

 GRADES 1 to 12 DAILY LESSON LOG	School:		Grade Level:	VI
	Teacher:		Learning Area:	MAPEH-HEALTH
	Teaching Dates and Time:	OCTOBER 24 - 28, 2022 (WEEK 10)	Quarter:	1ST QUARTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
I. OBJECTIVE/S					
A. Content Standard	Demonstrates understanding of personal health issues and concerns and the importance of health appraisal procedures and community resources in preventing or managing them				
B. Performance Standard	Practices self-management skills to prevent and control personal health issues and concerns.				
C. Learning Competencies (write the LC Code)	H6PH-Idf-21 Explains the importance of undergoing health appraisal procedures	H6PH-Idf-22 Regularly undergoes health appraisal procedures	H6PHigh-23 Identifies community health resources and facilities that may be utilized to address a variety of personal health issues and concerns	H6PHigh-24 Avails of health services in the school and in the community	H6PHigh-25 Promotes the use of health resources and facilities in the school and in the community
II. CONTENT	Prevention and Management of Personal Health Issues and Concerns				
III. LEARNING RESOURCES					
A. References					
1. TG/CG pages					
2. Learner's Materials pages					
3. Textbook pages					
4. Materials downloaded from LRMDs					
B. Other Learning Materials					
IV. PROCEDURES					
A. Reviewing previous lesson and presenting new lesson	Ask: Who among you want to be a health care professional/provider? The teacher will lead the answer of the pupils to the activity	Ask: How would you feel it a health care professional/provider ignore your concern? < Guide the pupils in the discussion on the importance of regularly undergoing health appraisal procedures.	Brainstorming: 1. The teacher will ask the learners if they are aware on the community health resources and facilitate in their places. * The learners are expected to respond based on their awareness regarding the matter. 2. * The teacher will ask them to name some of those community health resources available in their areas.	Graphic Organizer: Tell Me – a sort of game listing all the possible answer in the graphic organizer 1. The teacher will ask the learners about the health services in the community. 2. The learners are expected to tell their answer and write those in a graphic organizer. 3. The teacher may decide and choose the appropriate kind of graphic organizer where the learners can write all of their responses/answer	
B. Establishing a purpose for the lesson					

			* The learners will name some of those health resources available in their areas. 3. The teacher will give some insights about the community health resources taking to consideration the importance of these resources	
C. Presenting examples/instances of the lesson	Activity : (Annex 1)		Activity : (Annex 1)	Activity: (Annex 1)
D. Discussing new concepts and practicing new skills #1	a. The teacher will group the class into 3 groups. b. Each group must have a leader and a reporter. c. The reporter will explain to the class the output of the group d. Distribute the worksheet e. Role card may be used if appropriate (Annex 2)		* The teacher will group the class into three * Each group must have a leader and a reporter * The reporter will explain to the class the output of the group * Distribute the worksheets * Role card may be used if appropriate (Annex 2)	* The teacher will group the class into three * Each group must have a leader and a reporter * The reporter will explain to the class the output of the group * Distribute the worksheets * Role card may be used if appropriate (Annex 2)
E. Discussing new concepts and practicing new skills #2	c. The reporter will explain to the class the output of the group d. Distribute the worksheet e. Role card may be used if appropriate (Annex 2) Activity (Annex 1) Health Appraisal Procedure Group 1- Height and Weight/Hearing Test Group 2 – Vision Screening /Scoliosis Test Group 3 – Physical Examination/ Dental Examination The teacher will explicitly discuss the concepts on the following (Annex 3) * Breast self-examination * Testicular self-examination DO * Entertain questions for clarification * Processes the output of each group.	The teacher will facilitate the 3-2-1 Assessment (Annex 3) Original File Submitted and Formatted by DepEd Club Member - visit depedclub.com for more	* The reporter will explain to the class the output of the group * Distribute the worksheets * Role card may be used if appropriate (Annex 2) Group 1- List of Community Health Professionals/Practitioners Group 2- List of Community Health Facilities Group 3- List of Community Health Services The teacher must ensure that all possible answers are clarified	Role Playing: Group 1- Role Playing about* Pupils Availing Health Services in the School Group 2-Role Playing about* Members of the Family Availing Health Services in the Community Group 3- Role Playing about * Pupils Promoting the Use of Health Resources and Facilities in the School

F. Developing mastery (lead to formative assessment 3)				
G. Finding practical application of concepts and skills in daily living			Pupils will share their reflection/reaction/insights on the following scenarios/situations 1. Aling Nena is pregnant, what health services can the community provide for her needs? 2. Lolo Jose cannot afford to buy medicine for his tuberculosis, where can he ask for free medicines? 3. It's summertime, Noynoy, an incoming Grade 6 pupil is ready to have himself circumcised. Where can he go to avail free circumcision service?	Think-Pair-Share Directions: Learners will share and compare possible answer to the questions with a partner before sharing to the larger class. Guide Questions: 1. What are the benefits of availing health services in the school and in the community? 2. How can you promote the use of health resources and facilities in the school and in the community?
H. Making generalization and abstractions about the lesson			The teacher and the learners will elaborate the concept that: Identifies community health resources and facilities that are of big help in addressing various personal health issues and concerns	The teacher and the learners will expound the concepts about: * Availing and promoting the use of health services and resources in the school and in the community The teacher will guide the learners in forming generalization and abstractions about the above mentioned lesson.
I. Evaluating learning				True or False 1. Every Pupils has the right to avail the health services in the school. 2. Among the most important and valuable resources a person can have access to are health resources. 3. It is not important for people to have access to free or discounted health services. 4. School clinic services are provided by medical professionals. 5. Every health center is equipped to provide primary health care.
J. Additional activities for application or remediation				
V. REMARKS				

VI. REFLECTION	Assessing yourself as a teacher and analyzing the students' progress this week.				
A. No. of learners who earned 80% in the evaluation					
B. No. of learners who acquired additional activities for remediation who scored below 80%					
C. Did the remedial lessons work? No. of learners who have caught up with the lesson.					
D. No. of learners who continue to require remediation.					
E. Which of my teaching strategies worked well? Why did these work?					
F. What difficulties did I encountered which my principal can help me solve?					
G. What innovation or localized materials did I used/discover which I wish to share with other teachers?					