

# Home Practice

## Planning a Module on: Optimal Fetal Positioning and Positions for Labor



Plan a module on (at least) one of these topics: Optimal Fetal Positioning or Positions for labor. Over time, you will want to prepare modules for both of these important topics.

- Decide what you think the parents need to know about your chosen topic.
- Refer to the “[How to Build a Module](#)” to support you in this.

As you prepare to create a module, keep in mind [The Five Words for Mentoring](#) in your learning objectives.

For example:

- How will you introduce your topic, validate parents and motivate them to engage with you in the material?
- What are your three to five learning objectives which form the

education piece of your project?

- How will you initiate parents and support their embodied learning through experiential or self-discovery processes?
- How might you add the element of celebration?

1. Share your module in your cohort's online forum. Be sure to share your learning objectives and thought process in creating the module as you did.
2. Sharing these examples of modules on these topics will expand the entire cohort's tool bag—you will all gain new ideas about how to bring these topics to the parents you work with!