

## ESN Bern Buddy System

**IMPORTANT NOTE!** This document is intended for students who want to sign up as a **BUDDY** in order to **OFFER HELP** to incoming students. If you are an **INCOMING STUDENT** looking to **RECEIVE HELP**, please go here:

[W ESN Bern Buddy System Infosheet\\_ Incoming Students 2025 Fall Semester.docx](#)

Dear all,

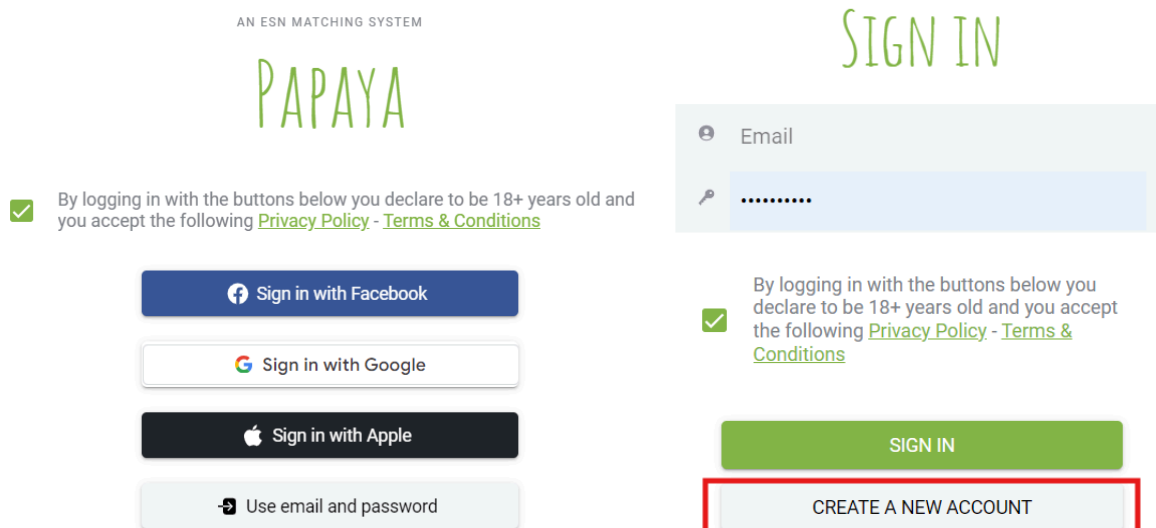
This is ESN Bern, every semester we provide Buddy System, a platform which gives you excellent opportunities to be assigned to one or several Erasmus students as their buddy. First and foremost, you help the Erasmus students with questions they have (about the university, living in Bern, Swiss culture in general etc..) but it can also be a great opportunity to start a new friendship and get involved in a multicultural environment. If you're interested follow the steps below and start to use the platform from now on 😊.

### HOW TO CREATE AN ACCOUNT

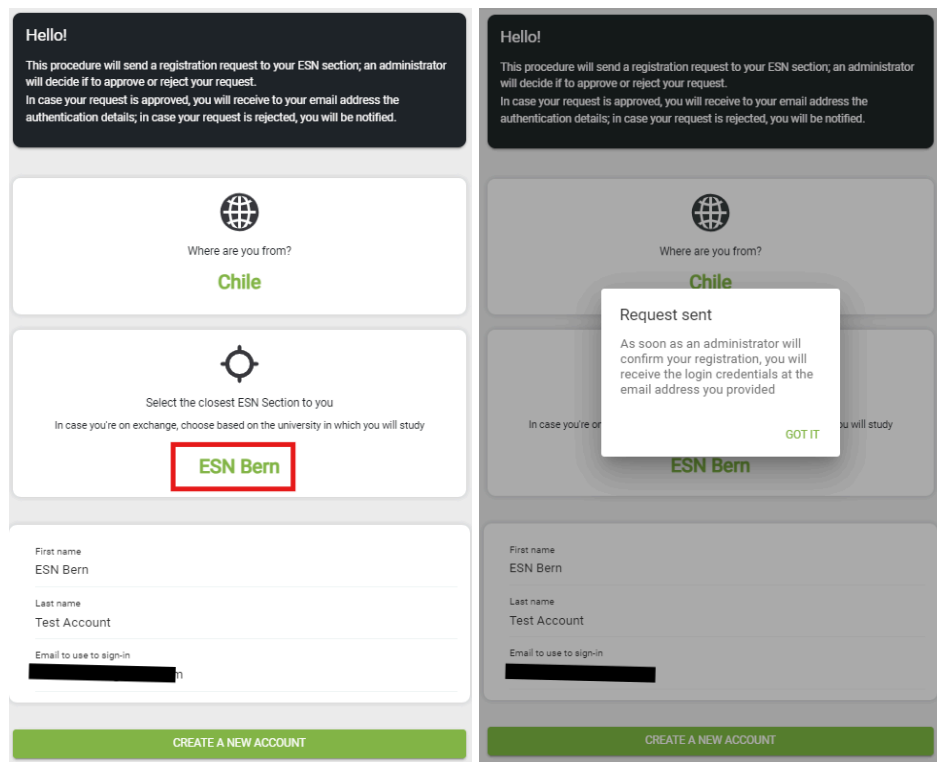
With **one account**, you could subscribe to the Buddy System.

