

Dear Parents and Carers,

Attached is your summer menu, we have added a salad box as an extra choice.

Please can you ensure that you book your children's meals, even if they are universal free school meals or free school meals.
Just to recap on bookings:

- **The system closes at midnight the night before, you can not book after midnight, you can email your school kitchen to see if they can book for you. (Please see below the list of school kitchen emails)**
- **Please can you contact your school kitchen for any order amendments, head office will not always see your message in time.**
- **If you email or ring head office over the weekend or in the evening, we will reply first thing Monday morning.**
- **If your account is accruing debt, we will contact you to arrange for the debt to be cleared, we understand late bookings that are made through the office or kitchen, but this should only be used in an emergency not as a regular way of booking. If you are struggling to book on the system, please contact us for assistance.**
- **If your child has an allergy, please contact us for details as we can not serve an allergy meal until we have a completed form from you letting us know what allergies your child has,**

September booking

We will only load the bookings up to July, once all the classes have been moved, we will then open the bookings for September.

For parents on Edu spot the bookings won't open until September

For parents on the Love food system we aim to have the booking open by the end of July.

Lovefoodjm@outlook.com

Mandy Love 07789103884

F.A.Q

1, How do I order my child's lunch?

A, all our schools are online booking, some are on Love food system, some are on Edu spot. When you are invited to book you will know which system your school is on.

2, My child has special dietary requirements, can they still have school dinners?

A, yes, they can, each term we design special menus to suit most allergies/intolerances, for bespoke menus please contact love food direct. If your child has a special dietary requirement, we can work together to provide a menu suitable for your child. Please email lovefoodjm@outlook.com for a dietary requirement form and let us know your requirement. Intolerances and allergies are dealt with differently so please let us know if it is an intolerance (makes the child poorly or causes a non-life-threatening reaction) or an allergy (causes life threatening reaction, supported by an NHS guide to your child's condition)

3, My child is fussy and likes food a certain way, can you accommodate my child?

A, yes, we can, please email your school kitchen and let them know what it is you require. For example: they don't like butter on their sandwiches, they don't like sauces mixed with pasta. Please don't ask us to omit veg from your child's diet as we cannot do this or add any product which is not on our menu.

4, My child is going on a school trip, can you provide a packed lunch?

A, yes, we can, just order your packed lunch in the usual way or email the kitchen to change the meal.

5, I have booked for the whole term, but I need to amend my order, how to I amend my order?

A, you can go into your online account and amend any order up to midnight the night before.

6, My child is universal/free school meals, do I still need to order?

A, yes you do, we cannot assume that every child that is entitled to universal or free school meals will require a meal, a pack lunch only will be provided as an emergency where no booking has been made.

7, My child cannot eat certain food due to religious reasons, can I ensure my child is never fed certain food?

A, yes you can, please inform school and a note will be made on our online system, this shows up daily on our register.

For any unanswered questions or queries please email Mandy Love lovefoodjm@outlook.com we will do our best to help you any way we can.



Allergy/intolerance

If your child has been diagnosed with an allergy or intolerance, for us to provide your child with the corresponding menu we require you to fill out a special diet request form and include the corresponding medical evidence for your child's allergy/intolerance if applicable.

Once the special diet request form is filled out and all details checked we will then be able to provide your child with a menu suitable to their allergy/intolerance. Once you have filled out the request form stating the allergy/intolerance we are then unable to make any exceptions on their menu so for example if a child has a dairy intolerance, then we will not serve any product containing dairy even if the parent states that they are ok with cheese. If you require your child to have any product outside of the special menu provided that contains the allergen or product that causes intolerance, then unfortunately we will be unable to provide your child with a special menu and any request for a special diet must then be removed.

We can only provide your child with a special menu if we have corresponding medical evidence to support the allergy/intolerance.

If at any time it is found that your child, no longer has an allergy or intolerance then please let us know as soon as possible and our standard menu will be issued.

If your child cannot have certain food due to religious beliefs, we will need you to complete the attached form in order for us to provide the correct menu for your child.

