

Parent Resources

Talking to Your Child about Coronavirus

CDC Informational Video: [Click here](#)

National Association of School Psychologists & National Association of School Nurses letter on talking to kids about Coronavirus: [Click here](#)

Center for Disease Control and Prevention webpage on talking to kids about Coronavirus: [Click here](#)

Substance Abuse and Mental Health Services Administration Pamphlet on talking to kids about disease outbreaks: [Click here](#)

Social Distancing: This is not a Snow Day: [Click here](#)

Ways to Promote Children's Resilience to the Covid-19 Pandemic (Child Trends): [Click Here](#)

Helping Children Cope with Changes Resulting from Covid-19: [Click Here](#)

Surviving a Pandemic (Podcast with Environment Epidemiologist and Physician Lynn Goldman): [Click Here](#)

10 Tips for Talking to About Covid-19 with Your Kids (PBS NewsHour): [Click Here](#)

Navigating Remote Learning: Tips for Parents

Tips for Parents Navigating Online Learning: [Click here](#)

EdSurge Article and Podcast: [Click Here](#)

Why Learning at Home Should be More Self-Directed and Less Structured (Edutopia Article): [Click Here](#)

Corona Virus Parenting

Corona Virus Parenting: Managing Anger and Frustration (Child Mind Institute): [Click Here](#)

Anxiety and Coping with the Corona Virus (Child Mind Institute): [Click Here](#)