

INSERT DATE

**Re: (Name)**

**DOB:**

Dear Dr

MEDICATIONS: (list meds or delete)

Thank you for seeing (insert first name). (First name) is going through peri menopause and is requiring a full screen of her hormones, nutrient status and organ functions.

Pending your review and consideration it would be greatly appreciated if you could test (first name) for the following tests:

- Iron studies
- HDL/LDL
- FBC
- LFT
- TSH
- EBV/CMV
- IGE/IGA
- Cortisol (am)



- (Day 2) Oestrodial, FSH & LH
- (Day 21) progesterone DHEA, FAI, testosterone
- Fasting BGL + insulin
- B12
- Vitamin D

Please let me know if there are any assessments that you're not comfortable organising and I can refer without Medicare.

I appreciate and value your expertise and opinion, and look forward to working together to improve (first names) health and wellbeing.

If you have any queries, please do not hesitate to contact me.

**Sincerely,**



Verified by PDFFiller

**Emily Rose Yates ND Naturopath**  
**(f) 02 8569 2038**