Any other special diet requests may be made by contacting Love food and we will advise on whether or not we are able to provide a menu for your child.

Attached is a breakdown of how your child's allergy/intolerance will be processed.

Kind regards

Mandy Love

Managing director

Love food JM LTD

lovefoodjm@outlook.com



Special Diet requirement form

Parent/guardian name	
Address	
Contact telephone number	
Email address	
Pupil name	
Pupil date of birth	
Doctors name	
Doctors address	
Description of special diet required	
Does your child require an epi pen?	
Signature of parent/guardian	



Allergy controls

Any child with an allergy or intolerance must have a completed special diet request form before we can feed them, to ensure we understand the allergy/intolerance and can safely feed that child. We cannot feed a child without a supporting special diet request form.

- A menu will be provided stating all products that your child should have, this will be laminated and placed on the wall in the kitchen we will ensure all staff are familiar with all allergy children.
- The office will provide the kitchen with a photo with your child's allergy and name, this must be stored in the allergy file in your child's kitchen.
- **All Allergy children will have a different coloured plate, cup and cutlery with the child's name on it and the child's allergy, they must only be used for that child.**
- Your child will be provided with baskets to store your child's products in, when they are delivered, they must place a sticker on the outer packaging with your child's name on it. These products must only be used for the corresponding name on them.
- **If your child orders a lunch bag, we must use a white paper bag not brown, your child's allergy must be written on the bag and all products inside the bag must have stickers on with your child's name on them. We will never send an allergy lunch bag out for your child to collect, it must be handed over to your child or child's representative from the kitchen.**
- We Always use different coloured gloves and a disposable apron when touching your child's plate and food and dispose of straight away.
- **All allergy children's food must be cooked in a named disposable container in the TOP of the oven to avoid cross contamination. Once cooked the containers must be stored in hot hold away from all other products holding to avoid cross contamination with your child's name clearly written on the lid, the meal must go to service in the named tub and not leave the tub until your child is ready to be served.**
- We will be providing different coloured utensils, and these should have your child's name written on them and are **SOLELY** for your child's use.
- Any equipment, plate, cutlery, cup belonging to your child **MUST NOT** be washed in the dishwasher ever. we will be providing a separate bucket with your child's name on it, this should be filled with hot water and detergent and all equipment etc must be washed in this bucket. Once washed, dry with paper towel and store in a sealed bag until next use. The reason for this is to avoid cross contamination through air particles. Rinse the bucket and store upside down on a sanitised surface that is covered with paper towel.

- On the register we will ensure your child is highlighted as an allergy child with a highlighter with a colour only used for allergy children to try to remove any error at service. when serving an allergy child, we will ensure that each allergy child is served only what is safe for them to eat.
- All employees working in a kitchen MUST be aware of every child with an allergy, there is an allergy file with your child's photo and allergy to ensure your child is always fed safely.
- Your child's meal will be checked by two servers before the meal is handed to the either the child or the lunch time supervisor to ensure all products are safe for the child eat.
- All members of staff be it Love food or Lunch time supervisors must always be aware that a child has an allergy.
- When ordering online, we cannot put all our allergy menus on the system as this leads to errors in booking. Order the meal you would like to have E.G Meat, vegetarian, jacket, lunch box. Your child is highlighted as having an allergy on our registers, your booking will be converted to your child's corresponding menu in our kitchens.

Love food contact details:

