

Put all the idioms into the appropriate columns (depending on the meaning)

<i>Happy</i>	<i>Sad or depressed</i>	<i>Angry</i>	<i>Annoyed or frustrated</i>	<i>Nervous, anxious or excited</i>	<i>Scared</i>
On cloud nine					

Cheesed off I'm cheesed off by... / ... cheesed me off

Jump out of your skin

(Like a) fish out of water

Go to pieces

(have) mixed feelings

On edge

Blood runs cold

Over the moon

Thrilled to bits

On cloud nine

Down in the dumps

Shaken up

Feel blue

See red

Walking on air

Bummed out

In a black mood

Lose your cool

On pins and needles

Fed up with

On top of the world

Out of sorts

(have) butterflies in the stomach

To practice the idioms, answer the following questions.

1. Are you **bummed out** about anything right now? What is it?

2. Are you **on edge** about anything right now? When was the last time you were on edge about something?

3. What makes you **feel blue**?

4. What gives you **butterflies in your stomach**?

5. What do you do to make yourself feel better when you're **feeling down in the dumps**?

6. What has been your greatest accomplishment? When you accomplished this, did you feel like you were **walking on air**? Did you feel **on top of the world**?

7. What causes you to **lose your cool**?

8. What makes your **blood boil**? Why does this make you so angry?

9. Tell us about the time you **felt like a fish out of water**? Why was the situation so uncomfortable or unfamiliar?