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Diplomat American Board of Internal Medicine

Masters in Medical Management, Carnegie Mellon University

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Certified Practitioner, Dr. Dean Ornish Lifestyle Medicine

CEO, Medical Director & Founder, All Care Medical Consultants, P.A.

*As a Primary Care provider in Southwest Florida for more than twenty years, I have no doubt that we are currently navigating through a unique and exciting time in our healthcare landscape. I believe healthcare providers need to be looking at novel, innovative ways to deliver care to our communities.*

*I have been fortunate throughout my professional and personal journey to study and practice Lifestyle Medicine – the use of therapeutic lifestyle interventions as a primary modality to treat chronic disease – and make it the lens through which I deliver care. How and what we eat, the quality & frequency of our movement, how we process stress, how we sleep, and how we seek and utilize the love and support we have in our lives all drive our wellness, our quality of life, our clinical outcomes.*

*Putting this ideology to practical use has been the most fulfilling aspect of my career. All Care Medical Consultants has been the vehicle that allowed us to treat Primary Care patients in a more substantive and proactive way, providing better outcomes within a value-based reimbursement model. We've also been able to allocate our resources to provide wellness services, educate our community, and work with other healthcare providers to eliminate gaps in care that have always challenged us.*

*Lifestyle medicine works and offers us a viable path forward to deliver meaningful care.*



‘all care’