



NCSU Intramural Field Hockey



Who: The North Country Supervisory Union Intramural Field Hockey team will be made up of interested 5th - 8th graders from Brighton, Charleston, Coventry, Derby, Jay/Westfield, Lowell, Newport City, Newport Town, NCUJHS, Troy, and any home school student from the district.

Co-Head Coach: Brooke Bury bgadapee@hotmail.com Elizabeth McElhaney lizzieayoung@gmail.com

The NCSU Intramural Field Hockey team will be a seven week commitment.

- ❖ Practices will be Tuesday and Wednesday beginning on September 2 until October 15, 2025 from 3:45-5:00.
- ❖ **Students should arrive no more than 15 minutes prior to their scheduled time and not be left unsupervised.**
- ❖ Practices will take place at North Country Union Junior High School. **NCUJHS end of day dismissal (3:10-3:35) will impact arrival;** please follow the guidance of school personnel when arriving.
 - Address: 57 Junior High Drive, Derby, VT 05829
 - Meeting Location: Coach will meet you near the staff parking lot (to the left of the school).
- ❖ **Students will need to provide their own transportation to practices.**
- ❖ Students must be in good standing ACADEMICALLY and BEHAVIORALLY in order to participate.
- ❖ Students must attend school to participate.
- ❖ **Students are required to bring the following: Water Bottle, Sneakers or Cleats, Shin Guards, Mouth Guard.**
- ❖ If you have your own stick, please bring. If you do not have your own stick, one will be available for you to borrow.

Before you can participate on Tuesday, September 2, 2025, you will need to complete the online Athletic Registration process. At this time, there are no scheduled events outside the district.

Week	Tuesday	Wednesday
Week 1	September 2 Practice 3:45-5:00	September 3 Practice 3:45-5:00
Week 2	September 9 Practice 3:45-5:00	September 10 Practice 3:45-5:00
Week 3	September 16 Practice 3:45-5:00	September 17 Practice 3:45-5:00 (Intersquad Scrimmage)
Week 4	September 23 Practice 3:45-5:00	September 24 Practice 3:45-5:00
Week 5	September 30 Practice 3:45-5:00	October 1 Practice at NCUHS w/HS Field Hockey program 3:45-5:00
Week 6	October 7 Practice 3:45-5:00	October 8 (Tentative) Home Scrimmage -vs- KESD/St.Jay 4:30 Arrival: 3:45-4:00 (Scrimmage approx. 1 hour)
Week 7	October 14 Attend NCUHS Home Game Varsity 4:00 / JV 5:15	October 15 Practice 3:45-5:00