: Cat fee: Dog fee:	Income based? Background check? Credit check?

	<p>Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	
<p>Maitland Court                  310 Byrd Avenue                  Murfreesboro, TN 37129</p>	<p>1 bed:\$665                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Meadowland Manor                  (for elderly and disabled)                  99 Nelson Circle                  Smyrna, TN 37167                  615-459-8866</p>	<p>1 bed:based on income                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Midtown Estates                  104 Kings Highway                  Murfreesboro, TN 37129                  615896-2470</p>	<p>1 bed:based on income                  2 bed:based on income                  3 bed:based on income                  4 bed:based on income                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:</p>	<p>Income based?                  Background check?                  Credit check?</p>

	Accepts HUD/VASH vouchers?	
Northfield Commons Apartments	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Northfield Lodge 603 E. Northfield Blvd. Murfreesboro, TN 37130 615-890-6377	1 bed:\$680 2 bed:\$710-770 3 bed:\$930 Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee:\$100 Application fee:\$40 Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Nottingham Apartments 1311 Greenland Drive Murfreesboro, TN 37130 615-893-1733	1 bed:\$700 2 bed:\$800 3 bed:call for \$ Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Northfield Commons Apartments	1 bed: 2 bed: 3 bed: Cat fee: Dog fee:	Income based? Background check? Credit check?

	<p>Animal weight limit?  Breed restriction?  Administration fee:  Application fee:  Accepts HUD/VASH vouchers?</p>	
Olympus Hillwood	<p>1 bed:  2 bed:  3 bed:  Cat fee:  Dog fee:  Animal weight limit?  Breed restriction?  Administration fee:  Application fee:  Accepts HUD/VASH vouchers?</p>	<p>Income based?  Background check?  Credit check?</p>
Panther Creek	<p>1 bed:  2 bed:  3 bed:  Cat fee:  Dog fee:  Animal weight limit?  Breed restriction?  Administration fee:  Application fee:  Accepts HUD/VASH vouchers?</p>	<p>Income based?  Background check?  Credit check?</p>
<p>Parkview Flats  1306 Bradyville Pike  Murfreesboro, TN 37130  615-896-1766</p>	<p>1 bed:  2 bed:  3 bed:  Cat fee:  Dog fee:  Animal weight limit?  Breed restriction?  Administration fee:  Application fee:  Accepts HUD/VASH vouchers?</p>	<p>Income based?  Background check?  Credit check?</p>
Pointe at Eastdale	1 bed:based on income	Income based?

<p>(55 and older)                  2011 Bradyville Pike                  Murfreesboro, TN 37130                  866-302-2382</p>	<p>2 bed:based on income                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Background check?                  Credit check?</p>
<p>Poplar Village                  1414 Poplar Avenue                  Murfreesboro, TN 37130                  615-713-1488</p>	<p>1 bed:\$740                  2 bed:\$760                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:\$40                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Richland Falls Apartments                    526 Dill Lane                  Murfreesboro, TN                  37130                  (615) 904-6564</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Rivermont Apartments                  2160 North Thompson Lane                  Murfreesboro, TN 37128                  615-893-3330</p>	<p>1 bed:\$795                  2 bed:\$955                  3 bed:\$1255-1295                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>

<p>Rolling Acres Apartments 1306 Eagle St. Murfreesboro, TN 37130 615-896-0840</p>	<p>1 bed:based on income 2 bed:based on income 3 bed:based on income Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>	<p>Income based? Background check? Credit check?</p>
<p>Rosewood Apartments</p>	<p>1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>	<p>Income based? Background check? Credit check?</p>
<p>Rutherford Woodlands</p>	<p>1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>	<p>Income based? Background check? Credit check?</p>
<p>Saddlebrook Apartments</p>	<p>1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit?</p>	<p>Income based? Background check? Credit check?</p>

	<p>Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	
<p>Sharondale Apartments</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Springfield Apartments                  3726 Manson Pike                  Murfreesboro, TN 37129                  615-895-5757</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Spring Valley Apartments</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>

St. Andrews Apartments	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Stoneridge Farms at Hillwood	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Stones River Apartments	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Student Quarters	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee:\$100 Application fee:\$30	Income based? Background check? Credit check?



	Accepts HUD/VASH vouchers?	
Summerlake Apartments	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
Tennessee Park Apartments	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?	Income based? Background check? Credit check?
<a href="#">The Abbington at Stones River</a> 1335 Bradyville Pike Murfreesboro, TN 37130	1 bed:790 2 bed: 3 bed:1039 Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee:Accepts HUD/VASH vouchers? HUD	Income based? Background check? Credit check?
The Blue Apartments	1 bed:\$540 2 bed:\$645-710 3 bed: Cat fee: Dog fee:	Income based? Background check? Credit check?

