



## BECKHAM TRACK & FIELD CAMP

**Dates:** *Saturday Feb 10*

**Time:** *1:00-4:00 PM*

**Cost:** *\$60 per Camper (non-refundable unless we cancel for weather)*

**Location:** *Lucy Beckham Track (take entrance off Whipple Rd)*

**Ages:** *3rd-8th grade*

### Payment Options:

- [Payment link](#)

### Counselors:

- **Beckham Coaching Staff**
- **Beckham Track & Field Athletes** *(including 3 4A State Champions)*

### Schedule:

**12:45-1:00 PM-** *Check in*

**1:00-1:20 PM-** *Warmup*

**1:20-1:30 PM-** *Break into event groups: Sprints/Jumps, Distance, Throws*

**1:30-1:50-** *Station 1*

**1:50-2:10-** *Station 2*

**2:10- 2:30-** *Station 3*

**2:30-3:45 PM-** *Beckham Youth Meet*

Track Events	Field Events
100m	Shot Put
800m	Mini Jav
4x100m	Long Jump
400m	
<b>3:45-4:00 PM-</b> <i>Awards Ceremony (Parents encouraged to attend this portion)</i>	