

Close the Gap Between You and Your Fitness Goals ASAP

With Private Fitness and Nutrition Coaching

Do you feel like I did in this picture?

Skinny, ashamed, and wanting to have a physique that everyone can admire..

But you can't seem to change no matter what you try...

Instead of learning the hard way like I had to, let me give you my knowledge and speed up your results.

Because I know how hard it is to be so discouraged that everyday you feel like giving up...

When going to the gym felt so pointless that I hated every second of it...

Eventually there is light at the end of the tunnel.

I promise.

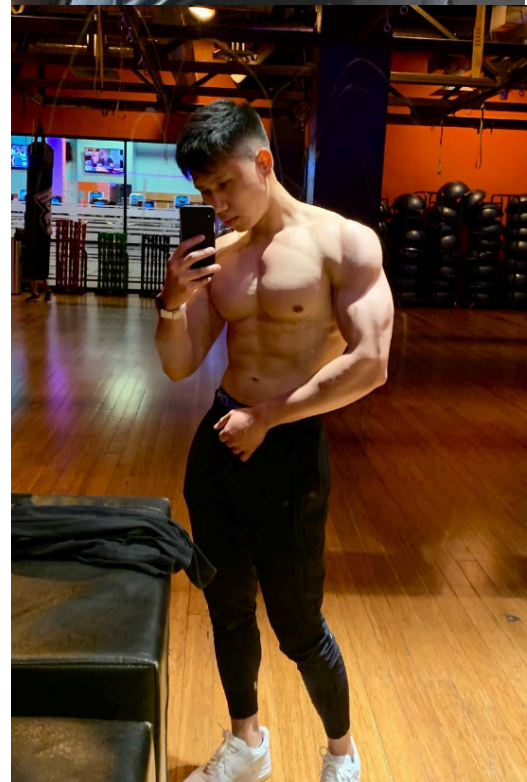
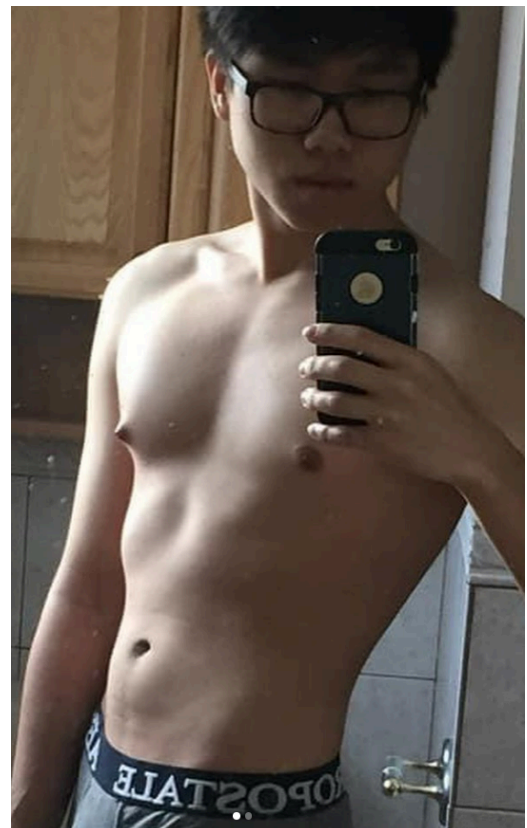
Go from Skinny and Ashamed...

To Shredded and Confident.

In less than 3 months.

No I'm not telling you to take tren.

It's what we are going to accomplish for you inside my 1-1 coaching program.



If you're ready to become shredded and confident,
apply for 1-1 coaching using this button:



Jimmy's IG Account: [Jimmy \(@jimmys.progress\)](#) • Instagram photos and videos

Research: <https://docs.google.com/document/d/12r0MjWe1EVSQPgPAsGKmtx2MnXZTUnF-1Bf9qmzYVm8/edit?usp=sharing>

Avatar: https://docs.google.com/document/d/16Ync3NDhTQLje3mYLLW_8VyLMdQuOQuYJuv6jkWXhk/edit?usp=sharing

My outreach was on IG and this is the script I used:

Hi Jimmy,

I saw that you do 1-1 coaching via DM's right now..

So I typed up a sales page for you.

No, I'm not looking for money. This is just my way of practicing to get better.

All I ask is that if it performs really well, you would give me a solid testimonial.

Should I make one for your upcoming workout/diet plans too?