



# Anchorage Tourists

How well do you know Anchorage? Do you ever have family come visit and they want to see all there is to do around here, and you're like, Ummmm, I know how to Facegram and Instachat. And they are like, well that sounds boring, and you're like, #cashmeousside... So, now is your chance to learn more about this awesome city we live in and you can play tour guide for out of town guests. Or maybe you've never been to the museum, the zoo, or ridden that cool trolley car you see driving around in the summer. What do they even tell you during that ride? Aren't you even a little bit curious? Let's spend two weeks together getting to know this town better. Documentation of your activities will be done in some capacity. Tentative activities will include:

Ride the train to Girdwood, Seward or Whittier (maybe catch a glacier cruise)

Maybe take a Segway tour around Lake Hood

Tour the Anchorage Museum

Walk the Coastal Trail to Earthquake Park

Play at the dunes at Kincaid

Visit the Zoo animals

Hike Flattop

Complete a scavenger hunt downtown

Travel to Potters Marsh and see birds

Take the tram at Alyeska and eat at the Deli

Eat hot dogs downtown

Eat at the #3 ranked pizzeria in the country, the Moose's Tooth

Take a Trolley tour

Grades 7-12

Cost: \$250

Credit: .25 elective credit

# Access Wilderness

## Hiking, Camping, and Backpacking with Leigh Anne



This Intensive will be designed for those that want to be in the mountains and outdoors in May. For the first week we will be hiking and camping around Anchorage. During the second week, we will be going on a three to four day backpacking trip. Right now the destination for the first camping trip is Bird Ridge Campground. This campground is close to Anchorage and we can hike Bird Ridge from the campground. The backpacking trip is tentatively set for Caines Head Recreation area out of Seward. The trail follows the beach and has to be hiked in low tide, and the opportunity to view sea life along the way is fantastic. We will camp at a beach campground and hike to Fort McGilvray, a World War 2 fort set up to protect Seward from Japanese submarines. When we are not hiking, we will be playing epic games of capture the flag, hanging out around a campfire, and potentially doing a community service trail project. Students who do not have backpacking gear should still sign up because gear can be borrowed. The final trip locations will be determined by parent volunteers and snowpack, but here is a tentative schedule:

<b>Monday the 8th</b> Wilderness skills First trip planning Activities around Steller Short walk from Steller	<b>Tuesday the 9th</b> Day hike-Mchugh Peak	<b>Wed. the 10th</b> Day hike-Back side of Flattop	<b>Thurs. the 11th</b> Camping Bird Campground and hiking Bird Ridge Capture the Flag and other outdoor games	<b>Friday the 12th</b> Day hike and back to school from camping trip  Trip planning for 2nd trip
<b>Monday the 15th</b> Activities around Steller Gear checklist Wilderness skills	<b>Tuesday the 16th</b> Drive to Seward Possibly hike along the way (Exit Glacier?) Camp in Seward or hike to Caines Head	<b>Wed. the 17th</b> Backpack along coast to Caines Head	<b>Thurs. the 18th</b> Hike to Fort McGilvray and trail work 2nd night camping on the beach	<b>Friday the 19th</b> Hike back to Seward and drive back to Steller

Grades: 7-12

Cost: FREE, but you will need to bring food

Credit: .25 PE



## Drama at the Medieval Fair with Becky

Develop characters as lords, ladies, knights, monks, and more to script one act plays and hold tournaments. Create booths with activities to amuse guests of all ages. We'll visit a park a day with busses, bicycles, and walking for transportation to prepare our skits and tournament events. In the afternoon we'll put together booths, activities, and bake some prizes. The community, other intensives, and some Northstar classes will be invited to join us in the garden for a Medieval Fair on Thursday, May 18.

Cost: \$0

Credit: ¼ elective credit

Grades: 7-12

## ***Jean's Spring Intensive***

### ***Write, Walk and Roll...***

The end product of this intensive will be a fantabulous “illustrated journal” full of drawings and writing. Each day students will take a brief field trip - walking, biking, hiking, busing around Anchorage. These jaunts will provide subject matter for writing and illustrating.

Students must have: yummy lunches, good walking/hiking shoes, rain gear, bus pass/student ID and a functioning bicycle.

*Credit .25 Creative Writing (English) and/or Art Elective*

*Cost \$20-25*

## **Bob's Intensive Course Description Spring 2017**

### **Geocaching!**

**Grade Level: 7-12**

Geocaching allows you to use multi-million dollar satellites to find treasure almost anywhere in the world! Everyone loves finding treasure, and geocaches are everywhere. In this intensive, you will learn the specifics of what geocaching is, you will use the aforementioned multi-million dollar satellites to find the geocaches, and you will even build your own geocaches. You will also be introduced to other forms of modern-day scavenger hunts. After you learn the basics, we will be spending the majority of the intensive outside searching for geocaches while hiking around Anchorage.

**Credit Count: P.E. or Elective credit**

**Class Fee: \$0.00**

## Thinking Critically Through Conspiracy with Brian

Do you ever doubt the (fake) news?! Has a wild theory left you speechless? Do you have questions about suspicious events in world history? Do you wonder if the world is actually run by the Bilderbergs, aka the Illuminati, aka reptilian aliens from planet X (Niburu) that frequently abduct human test subjects, travel through time, and violate the laws of physics before returning to their bases within the hollow (and actually flat) earth?

For answers, we must develop the skills of logic and critical thinking so that we can think for ourselves! Participants will research and present various theories, create new media, apply drama skills to creative interpretations, make up new conspiracies, and develop artifacts to entertain and get the community thinking!

Cost: Free

## Peer taught - Sea Kayaking

Fielding, Gerald, and Daniel have been working hard to put together a sea kayaking intensive in Prince William Sound. The goal of the course is to learn the skills of seamanship including tides, currents, map reading, and kayaking while applying wilderness living skills to a true expedition!

The intensive will spend a week building skills, researching, and preparing for the expedition at Steller before heading to the fjords of Prince William Sound.

Costs will include food, gear rental, professional guiding/instruction, and on-water transportation to our chosen location. Estimate 700

Grades: 9-12



PacificRimAthletics@gmail.com

www.PacificRimAthletics.com

Spring Intensive  
May 8th-19th

10950 Mausel St. Suite B-8  
EAGLE RIVER, ALASKA  
907-717-5193

Learn Lyra, Aerial Silks  
Handbalancing, Breakdancing  
and Tumbling

36 hours of small-group training  
\$325; T-Shirt included

35 students only  
9am-1:30pm



# ACRO-BOOTCAMP

## SPRING INTENSIVE

### CIRQUE AERIAL ARTS & ACROBATICS



Join Philip at Pacific Rim Athletics in Eagle River for an acrobatics boot camp. Learn the basics of tumbling, hand balancing, break dancing, Parkour and aerial acrobatics during this intensive.

Cost: \$325.

Credit: PE

Grades: 7-12

# Origami and Other Paper Arts & Crafts

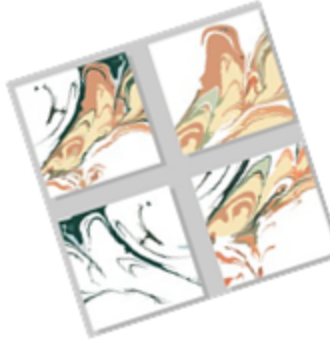
- Fold origami
- Make gift cards using folds, cuts and ebru – water technique for marble painting on paper
- Popup cards
- Paper lanterns
- Paper sculptures

You—in small groups—will produce one large final sculpture using all the techniques practiced in class and approved additional researched paper techniques.

Cost: \$30.00

Plus some home supplied items:

- news & magazine paper
- old books
- etc.



# Cinematography!!!!!!

¼ elective credit taught by Rosa Cost is free :-)

Movies and visual media is a mainstay of life are you ready to develop your critical thinking skills and visual literacy???!!! In this course we will be analysing plot line, character development, and cinematographic devices that directors use to create different effects within the film world. We will also be using different lenses to tackle some of the central questions films explore. EX: How historically accurate does historical fiction have to be? What does it indicate when characters are not developed equally? What are some pervasive stereotypes that are represented? Who do you identify with in film? Why? Get ready to learn explore identity and culture as represented in the visual world!!!





# Home Economics (Life Hacks)

**Home economics** is the field of study that deals with the economics and management of the home and community. In this intensive you will have the opportunity to explore:

- Food preparation
- Kitchen safety and sanitation
- Nutrition
- Food-based career pathways
- Hand sewing
- Personal finance
- Interior design

We will also focus on a few “**Life Hacks**” that every student should be able to do before finishing high school, such as:

- Basic car maintenance ~ ex. How to check your oil, jump start a car, change a tire, etc.
- How to start a fire
- How to read a map (without gps or phone)

**\*\*Special note:** Because we only have one kitchen and limited supplies, we will not be able to create foods that are gluten free, dairy free, egg free or sugar free. If you have questions please talk to Simone BEFORE registration.

Teacher: **Simone**

Grade Level: **7-12**

Cost/Fee: **Free**

Credit: **.25 elective**

# Alaska Wild (Svetlana)



<http://bloximages.chicago2.vip.townnews.com>

**The goal of this intensive is to foster awareness, respect, and enjoyment of Alaska's natural resources. Students will participate in a hands-on learning experience via outdoor activities that include sport shooting, hunting simulation, conservation, and other outdoor skills.**

**Students will take part in naturalist guided activities at Campbell Creek Science Center and Eagle River Science Center. We will be studying:**

- **Alaskan ecosystems**
- **Alaskan animals**
- **Climate change**
- **Moose and bear safety**
- **And most importantly -respect for our natural resources**

**Three days of the intensives will be dedicated to Hunter Education course that provides training in:**

- **Firearms safety**
- **Wildlife conservation**
- **Respect for other hunters**

**Students will spend one day on a field trip to a shooting range for practice with firearms and hunting simulation.**

**Credit: 0.25 Elective**

**Cost: \$50**

## **Get a Grip!**

**Sponsored by Troy**

**This intensive is designed to include a variety of activities that require a grip, and some grit as well. We will travel to a variety of gripping events and also have some gripping events here at Steller. Most of the traveling will be on a bicycle, so have a good functioning bike and helmet. The following are some gripping events that I had in mind.**

**Golfing-ing**

**Batting-ing**

**Rock gyming-ing**

**Frisbeeing-ing**

**Biking-ing**

**Tennising-ing**

**Badminton-ing**

**Pinging-pong-ing**

**Tunneling-ing**

**Good shoes, appropriate clothing/gear and yummy lunches are required for all students.**

**Cost estimate \$100-\$150**

**Credit: .25**