

Backpacking Checklist

Name :

Basic Equipment

Yes	No	N/A	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Medical consent form and permission slip
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Backpack with padded waist belt (Pack must be fit tested)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping bag in waterproof stuff sack (bag must be atleast 30F)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Backpacking Tent (share with another scout) with rainfly and stakes
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Plastic ground sheet
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Foam insulation pad
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Backpacking Chair
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	4L Water carrying capacity (Bladders + bottles)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Freeze dried meals (Share your meal plans during pack check)

Clothing (including what you're wearing)

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hiking boots (not new but used)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Three pairs of socks (thin, medium, and thick)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Base layer clothing (class B T-shirt, extra underwear)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mid layer clothing (scout zip off pants, lite jacket or wool vest)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Outer layer clothing (rain suit or poncho, waterproof jacket)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Extra clothing
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Warm hat (wool, fleece or down)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sun hat (scout hat or full brimmed hat)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bandanna (for sun protection)

Small Equipment

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pocket knife
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Fork and spoon or spork
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cup (large enough for cereal or soup)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Plate or bowl (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Water bottle (1 Qt minimum)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Small first aid kit (include Band-Aids and Moleskin)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Medicines (leader must be informed)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lip balm
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mosquito repellent or head-net
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Map and compass (leader will supply map in plastic bag)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Flashlight or headlamp with extra batteries

Personal Equipment

- ☐ ☐ ☐ Toilet kit
(toothbrush, toothpaste, small biodegradable soap bar or Squeeze bottle, toilet paper in a plastic zip lock bag, small package of wet wipes, etc.)
- ☐ ☐ ☐ Small towel or washcloth
- ☐ ☐ ☐ Small repair kit
(safety pins, paper clips, rubber bands, small tie warps, tape)
- ☐ ☐ ☐ Sun protection (**SPF 15**)
- ☐ ☐ ☐ Sunglasses
- ☐ ☐ ☐ 2 large plastic bags and 2 small ziplock bags
- ☐ ☐ ☐ Watch
- ☐ ☐ ☐ Emergency blanket

Optional Equipment

- ☐ ☐ ☐ Water shoes, sandals or lite comfortable shoes
- ☐ ☐ ☐ Fanny pack or daypack
- ☐ ☐ ☐ Paracord (**clothesline or Camp gadget**)
- ☐ ☐ ☐ Trekking Poles

Communal Equipment

- ☐ ☐ ☐ Water filter and iodine tablets
- ☐ ☐ ☐ Large first aid kit (**including snake bite kit and accident report forms**)
- ☐ ☐ ☐ Maps, permits in sealed plastic bags
- ☐ ☐ ☐ Cook stoves, fuel, cleaning gear
- ☐ ☐ ☐ Collapsible water carrying bag
- ☐ ☐ ☐ Large tarp and paracord

For the car trip

- ☐ ☐ ☐ Bring scout handbook in the car
- ☐ ☐ ☐ Bag with clean clothing
- ☐ ☐ ☐ Large towel
- ☐ ☐ ☐ Spare shoes in a large plastic bag