Geddington: lovefoodgeddington@outlook.com

Glaphorn: lovefoodglaphorn@outlook.com

Polebrook: lovefoodpolebrook@outlook.com

Nassington: lovefoodnassington@outlook.com

Stanion: lovefoodstanion@outlook.com

Corby old village: lovefoodcorbyoldvillage@outlook.com

Uppingham: lovefooduppingham@outlook.com

Kingsley: lovefoodkingsley@outlook.com

Exton: lovefoodexton@outlook.com

Langham lovefoodlangham@outlook.com

Exton: lovefoodexton@outlook.com

Whissendine: lovefoodwhissendine@outlook.com

Cottesmore kendrew: lovefoodcottesmorekendrew@outlook.com

Broughton: lovefoodbroughton@outlook.com

Trinity: lovefoodtrinity@outlook.com

Higham Ferrers (Higham juniors, infants) : highamjuniors@outlook.com

Henry Chichele: lovefoodhenrychichele@outlook.com

king's Cliffe: lovefoodkingscliffe@outlook.com

Hayfield: lovefoodhayfields@outlook.com

Corby red kite: lovefoodcorbyredkite@outlook.com

St Nicholas: lovefoodcottesmore@outlook.com

Alfred Street: lovefoodalfredstreet@outlook.com

Oakham (the parks and the ark) : lovefoodoakham@outlook.com

Ketton: lovefoodketton@outlook.com

Empingham: lovefoodempingham@outlook.com

Glaphorn: lovefoodglaphorn@outlook.com

Great Casterton: lovefoodgreatcasterton@outlook.com

Brambleside: lovefoodbrambleside@outlook.com



Summer 2022

Week One

Weeks beginning

6th Jun, 27th Jun, 18th Jul 12th Sept, 3rd Oct

Week Two

Weeks beginning

13th Jun, 4th Jul 29th Aug, 19th Sept, 10th Oct

Week Three

Weeks beginning

20th Jun, 11th Jul 5th Sept, 26th Sept

Monday



Meat: Chicken burger in a bun

Veg: Chicken style burger in a bun

With: Crispy potatoes and sweetcorn

Dessert: Flapjack

Meat: Chicken and cheese calzone

Veg: Meat free calzone

With: Crispy potatoes and sweetcorn

Dessert: Flapjack

Meat: BBQ pulled pork roll

Veg: Meat free BBQ chunks in a roll

With: Crispy potatoes and sweetcorn

Dessert: Flapjack

Tuesday



Meat: Love food breakfast: sausage and bacon

Veg: Meat free sausage and bacon

With: Hash browns, scrambled egg and beans

Dessert: Raspberry ice-cream roll

Meat: Chicken souvlaki with pitta pocket

Veg: Mediterranean marinated veg

With: Rice, raw carrot and pepper batons

Dessert: Chocolate ice-cream roll

Meat: Sticky Chinese chicken with prawn crackers

Veg: Sticky veg stir fry

With: Noodles, raw carrot and pepper batons

Dessert: Strawberry ice-cream roll

Wednesday



Meat: Roast chicken

Veg: Meat free roast

With: Roast potatoes, Yorkshire, mixed veg

Dessert: Biscuits

Meat: Roast Pork

Veg: Cauliflower cheese

With: Roast potatoes, Yorkshire, mixed veg

Dessert: Biscuits

Meat: Roast Gammon

Veg: Roasted tofu

With: Roast potatoes, Yorkshire, mixed veg

Dessert: Biscuits

Thursday



Meat: Minced beef Gnocchi pomodoro

Veg: Tomato Gnocchi pomodoro

With: Garlic bread and mixed salad

Dessert: Fruit salad and cream

Meat: Meatballs in bolognaise sauce

Veg: Meat free balls in bolognaise sauce

With: Garlic bread and mixed salad

Dessert: Fruit salad and cream

Meat: Bow tie Lasagne

Veg: Bow tie vegetable lasagne

With: Garlic bread and mixed salad

Dessert: Fruit salad and cream

Friday



Meat: Breaded cod

Veg: Vegetable fingers

With: Oven chips and peas

Dessert: Chocolate Iced bun

Meat: Cod cakes

Veg: Falafels

With: Oven chips and peas

Dessert: Chocolate Iced bun

Meat: Fishfingers

Veg: Fishless fingers

With: Oven chips and peas

Dessert: Chocolate Iced bun

Soup option Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, tomato, or vegetable

Lunch box option Your choice of: Sandwich, Roll, or a Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a healthy snack bag

Jacket potato All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna mayo, served with a side salad

Salad box Your choice of: ham, falafel, cheese or tuna mayo with lettuce, tomatoes, cucumber, new potatoes and coleslaw served in a recyclable box

Everyday Milk, water, fruit, yoghurts and bread (unless a bread product is on the menu for that day)