Please [click here to sign up](#)

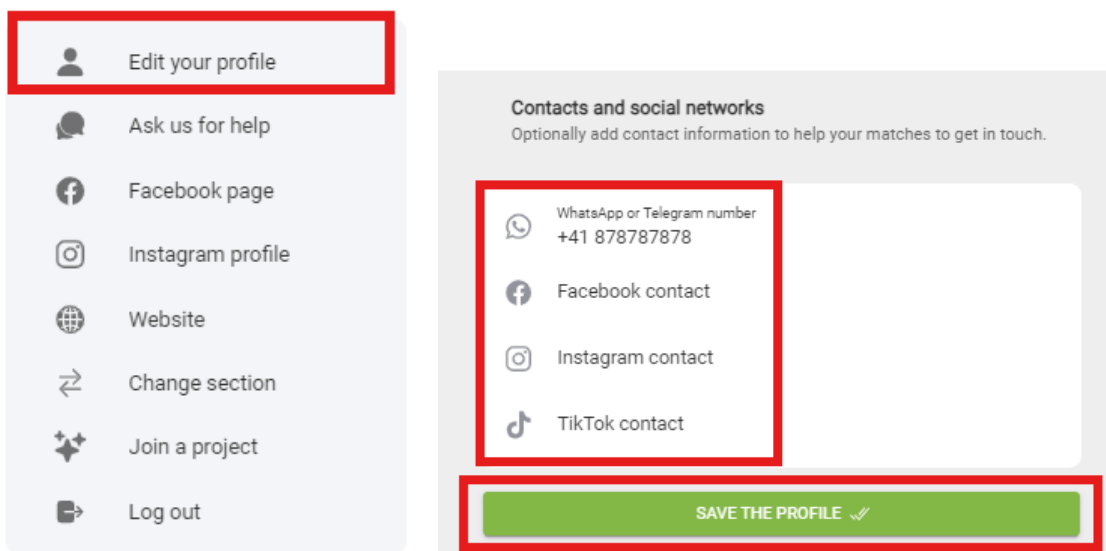
Shown below, you can sign in with various options (Facebook, Google, and Apple), or you could also choose the option "Use email and password", and click "CREATE A NEW ACCOUNT"

The image shows two screenshots of the ESN Bern Buddy System interface. The left screenshot, titled "AN ESN MATCHING SYSTEM" and "PAPAYA", displays a sign-in section with a checkbox and text: "By logging in with the buttons below you declare to be 18+ years old and you accept the following [Privacy Policy](#) - [Terms & Conditions](#)". Below this are four buttons: "Sign in with Facebook", "Sign in with Google", "Sign in with Apple", and "Use email and password". The right screenshot, titled "SIGN IN", shows a form with an "Email" field and a password field (indicated by dots). Below the fields is a checkbox and text: "By logging in with the buttons below you declare to be 18+ years old and you accept the following [Privacy Policy](#) - [Terms & Conditions](#)". At the bottom of this form are two buttons: "SIGN IN" and "CREATE A NEW ACCOUNT", with the latter button highlighted by a red rectangular border.

Simply fill in your personal information and make sure to double check that the ESN Bern is chosen as shown in the bottom left picture, and then click "CREATE A NEW ACCOUNT". After that, as shown in the bottom right picture, a pop-up window will show up. The whole process requires a manual approval from us, as soon as your account creation is approved, a reminder mail will be sent to your email address, when you could start to subscribe to the Buddy System.



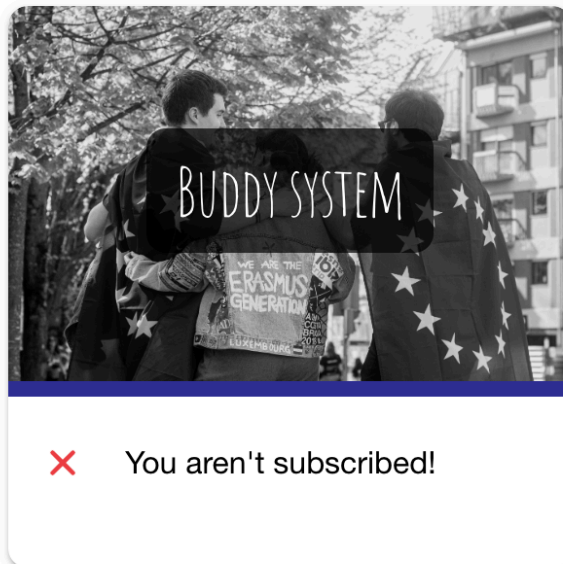
**Important:** After the successful creation of the account, please go to the [platform](#), click “Edit your profile”, add your contacts and social networks (only the ones that you use often is enough), and click “SAVE THE PROFILE” as shown below. So that when a match is made, your buddy/partner will have a second way to contact you aside from your email address.



## HOW TO SUBSCRIBE TO BUDDY SYSTEM

After the successful creation of the account, go to the [platform](#), click the icons of the Buddy System/ shown below, answer questions that will help us to find a buddy/partner for you, and click “SAVE MY SUBSCRIPTION”.

**Important:** for the Buddy System, please select “LOCAL STUDENT” at the top.

**AFTER SUBSCRIBING:**

Once you have subscribed, we can get started and find your buddies. Please note that it can take a bit of time for us to find a match for you, so be patient! 😊

- ★ **Once you get notified that you got a match, please try to contact your buddies as soon as you can, even if it's for a simple 'Hello'!**
- ★ **We will also create a telegram group chat for all the local students / buddies in case they want some guidance/ support.**

**IN CASE OF ANY QUESTIONS:**

If you have any questions concerning the Buddy System, don't hesitate to contact us.

You can either reach us via email: [buddy.bern.esn@gmail.com](mailto:buddy.bern.esn@gmail.com) or send us a message on the platform by clicking "Ask us for help".

You can also directly message the Buddy System Coordinators on telegram @marilena\_manoli and @celinedef.

We are looking forward to your subscription to our Buddy System and many more exciting events in the near future!

Best regards,  
Buddy System Coordinators  
ESN Bern