

TERMS OF USE

Christine the PT, LLC | Fascial Freedom Membership

Effective Date: April 11, 2026

Last Updated: April 11, 2026

Please read these Terms of Use carefully before accessing or using the Fascial Freedom membership (the "Membership") operated by Christine the PT, LLC ("Christine the PT," "we," "us," or "our"). By creating an account or accessing any content within the Membership, you agree to be bound by these Terms. If you do not agree, please do not use the Membership.

1. About the Membership

Fascial Freedom is an online membership hosted on MemberVault that provides educational video content related to self-myofascial release, mobility, and nervous system regulation. The Membership is operated by Christine the PT, LLC, a Pennsylvania limited liability company.

2. Not Medical Advice

THE CONTENT PROVIDED IN THIS MEMBERSHIP IS FOR EDUCATIONAL AND INFORMATIONAL PURPOSES ONLY AND IS NOT INTENDED AS MEDICAL ADVICE, DIAGNOSIS, OR TREATMENT.

Christine Force, DPT is a licensed physical therapist; however, your access to this Membership does not create a patient-provider relationship between you and Christine the PT, LLC or any of its representatives. The content in this Membership is general in nature and may not be appropriate for your individual health needs, condition, or situation.

Always consult with your physician, physical therapist, or other qualified healthcare provider before beginning any new exercise, movement, or self-care program — especially if you have a medical condition, are pregnant or postpartum, have recently had surgery, or are experiencing acute pain or injury. If you experience pain, dizziness, or discomfort during any exercise or technique, stop immediately and seek appropriate medical care.

3. Membership Access & Payment

Access to the Membership requires a paid subscription. The following payment options are currently available:

- Monthly membership: \$14.99 per month
- 6-month membership: \$74.99

Membership fees are billed in advance. By providing your payment information, you authorize Christine the PT, LLC to charge the applicable fees to your payment method. All fees are in U.S. dollars.

Access to Membership content is available only while your subscription is active and paid. Upon cancellation or non-payment, access to all Membership content will be discontinued. There is no lifetime access included with any Membership tier.

4. Cancellation & Refunds

You may cancel your Membership at any time. Cancellation takes effect at the end of your current billing period. We do not offer refunds for partial billing periods. If you believe you have been charged in error, please contact us at contact@christinethept.com within 7 days of the charge.

5. Intellectual Property

All content within the Membership — including but not limited to videos, written descriptions, routines, and instructional materials — is the intellectual property of Christine the PT, LLC and is protected by applicable copyright and intellectual property laws.

As a Member, you are granted a limited, non-exclusive, non-transferable license to access and use the content for your own personal, non-commercial use only. You may not reproduce, distribute, share, resell, or otherwise use the content for any commercial purpose or share your login credentials with others.

6. User Conduct

By accessing the Membership, you agree that you will not:

- Share your login credentials or allow others to access your account
- Download, copy, or redistribute any Membership content
- Use the content for commercial purposes without prior written consent
- Engage in any conduct that disrupts or interferes with the Membership

Christine the PT, LLC reserves the right to terminate your Membership without refund if you violate these Terms.

7. Assumption of Risk

Physical movement and self-care practices carry inherent risks. By participating in any technique, exercise, or practice demonstrated in this Membership, you voluntarily assume all risks associated with such participation. You agree that Christine the PT, LLC and its

representatives are not liable for any injury, loss, or damage arising from your use of the Membership content.

8. Disclaimer of Warranties

The Membership and its content are provided "as is" without warranties of any kind, express or implied. We do not warrant that the Membership will be uninterrupted, error-free, or free of technical issues.

9. Limitation of Liability

To the fullest extent permitted by law, Christine the PT, LLC shall not be liable for any indirect, incidental, special, or consequential damages arising from your use of or inability to use the Membership, even if advised of the possibility of such damages. Our total liability to you for any claim shall not exceed the amount you paid for your current billing period.

10. Changes to These Terms

We reserve the right to update these Terms at any time. We will notify Members of material changes by email or through the Membership platform. Continued use of the Membership after changes are posted constitutes your acceptance of the updated Terms.

11. Governing Law

These Terms shall be governed by and construed in accordance with the laws of the Commonwealth of Pennsylvania, without regard to its conflict of law provisions.

12. Contact Us

If you have questions about these Terms, please contact us at:

Christine the PT, LLC

Email: contact@christinethept.com

Website: christinethept.com

PRIVACY POLICY

Christine the PT, LLC | Fascial Freedom Membership

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This Privacy Policy describes how Christine the PT, LLC ("Christine the PT," "we," "us," or "our") collects, uses, and protects information from members of the Fascial Freedom membership ("Membership"). By using the Membership, you agree to the practices described in this Policy.

1. Information We Collect

When you sign up for or use the Membership, we may collect the following types of information:

Personal Identification Information: Your name and email address, collected at signup.

Payment Information: Billing and payment details processed through our third-party payment processor. We do not store your full payment card information directly — this is handled securely by our payment processor.

Usage Information: Information about how you interact with Membership content, such as lessons viewed and progress tracked, as collected by MemberVault.

2. How We Use Your Information

We use the information we collect to:

- Process and manage your Membership subscription
- Communicate with you about your account, billing, and Membership updates
- Send you email communications related to the Membership (you may opt out at any time)
- Improve the content and experience of the Membership
- Comply with applicable legal obligations

We do not sell your personal information to third parties.

3. Third-Party Service Providers

We use the following third-party platforms that may have access to your personal information in order to perform services on our behalf:

MemberVault: Our membership hosting platform, which manages your account, content access, and progress tracking.

Payment Processor (e.g., Stripe): Handles all payment transactions securely. Your payment information is subject to their privacy policy and security practices.

Email Marketing Platform (e.g., Mailerlite): Used to send Membership-related communications. Your name and email may be stored in this platform.

Each of these providers has their own privacy policy governing how they handle your data. We encourage you to review their policies directly.

4. Data Retention

We retain your personal information for as long as your Membership is active and for a reasonable period thereafter as required by law or legitimate business purposes. You may request deletion of your data at any time by contacting us at contact@christinethept.com.

5. Your Rights

Depending on your location, you may have the right to:

- Access the personal information we hold about you
- Request correction of inaccurate information
- Request deletion of your personal information
- Opt out of marketing communications at any time

To exercise any of these rights, please contact us at contact@christinethept.com.

6. Cookies & Tracking

Our Membership platform (MemberVault) and other third-party tools may use cookies and similar tracking technologies to manage your session and improve your experience. You may adjust your browser settings to refuse cookies, though this may affect your ability to access some features of the Membership.

7. Security

We take reasonable measures to protect your personal information from unauthorized access, disclosure, or misuse. However, no method of transmission over the internet or electronic storage is completely secure, and we cannot guarantee absolute security.

8. Children's Privacy

The Membership is intended for adults aged 18 and older. We do not knowingly collect personal information from children under the age of 13. If you believe a child has provided us with personal information, please contact us immediately at contact@christinethept.com.

9. Changes to This Policy

We may update this Privacy Policy from time to time. We will notify you of material changes by email or through the Membership platform. Your continued use of the Membership after changes are posted constitutes your acceptance of the updated Policy.

10. Contact Us

If you have questions or concerns about this Privacy Policy, please contact us at:

Christine the PT, LLC

Email: contact@christinethept.com

Website: christinethept.com

This Privacy Policy was prepared for informational purposes and does not constitute legal advice. Christine the PT, LLC recommends consulting with a licensed attorney to ensure compliance with applicable privacy laws.