

April 2025

Dear West De Pere 4th Grade Parent,

Your fourth grade student is scheduled to participate in a unit of study about health, puberty, and hygiene (Human Growth and Development) this school year. In fourth grade, the boys and girls are separated for the instruction, which will take place during the school day. Mrs. Andrea Brehm, physical education teacher from Hemlock Creek will meet with the girls and Mr. Dan Knetter, physical education teacher from Westwood will meet with the boys. Both are certified Health instructors.

The West De Pere School District recognizes and encourages the primary role of parents/guardians as the human growth and development educators of their students. The district's human growth and development curriculum is designed to partner with families to help students understand their growth and development, develop a positive self-concept, and acquire factual knowledge, skill, attitudes and values that result in behavior that contributes to the well-being of the individual, family, and community. In alignment with this mission statement, attached you will find a day-by-day outline of the content that will be covered during the Grade 4 Human Growth and Development unit. We are providing this outline to encourage you to have conversations with your student regarding the unit content. In addition, we have a website, <https://www.wdpsd.com/district/human-growth-and-development.cfm> where you can access additional resources to facilitate follow-up conversations with your son/daughter.

We welcome you to preview the instructional materials and videos that will be used as part of these units of study. Please contact your student's school office to arrange for a preview.

This curriculum provides the content that we believe to be important for students to know about and understand. All instructional activities have been designed to be appropriate for the developmental ages of the students. By participating, it is believed that students will be better equipped to make safe and appropriate choices regarding their health, safety, and personal values. As a parent, however, it is your right to request that your student not take part in this unit. Please notify me in writing if you do not want your student to participate in Human Growth and Development instruction and your student will work on alternate health activities in the library during that time. The unit is scheduled for May 14th and 15th, 2025.

If you have any questions, please feel welcome to contact us.

Sincerely,

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Westwood Elementary
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Kathleen Held, Principal
Hemlock Creek Elementary
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Dan Knetter
Physical/Health Ed.
337-1087 ex 1410

Andrea Brehm
Physical/Health Ed.
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