

MindBodyGreen's - Functional Nutrition Course

You can empower yourself to bring about meaningful change by being a best-in-class program weaving together holistic wellness, functional nutrition & coaching fundamentals

Introduction
mindbodygreen Health Coach

We've tapped top doctors and wellness professionals for NBC.-The world's leading HWCs offer comprehensive programs that can help you build a successful career, enhance your wellness practice, and address ongoing health concerns.

Our well-Science and round-Based teachings will help you be confident and competent in a variety of backgrounds, conditions and belief systems. It is taught by experts to create tomorrow's leaders.

Best-in-class,

comprehensive training

Mindbodygreen's 360 gives you the grounding.-approach wellbeing

Cutting-edge&

Evidence-based insight

to build expertise in health coaching & functional nutrition

The best in the world

Wellness professionals

to teach, mentor & guide you every step of the way

Lifetime

Program access

to all materials, live events & mbg's private alumni community

NBC-HWC certification

opportunity

If you are interested in taking the Board Certification Exam after graduation

The Health Coach Certification was awarded “Pending Approval” Status by the National Board for Health and Wellness Coaching

*Pending Approval programs have demonstrated that they meet all requirements for NBHWC full approval but have not yet graduated a cohort.

Health Coach Certification

A best-in-Board-certified classes that are grounded in an integrated approach for wellness

Functional Nutrition Training

A cutting-edge nutrition deep dive taught by the world’s foremost health & wellness experts

Health Coach Certification

Do you desire to create a fulfilling career as a leader?-Edge wellness practitioner or certified board-certified health coach?

Functional Nutrition Training

Are you passionate about holistic wellness and want to increase your knowledge with functional nutrition deep diving?

About mbg

Mindbodygreen was established over a decade ago on the belief that health and wellness are interconnected. Our minds, bodies, food, and environment all contribute to our wellbeing.

This 360° video is our firm stand.-wellness approach today and we are uncompromising in our pursuit of offering comprehensive insight, grounded in current information & backed by science, in order to empower you to make a positive impact on your on life and the lives of others.

These are the type of wellness practitioners & professionals we want treating us as patients & consumers, and this is why we’ve created mindbodygreen Health Coaching.

Meet our faculty

At mindbodygreen, we don’t believe that there is one sole authority on wellness, which is why we’ve sought to bring together a unique collection of the best authorities & experts, who represent a diversity of disciplines & perspectives:

Kelly LeVeque

Best-Selling Author & Celebrity Nutritionist

Mark Hyman, M.D.

14x NYT Best-Selling Author & Head of Strategy and Innovation of the Cleveland Clinic Center for Functional Medicine

Frank Lipman M.D.

NYT Best-Selling Author & Director of Eleven Eleven Wellness Center

Vincent Pedre (M.D.

Best-Selling Author & Director of Pedre Integrative Health

Taz Bhatia, M.D.

Best-Selling Author & Director of CentreSpringMD

Maya Feller MS, RD, CDN

Nutrition Expert, Best-NYU Adjunct Professor, Selling Author

Joel Kahn M.D.

Certified Holistic Cardiologist & Director of the Kahn Center for Cardiac Longevity

Darshi Shah NBC-HWC, CNT

Health & Wellness Coach, Speaker, Author

Robin Berzin, M.D.

Functional Medicine Expert & Founder & CEO of Parsley Health

Steven Gundry M.D.

Renowned Heart Surgeon & NYT Best-Selling Author

Dayna Yvonne Jondal, M.A., NBC-HWC, RYT-500

Integrative Health and Wellness-being & Resilience Coach

Will Cole, D.C. IFMCP

Functional Medicine Expert & NYT Best-Selling Author

Instructor and alumni testimonials

Jade R.

"This program was outstanding! The course, teachers, and learning materials were both captivating and inspiring!"

Renee E.

"The depth of knowledge I gained from this program was unparalleled. Course lectures were so rich in information I watched some 2 or 3 times to be sure that I had caught it all."

All the latest news

Coaching in Health & Wellnessamp; Functional Nutrition