



Frequently Asked Questions

Fall 2025

For more information, please attend our Pre Season ZOOM PARENTS MEETING

What's Included:

- 10 weeks of practices & games
- FULL MLS GO Team Uniform
- LA Galaxy Ticket
- End of season tournament
- Professional Trainer Experience (U8 and older included; U7 and below additional fee)
- Medals
- Friend & coach requests accepted
- SoCal Reds gift!
- Referees
- Fully set up fields
- Coach mentoring

Season Timeline:

- Practices Begin: Week of August 25
- First Games: September 6
- All-Star Tryouts: October 10
- Season Ends: November 1

Age Divisions & Formats:

- U6 (2021–2020) – 4v4 (Must be 4 years of age to participate)
- U7 (2019) – 6v6
- U8 (2018) – 6v6
- U10 (2017–2016) – 7v7
- U12 (2015–2014) – 9v9
- U14 (2013–2012) – 11v11



Who will be coaching our team?

- U6 and U7 divisions will be practice and play on Saturdays with professional coaches! Teams will have a 30 minute practice, followed by a 35 minute game. Should a team have a volunteer coach, they can also be assigned a practice during the week
- All other divisions will require volunteer coaches, who will be supported by our professional trainers.
- We need 1 coach for every team.....and will provide extensive professional support for you. If you would like to be considered for a coaching position, please email us at recleagues@socalredsfcs.com

What is the Professional Trainer Experience?

This is a reimagined program that gives Junior Reds players additional practice opportunities that focus on the **fundamental techniques** of soccer that can **elevate their game**. This replicates the kind of opportunity provided by a professional trainer....at a fraction of the cost. Program is:

- Included at U8 division and above
- Just \$99 for U5 - U7 player for the **entire season**!

Can we play with friends?

Yes. We provide the option at registration to select a friend to play with. Friend requests should be mutual. **Friend requests are accepted up to July 1st 2025**

When are practices held?

- 1 time per week, usually, either: 4:45pm - 6:00pm **OR** 6:00pm - 7:15pm

Thus depends on the coach and location. We **cannot** accept practice location, day and time requests due to the varying nature of a coaches choice. Once your child is assigned to a team and the coach is secured, the coach has the choice of practice day and time.

When/where are the games held?

Games will be played on Saturdays in Irvine, between 8:15am and 4:25pm. Locations are TBD depending on field allocations from the City of Irvine - the schedule will be released by September 1, 2025.

**Do we get a new uniform?**

Every player will receive a FULL MLS GO UNIFORM in the colors of the team they are representing! Uniforms will be distributed prior to the season and sizing will be as ordered at registration - there is no uniform exchange as these are custom ordered in MLS Team colors, by team. Utilize the [size guide](#) and make any changes by **August 2nd**.

What else do we need to play?

Children must wear shin guards and should wear comfortable shoes. Proper soccer shoes (not baseball cleats) are recommended & children should bring water and a soccer ball.

How can we register?

All players must register in Playmetrics.

Must we attend the pre-season parents meeting?

Yes. This is where you will receive all relevant information for the season ahead.

I haven't heard from my coach?

If you haven't heard from your coach 1 week before the first game of the season, please contact us at recleagues@socalredsfsc.com

How can I find out how to become a coach?

Reach out to us at recleagues@socalredsfsc.com

What about referees?

We work with a referees organization to contract paid referees to undertake all officiating within the league so, unlike other organizations, **parents do not have to volunteer**. *U6 - U10 games will be refereed by youth referees as part of our SoCal Reds Youth Referee leadership program.

Field closures?



We are guided by the City of Irvine. In the case of inclement weather, the city will update their website by 3:00PM daily. We have no control over field closures.

MUDD Line: 949-724-6833 for field conditions after rain or during rainy.

You may also view online at [IRVINE MUDD LINE - FIELD CONDITIONS](#)

Sibling Discounts

Sibling discount: A 10% discount will automatically be applied to the 2nd and subsequent sibling when registering for the same program at the same time.

MLS GO Grants

Individual participants can apply for grants to make MLS GO more accessible

[MLS GO PLAY Fund](#)

[MLS GO PLAY Fund FAQ](#)

[MLS GO Individual Grant Application](#)

Registration

Price increases July 25th (will be \$399)

Registration Closes August 1st.

REFUND DEADLINE: There is a 25% processing fee for all refunds. NO refunds after August 1st, 2025. (\$25 processing fee for all returned checks). Credit card and associated fees are non refundable.

Playmetrics - [PlayMetrics: An Introduction!](#)

All Junior Reds registrations will be accepted through Playmetrics.

Once your players are registered, you will be able to access information (including schedules and rosters when posted) and future registrations through the app.

[Help With PlayMetrics](#)

[Registering with PlayMetrics](#)

[Adding additional Family Contacts to your account](#)

[Adding the PlayMetrics App to Your Mobile Device](#)

[Help Center](#)



[Using PlayMetrics as a Parent or Player](#)

Competitive Players Rule

Junior Reds is a recreational league for recreational players aged 4 through 14.

* Players who participated with a competitive team in the previous season and are continuing with a competitive team in the current season are not eligible.

* Recreational players who register as Junior Reds for an upcoming season and later join a competitive team before the recreational season starts and after Junior Reds teams have been formed are eligible to complete their recreational season.

* Former competitive players who are no longer on a competitive team are eligible to join.