	<p>Animal weight limit?                  Breed restriction?                  Administration fee:\$100                  Application fee:\$30                  Accepts HUD/VASH vouchers?</p>	
<p>The Cove at Center Point                  910 Brown Drive                  Murfreesboro, TN 37130                  615-893-4933</p>	<p>1 bed:\$540                  2 bed:\$645-710                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:\$100                  Application fee:\$30                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>The Grove at Murfreesboro</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>The Reserve at Harper's Point</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>The Southern Apartments</p>	<p>1 bed:                  2 bed:                  3 bed:</p>	<p>Income based?                  Background check?                  Credit check?</p>

	<p>Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	
<p>The Summit Townhouses</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Tremont Apartments</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>University Gables</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:</p>	<p>Income based?                  Background check?                  Credit check?</p>

	<p>Application fee: Accepts HUD/VASH vouchers?</p>	
<p>University Lofts</p>	<p>1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>	<p>Income based? Background check? Credit check?</p>
<p>University Pointe</p>	<p>1 bed:\$540 2 bed:\$645-710 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee:\$100 Application fee:\$30 Accepts HUD/VASH vouchers?</p>	<p>Income based? Background check? Credit check?</p>
<p>Venture Points</p>	<p>1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction? Administration fee: Application fee: Accepts HUD/VASH vouchers?</p>	<p>Income based? Background check? Credit check?</p>
<p>Villager Condos</p>	<p>1 bed: 2 bed: 3 bed: Cat fee:</p>	<p>Income based? Background check? Credit check?</p>

	<p>Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	
	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Waterford Place at                  Innsbrook</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p>Westbrook Apts (seniors)</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts HUD/VASH vouchers?</p>	<p>Income based?                  Background check?                  Credit check?</p>
<p><a href="#">Westbury Farms</a>                  2620 New Salem Hwy</p>	<p>1 bed:\$920-970                  2 bed:\$1090-1125</p>	<p>Income based? no                  Background check? yes</p>

Murfreesboro, TN 37128	3 bed:\$1360-1380 Cat fee:\$200-400,+\$20/m Dog fee: \$200-400,+\$20/m Animal weight limit? 75 lb.  Breed restriction? Yes, +limit 2	Credit check? Yes Administration fee:\$100 Application fee:\$50 Accepts HUD/VASH vouchers? no
Wind Crest Apartments	1 bed: 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction?	Income based? Background check? Credit check? Administration fee: Application fee: Accepts HUD/VASH vouchers?
<a href="#">Woodgate Farms</a> 755 St. Andrews Dr. Murfreesboro, TN 37129	1 bed:\$919-950 2 bed:\$1080-1100 3 bed: \$1325-1335 Cat fee: \$200-400+\$40/m Dog fee: 200-400+\$40/m Animal weight limit? 75 lb.  Breed restriction? Yes, 2 pets only	Income based? no Background check? yes Credit check? Yes Administration fee: Application fee: \$50 Accepts HUD/VASH vouchers? no
1418 E. Main Street Murfreesboro, TN 37130 (615) 713-2292	1 bed: \$575 2 bed: 3 bed: Cat fee: Dog fee: Animal weight limit? Breed restriction?	Income based? Background check? Credit check? Administration fee: \$150 Application fee: Accepts HUD/VASH vouchers?
<a href="#">3343 Memorial</a> Murfreesboro, TN 37129	1 bed: \$999-1079 2 bed: \$1299-1759 3 bed: \$1599-1619 Cat fee: \$700	Income based? no Background check? Credit check? Administration fee: \$100

	<p>Dog fee: \$700                  Animal weight limit? 60 lb</p> <p>Breed restriction? Non-aggressive breeds, 2 pet limit</p>	<p>Application fee: \$50                  Accepts HUD/VASH vouchers? no</p>
<p>Westbury Farms                  Murfreesboro</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts Section 8 vouchers?</p>	<p>Income based?                  Background check?</p> <p>Credit check?</p>
<p>Wind Crest Apartments</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts Section 8 vouchers?</p>	<p>Income based?                  Background check?</p> <p>Credit check?</p>
<p>Woodgate Farms                  Murfreesboro</p>	<p>1 bed:                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:                  Animal weight limit?                  Breed restriction?                  Administration fee:                  Application fee:                  Accepts Section 8 vouchers?</p>	<p>Income based?                  Background check?</p> <p>Credit check?</p>
<p>1418 E. Main Street                  Murfreesboro, TN 37130                  (615) 713-2292</p>	<p>1 bed: \$575                  2 bed:                  3 bed:                  Cat fee:                  Dog fee:</p>	<p>Income based?                  Background check?</p>

	Animal weight limit? Breed restriction? Administration fee: \$150 Application fee: Accepts Section 8 vouchers?	Credit check?
--	--	---------------

**Agency/Provider and Page Quick Index:**

A City of Grace

Family Promise of Rutherford County

Hope for Recovery

Laotian American

Life of Victory International Christian Ministries

Lost and Found Ministry

Love of the Lord Ministries

MTSU Next Step

Murfreesboro Rescue Mission

National Alliance on Mental Illness

Olive Branch Church

Park Center Nashville



Right Road Ministries

Rutherford County Extension

Second Chance Outreach Ministries

TDOC Day Reporting/Community Resource Ctr