# EAGLES QUARTERBACK & RECEIVING CAMP

# 2024 EAGLES QUARTERBACK AND RECEIVING/SKILLS CAMP

Maria

Camp Director - Jeremiah Behrendsen Jeremiah.Behrendsen@jeffco.k12.co.us

Location: Dakota Ridge HS Football Field 13399 W. Coal Mine Ave. (C-470 & Bowles)

20+ Years HS Coaching Experience

12 All State Quarterbacks

16 All State or All Colorado Skill Position Players

4 Time State Semi-Finalist

What to Bring: Age Appropriate Football, T-Shirt, Shorts, Cleats and Tennis Shoes

Register at: dakotaridgesports.org

Cost: \$125

Camp Objectives: Offer quality instruction around QB play and receiving (ball skills, catching ability, footwork & route running)

Monday Evenings: 3/25-5/13

8 - One Hour Sessions 6:30-7:30 pm

Grades: 4-8

Any athlete interested in QB or WR play (or other skill position players looking to improve ball skills and receiving ability).

EAGLES SKILL POSITION CAMP

#### FOR:

- ANY ATHLETE INTERESTED IN PLAYING QUARTERBACK, WIDE RECEIVER (OR ANY PLAYERS LOOKING TO IMPROVE BALL SKILLS & RECEIVING ABILITY)
- **GRADES: 4-8**

#### **COST:**

- \$125
- REGISTER AT: DAKOTARIDGESPORTS.ORG

## **CAMP OBJECTIVE:**

TO OFFER QUALITY INSTRUCTION TO ANYONE WANTING TO PLAY QUARTERBACK, WIDE RECEIVER OR JUST LOOKING TO IMPROVE BALL SKILLS AND CATCHING ABILITY. FOCUS WILL BE ON TECHNIQUES OF THROWING AND CATCHING THE FOOTBALL AS WELL AS FOOTWORK AND ROUTE RUNNING.

### **CAMP FEATURES:**

- POSITIVE REPETITIONS THROWING AND RECEIVING
- BREAKDOWN AND INSTRUCTION OF PASSING MECHANICS & FOOTWORK
- BREAKDOWN AND INSTRUCTION OF CATCHING THE FOOTBALL AND RELATED FOOTWORK
- EXCELLENT CHANCE FOR PARENTS TO SEE KIDS IN ACTION DURING CAMP