What Does A Middle School Guidance Counselor Do?

Below are some of the things your guidance counselor can help you with:
Sports and Clubs
Academics
Your counselor can answer questions you have about academics and college.
Individual and Group Counseling
Counseling is available. Group counseling topics include academics, anger management, study skills, friendship skills and more.
What Do I Do If I Need Help?
Go to the main office and ask to meet with the counselor. If she is not available at that moment, leave a note and she will get back to you. Remember, what you say in the counselor's office stays in the counselor's office (unless she thinks someone is going to get hurt or a crime has or will be committed.)
Questions I am planning to ask my guidance counselor: