

VICENTE SOTTO MEMORIAL MEDICAL CENTER

Department of Family and Community Medicine

B. Rodriguez St., Cebu City, Cebu 6000

Name of Trainee: CHRISTINE JOI V. LOMOCOSO

Year Level I

Rotation: OUTPATIENT DEPARTMENT

Dates of Rotation

LEARNING PLANS

1. Clinical Skills Development:

Patient Consultations: Conduct daily patient consultations and follow-ups under supervision.

Procedures: Practice and master essential procedures (e.g., suturing, intravenous insertion).

Clinical Decision-Making: Develop skills in differential diagnosis and treatment planning.

2. Theoretical Knowledge

Core Topics

Family Medicine Principles: Comprehensive care, continuity of care, and family-centered practice.

Chronic Disease Management: Diabetes, hypertension, hyperlipidemia, and asthma.

Preventive Medicine: Screenings, vaccinations, and lifestyle modifications.

Pharmacology: Drug interactions, side effects, and prescribing practices.

Medical Ethics: Patient confidentiality, informed consent, and professional conduct.

Study Resources

Guidelines: Review local and international guidelines relevant to family medicine.

Journal Articles: Read recent research and reviews in family medicine journals.

3. Self-Assessment

Reflect: Regularly reflect on your learning and clinical experiences.

Feedback: Seek feedback from supervisors and peers to identify areas for improvement.

4. Research and Quality Improvement Projects

Identify Needs: Participate in or initiate research projects or quality improvement initiatives relevant to family medicine.

Data Collection: Engage in data collection and analysis for ongoing projects.
Documentation
Track Progress: Maintain a log of cases, procedures, and learning milestones.


Checked by: Norman Rex L. Pastoriza, MD, DFM

Date: August 20, 2024

