



**CAPAGE**  
Capacity for Active Ageing



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# Student Guide

## Simulation Based Practical Session on Geriatric Assessment

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### **Simulation Based Practical Session on Geriatric Assessment**

#### **What is Simulation?**

Simulation is a learning technique that replicates real-life clinical scenarios in a controlled environment, allowing you to practice assessment and decision-making skills safely. It helps bridge the gap between theoretical knowledge and practical application by providing hands-on experience without risk to actual patients. Through simulation, you can develop confidence, critical thinking, and teamwork while receiving feedback to improve your clinical competence. This approach is especially valuable in complex areas like geriatric assessment where multiple factors must be considered.

#### **Instructions:**

1. Work in your assigned group (6 groups total).
2. Each group will receive one case scenario.
3. You will have:
  - o 20 mins: Review and discuss the case.
  - o 20 mins: Plan a simulation assessment.
  - o 30 mins: Present the simulation to the class.
  - o 20 mins: Interactive discussion session.
4. Include physical, functional, psychological, cognitive, and environmental assessment components based on the given case scenario.
5. Use appropriate tools (e.g., TUG, GDS, MMSE/MOCA, SPPB, Berg Balance Scale).
6. Be prepared to justify your reasoning for included assessment components.