

Nursing as a Profession Learning Guide

Nursing as a Profession

1. What are the American Nursing Association (ANA, 2020) Standards of Nursing Practice? (six standards)
2. Define nursing (according to the ANA, 2020)
3. Identify the ANA (2020) Standards of Professional Performance. (12 standards)

Professional Responsibilities and Roles

Match the following.

6. _____ Autonomy	a. Conducts evidence-based practice and research to improve nursing care and to expand the scope of nursing practice
7. _____ Caregiver	b. Independent nursing interventions that the nurse initiates without medical orders
8. _____ Advocate	c. Is essential for all nursing roles and activities
9. _____ Educator	d. Helps the patient maintain and regain health, manage disease and symptoms, and attain a maximal level of function and independence
10. _____ Communicator	e. Manages patient care and the delivery of specific nursing services within a health care agency
11. _____ Manager	f. Has personnel, policy, and budgetary responsibility for a specific nursing unit
12. _____ Advanced Practice Registered Nurse (APRN)	g. Explains concepts and facts about health, describes the reason for activities, demonstrates, reinforces, and evaluates the patient's progress in learning
13. _____ Clinical Nurse Specialist (CNS)	h. Works primarily in schools of nursing, staff development, departments of health care agencies, and patient education departments
14. _____ Nurse Practitioner	i. Expert clinician in a specialized area of practice
15. _____ Certified Nurse-Midwife (CNM)	j. Involves the independent care for women in normal pregnancy, labor and delivery, and care of newborns
16. _____ Certified Registered Nurse Anesthetist (CRNA)	k. Provides comprehensive health care to a group of patients in an inpatient, outpatient, ambulatory care, or community-based setting
17. _____ Nurse educator	l. Provides surgical anesthesia
18. _____ Nursing administrator	m. Four roles: certified nurse-midwife, certified nurse practitioner, clinical nurse specialist, and certified registered nurse anesthetist
19. _____ Nurse researcher	n. Protects patients' human and legal rights and provides assistance in asserting these rights

Historical Influence

Match the following.

21. _____ Clara Barton	a. First professionally trained African-American nurse
22. _____ Lillian Wald and Mary Brewster	b. Instrumental in moving nursing education into universities
23. _____ Mary Adelaide Nutting	c. Opened the Henry Street Settlement, focusing on the health needs of the poor
24. _____ Mary Mahoney	d. Founder of the American Red Cross

Review Questions

25. Graduate nurses must pass a licensure examination administered by the:

1. State Boards of Nursing
2. National League for Nursing
3. Accredited School of Nursing
4. American Nurses Association

26. A group that lobbies at the state and federal levels for advancement of nurses' role, economic interests, and health care is the:

1. State Boards of Nursing
2. American Nurses Association
3. American Hospital Association
4. National Student Nurses Association

Health Care Delivery System

27. Give examples of each of the levels of health care services available in the U.S. health care system.

- a. Primary care (health promotion):
- b. Preventive care:
- c. Secondary acute care:
- d. Tertiary care:
- e. Restorative care:
- f. Continuing care:

28. The goal of restorative care is:

29. What is the focus of home health care?

30. _____ is a process aimed at enabling people with disabilities to reach and maintain their optimal physical, sensory, intellectual, psychological, and social functional levels.

31. Health promotion programs are designed to help patients:

1. Reduce the incidence of disease
2. Maintain maximal function
3. Reduce the need to use more expensive health care services
4. All of the above

32. Rehabilitation services begin:

1. When the patient enters the health care system
2. After the patient's physical condition stabilizes
3. After the patient requests rehabilitation services
4. When the patient is discharged from the hospital

33. An example of an extended care facility is a:

1. Home care agency
2. Skilled nursing facility
3. Suicide prevention center
4. State-owned psychiatric hospital

34. A patient and his or her family facing the end stages of a terminal illness might best be served by a:

1. Hospice
2. Rehabilitation center
3. Extended care facility
4. Crisis intervention center