



## 2025 Farming for Community Apprenticeship

**Location:** St Louis, MO

### About Urban Harvest STL

Urban Harvest STL builds community around inclusive and resilient local food systems. We envision vibrant cities where underutilized spaces are transformed into productive urban farms addressing the need for equitable access to healthy food for all. Our community-based agricultural projects contribute to healthy ecosystems, stimulate biodiversity, and educate and engage people of all ages to create stronger, more nourishing bonds with each other — and with nature.

### Objectives & Description

Our apprenticeship is focused on empowering individuals to become more active in their gardens and communities with an emphasis on ecological stewardship and community food solutions.

Apprentices will learn a variety of urban farming skills, gain a better understanding of the causes of food apartheid, and explore emerging alternatives through weekly virtual lessons. In weekly farm shifts, our Education coordinator mentors apprentices in daily operations and farming tasks. Our apprentices gain direct experience in regenerative Afro-Indigenous cultivation, from building soil health to interplanting and harvesting crops.

During each session, we offer a field trip to a community-based farm or garden in our city. Apprentices will work on projects at our host sites and network with innovative local growers making a positive impact in St. Louis.

*\*Due to the intensive nature of the program and to ensure that our apprentices are able to maximize the learning opportunity, we ask that apprentices **not** bring guests or children to their shifts.*

### Apprentice Expectations

- Attend an in-person orientation breakfast at 9am on the date provided
- Work on the farm on your assigned day each week, from 8 am to noon
- Communicate via Slack, a free app for phone and desktop
- Complete satisfaction surveys regarding the program

**Session Information and Dates (see next page)**

| Session                 | Orientation                                                                                           | Farm Shifts                                       |
|-------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------|
| <b>Spring Saturdays</b> | <b>April 26, 2025</b><br>9:00-10:30 am<br><b>High Low</b><br>3301 Washington Ave, St. Louis, MO 63103 | Saturdays 8am - Noon<br>May 3rd - June 21st, 2025 |
| <b>Spring Thursdays</b> |                                                                                                       | Thursdays 8am - Noon<br>May 8th - July 3rd, 2025  |
| <b>Fall Saturdays</b>   | <b>July 26, 2025</b><br>9:00-10:30 am<br><b>High Low</b><br>3301 Washington Ave, St. Louis, MO 63103  | Saturdays 8am - Noon<br>August 2nd - Sep 20, 2025 |
| <b>Fall Wednesdays</b>  |                                                                                                       | Wednesdays 8am - Noon<br>July 30th - Sep 17, 2025 |

### Additional Benefits

Apprentices will receive a stipend of **\$500** upon completion of the program and a transportation subsidy of **\$60** for the 8 week session. In order to receive the stipend, apprentices must meet the attendance expectation for farm shifts. Apprentices will also receive a branded hat and t-shirt as well as access to our digital resource library and course handbook.

### Participation Guidelines

- Interest or experience in organic and regenerative farming, sustainability, racial justice, health and community development
- Desire to learn more about community food systems and participate in our food access program
- Ability to work effectively in collaboration with diverse groups of people and stakeholders
- Willingness to work in St. Louis outdoor weather conditions

### How to Apply

[Online Applications for 2025 sessions](#) will stay open until program enrollment is full. We accept applications from residents across the entire St. Louis metro region, but priority will be given to applicants living in St. Louis city and county in the following zip codes: 63101, 63102, 63103, 63104, 63106, 63107, 63110, 63111, 63112, 63113, 63114, 63115, 63116, 63120, 63121, 63130, 63133, 63134, 63135, 63136, 63137, 63138, 63140, and 63147. To apply, please complete our online application form. If you have any questions, please contact us at [careers@urbanharveststl.org](mailto:careers@urbanharveststl.org).



### **Equity and Anti-Discrimination Policy**

Urban Harvest STL does not discriminate on the basis of race, color, national origin, religion, gender, sexual orientation, age, disability, military status, or marital status in any of its activities or operations. This policy applies to hiring and firing of staff, selection of volunteers, and provision of services. We are committed to creating a welcoming environment on our farms for all participants, visitors, partners, employees, and board members. We acknowledge that intersecting structures in our food system marginalize, oppress, and exploit Black, Indigenous and People of Color (BIPOC). We also acknowledge that BIPOC growers have shaped agriculture as we know it today, while their crucial contributions have gone largely unrecognized. By centering racial equity, we commit to working toward a just food system in all aspects of our work. We expect that staff members will advocate for our core value of equity in all aspects of their stewardship of our organization's mission and goals.

**USDA is an equal opportunity provider, employer, and lender.**