# LANCASTER FLYING ARROWS

806 East Elm Street
Lancaster, Wisconsin 53813
Brett Rollins, Activities Director
608-723-2173, Ext 378
E-mail: rollinsb@lancastersd.k12.wi.us

To: Coaches and Athletic Directors
Re: Lancaster High School Track & Field Invitational
Date: April 8th, 2027

We look forward to having your team participate in the Lancaster Track & Field Invitational on Thursday, April 8th.

**Entry Fee: $200 -** Either send the check with your coach or mail to:
Lancaster High School
ATTN: Brett Rollins
806 E Elm Street
Lancaster, WI 53813

**Participating Teams**: Argyle, Belmont, Benton/Scales Mound/Shullsburg, Boscobel, Cuba City, Darlington, DeSoto, Dodgeville/Mineral Point, Fennimore, Iowa-Grant, Lancaster, Platteville, Prairie du Chien, Richland Center, River Valley, Viroqua, Wauzeka-Steuben, Westby, Wisconsin Heights/Barneveld

**Entries will be entered through** http://www.accuracetiming.com/
**Entries are due Wednesday, April 7th at NOON.**

**Admission**: Adults: $5 Students: $5 5 and under free **(NO PASSES)**

**Events:** Standard WIAA meet. WIAA participation limits apply. Each school is allowed 28 individual events, Max 3 per event, and 1 relay team in each relay race.

Pyramid 1/4 spikes allowed.
**100/110 Hurdles and 100 Meters will have trials.**

**Coaches/Scratch Meeting:** Press Box - **3:35 PM**.

**Jury of Appeals:**
Brett Rollins (meet manager), Tim Lee, Knight Wynn, head coaches from Fennimore and Lancaster

**Awards:** Team plaques Girls/Boys winner and runner-up, medals 1-2-3 individuals.

**Scoring:** All events will be 10-8-6-5-4-3-2-1 for 8 places.

**Exchange Zones:**
4x100 – **#1** Boscobel, Cuba City, Lancaster; **#2** Darlington, DeSoto, Westby;
**#3** River Ridge, Fennimore, Dodgeville/Mineral Point

4x200 – **#1/3** Richland Center, River Valley, Viroqua; **#2** River Ridge,Belmont,Platteville

**Shot Put/Discus**: Flights, 10 min. warm-up - 3 throws **NO FINALS**
Scratch lines - measure first legal throw.
Boys/Girls shot - 35'/25' Boys/Girls discus - 100'/80'

**Long Jump and Triple Jump**: Open pit (1.5 hours), **qualify 9 to finals.**

**Pole Vault**: Will begin at 6' for girls and 8' for boys
The first and second increments will be 1' and 6" after

**High Jump**: Girls 4' Boys 5'

**Concessions:** Will be available - located under the press box

**Bathrooms:** Located behind the press box

**Trainer:** Will be on-site

**AWARDS:** Will be handed out in the press box

**RESULTS:** Will be posted at http://www.accuracetiming.com/

# Order of Events

## 4:00 FIELD EVENTS

| | |
|---|---|
| DISCUS – Boys/Girls | 3 Throws NO FINALS |
| SHOT PUT – Girls/Boys | 3 Throws NO FINALS |
| LONG JUMP - Girls / Boys | 3 Jumps Then Finals (Open Pit 1 ½ Hours) |
| TRIPLE JUMP - Boys / Girls | 3 Jumps Then Finals (Open Pit 1 ½ Hours) |
| POLE VAULT – Boys/Girls | Starting Height 8'/6' Ft |
| HIGH JUMP –Girls/Boys | Starting Height 4'/5' Ft |

## 4:00 TRACK EVENTS

Wheelchair Athletes will compete between girls and boys finals in their entered events

4x800 Relay Girls / Boys
100M Dash Trials Girls / Boys
100/110M High Hurdles Trials
—---------BREAK—----------
110/100M High Hurdles Finals
100M Finals 100 Girls / Boys
1600M Girls / Boys
4 X 200M Relay Girls / Boys
400M Girls / Boys
4 X 100M Relay Girls / Boys
300M Hurdles Girls
300M Hurdles Boys
800M Girls / Boys
200M Girls / Boys
3200M Girls / Boys
4 X 400M Relay Girls / Boys