




THE MASTER WAR MODE DAY PLAN + REPORT




► The Mastery Checklist Explained to achiev...

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓/	6 ▾	10 ▾	16 ▾	Practice short form copy (20 subject lines).	35 minutes
/✗	7 ▾	10 ▾	17 ▾	Review one piece of copy (with questions)	20 minutes
✓/	10 ▾	8 ▾	18 ▾	Financial Wizardry 1 video	20 minutes
✓/	7 ▾	10 ▾	17 ▾	Watch Videos from the beginner campboot (update) until mission	45 minutes
/✗	5 ▾	8 ▾	13 ▾	Come up with 40 fascinations (only good ones)	35 minutes
✓/	10 ▾	10 ▾	20 ▾	Watch 3 Video Arno About	25 minutes
✓/	10 ▾	10 ▾	20 ▾	Watch the Daily Morning Power-Up Call (take notes)	15 minutes
✓/	10 ▾	8 ▾	13 ▾	100 push-ups	15 minutes
✓/	8 ▾	5 ▾	13 ▾	Watch new videos	20 minutes
✓/	8 ▾	9 ▾	17 ▾	SSSS video	25 minutes
✓/	10 ▾	5 ▾	15 ▾	Tate confidential 1 video (helps me visualize the future)	25 minutes
✓/	7 ▾	8 ▾	15 ▾	Read 10 pages	15 minutes
✓/	7 ▾	7 ▾	14 ▾	Chess	15 minutes
✓/	10 ▾	5 ▾	15 ▾	Shower	5 minutes
/✗	7 ▾	10 ▾	17 ▾	Copy review video	90 minutes

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
/✗	7 ▾	10 ▾	17 ▾	Break down a piece of copy from your swipe file (or watch a video)	90 minutes
✓/	10 ▾	1 ▾	11 ▾	Brush my teeth	4 minutes
✓/	10 ▾	1 ▾	11 ▾	Prison	360 minutes
✓/	7 ▾	8 ▾	15 ▾	Read swipe file breakout	20 minutes
✓/	8 ▾	7 ▾	15 ▾	English tutoring	120 minutes

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: 16/24
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	 DAY NUMBER + DATE + TIME 
Day Number:	21
Date:	05.04.2023
Start Time:	5:00

	 3 Things That I Am Grateful To Have In My Life 
1.	Family
2.	This opportunity
3.	Discipline

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Watch Videos from the beginner campboot (update) until mission

2.	Watch 3 Video Arno About
3.	Watch the Daily Morning Power-Up Call (take notes)

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

 What Do I Plan To Accomplish This Morning? 

Watch the Daily Morning Power-Up Call (take notes) <hr/>
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 What Is The Main Goal For This Morning? 
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Watch the Daily Morning Power-Up Call (take notes) <hr/>
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 How Will I Start My Morning With Power? 
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Watch the Daily Morning Power-Up Call (take notes) <hr/>
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5 am: Task 	Wake up and prepare food
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Sub-Task's 🛎	Put the eggs to boil then wash your face and brush your teeth
Reflection ✍	

6 am: Task 💰	Eat and watch Daily Morning Power Up Call (take notes)
Sub-Task's 🛎	Watch while eating
Reflection ✍	

7 am: Task 💰	Go to prison watch new video
Sub-Task's 🛎	Concentrated effort
Reflection ✍	

8 am: Task 💰	Prison watch tate confidential
Sub-Task's 🛎	
Reflection ✍	

9 am: Task 💰	Prison play chess
Sub-Task's 🛎	

Reflection ✍️	
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10 am: Task 💰	Prison
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Sub-Task's 🔔	
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Reflection ✍️	
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11 am: Task 💰	Prison
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Sub-Task's 🔔	
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Reflection ✍️	
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12 am: Task 💰	Prison
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Sub-Task's 🔔	
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Reflection ✍️	
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END-OF-THE-MORNING REPORT

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🧠 What Did I Learn This Morning? 🧠

Antifrgali meaning

✖What Problems Did I Face This Morning?✖

No problem

🔑How Will I Solve These Problems For This Afternoon?🔑

MY AFTERNOON WAR PLAN

🧠What Do I Plan To Accomplish This Afternoon?🧠

Financial Wizardry 1 video and SSSS video

🎯What Is The Main Goal For This Afternoon?🎯

Financial Wizardry 1 video and SSSS video

🔑How Will I Start My Afternoon With Power?🔑

Financial Wizardry 1 video and SSSS video

1 pm: Task 💰	Prison
Intention 🔔	
Reflection ✍️	

2 pm: Task \$	Escape Prison come home and eat
Intention 🔔	
Reflection ✎	

3 pm: Task \$	English tutoring
Intention 🔔	
Reflection ✎	

4 pm: Task \$	English tutoring
Intention 🔔	
Reflection ✎	

5 pm: Task \$	Eat and Watch 3 Video Arno About
Intention 🔔	Concentrated effort
Reflection ✎	Still having tutoring

6 pm: Task 💰	Financial Wizardry 1 video and SSSS video
Intention 🔔	Concentrated effort
Reflection ✍️	

7 pm: Task 💰	Review one piece of copy (with questions) and Practice short form copy (20 subject lines).
Intention 🔔	Concentrated effort
Reflection ✍️	

8 pm: Task 💰	Read, shower and Review one piece of copy (with questions)
Intention 🔔	Concentrated effort
Reflection ✍️	

9 pm: Task 💰	Eat and Read swipe file breakout
Intention 🔔	Eat in 45 minutes and Concentrated effort
Reflection ✍️	

10 pm: Task 💰	Write the things for tomorrow and brush teeth
Intention 🔔	Write 20 minutes brush 4 minutes
Reflection ✍️	

11 pm: Task 💰	
Intention 🔔	
Reflection ✍️	

12 pm: Task 💰	
Intention 🔔	
Reflection ✍️	



End-Of-The-Day Report:



🧠 **What Did I Learn Today?** 🧠

Antifragil meaning

❌ **What Problems Did I Face In The Day?** ❌

No major proble

🔑 How Will I Solve These Problems Tomorrow? 🔑

NEW What Do I Plan To Do Differently Tomorrow? NEW

Breakthrough and copy videos

♻️ What Do I Plan To Do The Same Tomorrow? ♻️

Eat, Chess, Write, Shower

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? ➡️

📝 What Tasks Were Left Undone? 📝

Breakthrough and copy videos

Brain Dump: